



## **2015 Mountain Vista Boys XC Goals**

**TEAM Goals:**

**Sweep all 3 races at the Continental League Championship**

**Defend the State Title**

**Qualify for NXN in Portland**

**Pack time of 30-45 seconds each race**

**Top 2 in all divisions at all races**

**My Individual Goals for the Season Are:**

*Perfecting the Process Daily to Achieve our Goals*

Training

Consistency

Work Ethic

Friendship

Team Cohesion

Attitude