

2023 Ponderosa Frosh/Soph Invitational - 4/11/2023 to 4/12/2023

EchoPark Stadium
Meet Program - Running**Event 1 Girls 800 Sprint Medley**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Elizabeth Hi	A	
	1) Guhl, Madeline	2) Ross, Kamdyn	
	3) Wolitzky, Kyla	4) Mayers, Addison	
4	Regis Jesuit	A	
5	Lutheran Hig	A	
6	Greeley West	A	
7	Strasburg Hi	A	
	1) Larsen, Katie	2) Zobel, Elizabeth	
	3) Phillips, Madelynne	4) Kulpa, Autumn	
Section 2 of 2 Finals			
3	Cherokee Tra	A	
4	Mountain Vis	A	
5	Legend High	A	
6	Columbine Hi	A	
7	Thomas Macla	A	
	1) Devine, Avalyn	2) Ramirez-Actouka, Lily	
	3) Duvall, Tatum	4) Pukajlo, Olivia	
8	Discovery Ca	A	

Event 2 Girls 4x800 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Mountain Vis	A	
	1) Watson, Sarah	2) Twete, Addi	
	3) Christians, Carly	4) Boeckman, Gabriela	
2	Lutheran Hig	A	
3	Legend High	A	
4	Denver Chris	A	
5	Thomas Macla	A	
	1) Laybourne, Laura	2) Small, Riley	
	3) Gregory, Maddy	4) Shannon, Piper	
6	Elizabeth Hi	A	
	1) VanAernam, Jessie	2) Hicks, Brooke	
	3) Hicks, Mylie	4) Locks, Piper	
7	Valor Christ	A	

Event 3 Boys 4x800 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Lutheran Hig	A	
2	Legend High	A	
3	Columbine Hi	A	
4	Thomas Macla	A	
	1) Coleman, Christian	2) Rasmussen, Peter	
	3) Hales, Miles	4) Stokes, Nathaniel	
5	Mountain Vis	A	
6	Denver Chris	A	
7	Highlands Ra	A	
	1) Lane, Ben	2) Hinton, Graham	
	3) Fidducia, Alexander		

Event 4 Girls 100 Meter Hurdles

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
2	Koyamatsu, Hannah	Lutheran Hig	
3	Johnson, Erin	Strasburg Hi	
4	Reid, Azalea	Ponderosa Hi	
5	Schauermaun, Brooklynn	Cheyenne Mou	
6	Hatley, Lilyana	Monument Aca	
7	Small, Riley	Thomas Macla	
8	Bristow, Grace	Thomas Macla	
9	Christensen, Sara	Thomas Macla	
Section 2 of 4 Finals			
1	Severns, Brooke	Lutheran Hig	
2	Owens, Kirra	Discovery Ca	
3	Mayhew, Madilyn	Legend High	
4	Riggle, Taylor	Elizabeth Hi	
5	Murphy, Falyn	Cheyenne Mou	
6	Richmond, Jesminda	Douglas Coun	
7	Wren, Mara	Highlands Ra	
8	Speckman, Alexis	Rampart High	
9	Gessel, Ava	Douglas Coun	
Section 3 of 4 Finals			
1	Hyer, Rhyla	Douglas Coun	
2	Marr, Braelyn	Palmer Ridge	
3	Cowling, Sara	Legend High	
4	Abraham, Mason	Columbine Hi	
5	O'Donnell, Isabella	Palmer Ridge	
6	Brinkmann, Teagan	Highlands Ra	
7	Vick, Kylie	Discovery Ca	
8	Engels, Lillian	Ponderosa Hi	
9	Harris, Elshie	Highlands Ra	
Section 4 of 4 Finals			
1	Bonds, Anna	Mountain Vis	
2	Zinn, Sienna	Palmer Ridge	
3	Davison, Anika	Rangeview Hi	
4	Marrero, Peighton	Strasburg Hi	
5	Salum, Izabelle	Regis Jesuit	
6	Carelock, Alexandria	Cherokee Tra	
7	Slothouber, Taylor	Lutheran Hig	
8	Lyons, Paisley	Denver Chris	
9	Strasser, Dakota	Strasburg Hi	

