

Mountain Vista High School



2015 Cross Country Meet Schedule

Date	Meet	Location
Fri, Aug 28 th	Vista Nation 2 Mile XC Invitational	Mountain Vista HS
Fri, Sept, 4 th	Arapahoe Warrior Invitational	DeKoevend Park
Sat, Sept 12 th	St. Vrain Invitational	Lyons, HS
Sat, Sept 19 th *	Woodbridge Cross Country Classic	Irvine, California
Sat, Spet 19 th	Rock Canyon Invitational	Rock Canyon HS
Fri, Sept, 25 th	Dave Sanders Invitational	Clement Park
Sat, Oct 3 rd	Sabercat Invitational	Sedalia, CO
Fri, Oct 9 th	Adidas Doherty Spartan XC Invite	Bear Creek Park, CO Springs
Wed, Oct 14 th	Continental League Championships	Redstone Park
Fri, Oct 23 rd #	5A Region 5 Championships	Rock Canyon HS
Sat, Oct 31 st	CO State Championships	Bear Creek Park, Co Springs
<u>Post Season</u>		
Sat, Nov 21 st	Nike Cross Regional Southwest Championships	Casa Grande, AZ
Sat, Nov 28 th	Footlocker Midwest XC Champs	Kenosha, WI
Sat, Dec 5 th	Nike Cross National Championship	Portland, OR
Sat, Dec 12 th	37 th Footlocker National Finals	San Diego, CA

*We will take 7 boys and 7 girls on this trip. Line-ups will be determined after the St.Vrain Invitational.

We are allowed to race 9 varsity boys and 9 varsity girls at the 5A Region 5 Championships. This is the meet that qualifies us for state.