

Continental League Cross Country Championships

When: Thursday, October 11th

Where: Rock Canyon HS, Highlands Ranch

Race Schedule

3:30 Boys JV (run 7, score 5)

3:33 Girls JV (run 7, score 5)

4:10 Boys Varsity (run 7, score 5)

4:40 Girls Varsity (run 7, score 5)

5:13 Boys Open (run unlimited, score 5)

5:20 Girls Open (run unlimited, score 5)

Boys Varsity: Walton, Weaver, Steiner, Parker, Geisler, Wagner, Graf

Girls Varsity: Schwartzkopf, Smith, Londono, Reicher, Fitzsimmons, McGinty, Suntken

Boys JV: Hart, Matzke, Romine, Smith, Lund, Speiker, McDaniel

Girls JV: Mackay, Mackay, Johnson, Newman, Dixon, Hendren, Kelly McMullan

Boys Open: Grover, McKelvey, O'Sullivan, Fu, Staten, Abeyta, Murphree, Pons, Macias, Cushatt, Medberry, Pozder, Burgoyne, Mawhinney, Mitchell, Hellier, Young, Lawrence, Powell, Probst, Mathukumilli, Currie, Staten, Mortimer, Hogan, Geissler, Rouse, Steward, Roberts, Price, Mater, Radman, Venable, Wagner, Minnihan, Dunn

Girls Open: Goodrum, Smetanka, Haberkorn, Mustin, Harris, Burgoyne, Erin McMullan, Birmingham, Chambless, Crellin, Hemmelre, Blatchford, Nats, Chaves, Ehrman, Schooler, Chan, Eckhoff, Harris, Burrup, Thye, Lyons, Parks

CRITERIA FOR ALL-LEAGUE SELECTIONS

- A. Top seven (7) boys and top seven (7) girls in the Varsity race will be deemed 1st Team All-League and will be awarded certificates.
- B. Runners eight (8) through fourteen (14) will be deemed 2nd Team All-League and will be awarded certificates.
- C. Runners fifteen (15) through twenty one (21) will be deemed Honorable Mention All-League and will be awarded certificates.

AWARDS

Team plaques will be awarded for the winners of each race (New this year)

Varsity: League Medals to the top 1-7, Ribbons for places 8-14.

JV: Ribbons 1st through 14th place.

Open: Ribbons for 1st through 14th place

Busses: All XC runners should plan on taking the bus to the meet. There is no return bus. Please arrange a ride home with your parents, or another member of the team.

1:45 Out of Class

2:00 2 Busses Leave for Rock Canyon HS

Teams in the Continental League:

Mountain Vista, Castleview, Littleton, Regis, ThunderRidge, Chaparral, Heritage, Douglas County, Legend, Highlands Ranch, Rock Canyon