Event 5 Boys 110 Meter Hurdles

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
2	Moller, Nathan	Palmer Ridge	
3	John, Josiah	Lutheran Hig	
4	Garcia, Damien	Strasburg Hi	
5	Grizzle, Cole	Ponderosa Hi	
6	Hull, Benjamin	Palmer Ridge	
7	Andrews, Jace	Douglas Coun	
8	Hawker, Sam	Cheyenne Mou	

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Meet Program - Running**Section 2 of 3 Finals...(Event 5 Boys 110 Meter Hurdles)**

1	Hampton McLennan, Jayden	Rangeview Hi
2	Moore, Victor	Discovery Ca
3	Bradford, Tristin	Ponderosa Hi
4	Johnston, Sean	Mountain Vis
5	Angerman, Elijah	Elizabeth Hi
6	Downing, Gavin	Lutheran Hig
7	Toupin, Jag	Elizabeth Hi
8	Miller, Holden	Douglas Coun
9	Hyer, Keian	Douglas Coun

Section 3 of 3 Finals

1	McCloud, Daniel	Lutheran Hig
2	Abramowicz, Ward	Regis Jesuit
3	Willard, Tyler	Discovery Ca
4	Dantzler, Terrence	Discovery Ca
5	Griffen, Solomon	Cherokee Tra
6	Dutmer, Charlie	Regis Jesuit
7	Hart, Haden	Highlands Ra
8	Mathews, Lance	Thomas Macla
9	Hoffman, Corbin	Rampart High

Event 6 Girls 100 Meter Dash

Lane	Name	School	Seed Time
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Section 1 of 8 Finals

3	Tacky-Addy, Grace	Rangeview Hi
4	Barber, Caitlin	Rampart High
5	Bristow, Grace	Thomas Macla
6	Granader, Samantha	Regis Jesuit
7	Sternberg, Camdyn	Columbine Hi

Section 2 of 8 Finals

3	Huss, Ivy	Rampart High
4	Hughes, Kate	Regis Jesuit
5	Bram, Alyssum	Colorado Spr
6	Goble, Nevaeh	Douglas Coun
7	Burgoyne, Layla	ThunderRidge

Section 3 of 8 Finals

1	Owen, Maya	Regis Jesuit
2	Chihoski, Joelle	Ponderosa Hi
3	Smith, Kaylee	Cheyenne Mou
4	Troyer, Zuri	Palmer Ridge
5	Cafilisch, Lizzie	Ponderosa Hi
6	Harber, Natalie	Ponderosa Hi
7	Mason, Nour	Columbine Hi
8	Phair, Grayson	Strasburg Hi
9	Falt, Andrea	Cheyenne Mou

Section 4 of 8 Finals

1	Ross, Kamdyn	Elizabeth Hi
2	Lewandowski, Caitlyn	Palmer Ridge
3	Otieno, Olivia	Rampart High
4	Fuller, Noa	Thomas Macla
5	Devlin, Addyson	Mountain Vis
6	Maldonado, Serenity	Greeley West
7	Marshall, Kaitlee	Greeley West
8	Odendahl, Ella	Denver Chris
9	Verones, Aneliese	Monument Aca

Section 5 of 8 Finals

1	Melvin, Brooklyn	Columbine Hi
2	Perez, Bella	Mountain Vis
3	Hatley, Lilyana	Monument Aca
4	Gray, Aidan	Douglas Coun
5	Hatch, Abby	Mountain Vis
6	Austin, Bree	Denver Chris
7	O'Neil, Meredith	ThunderRidge
8	McCormick, Adelyn	Palmer Ridge
9	Lacuzong, Magdalena	Cheyenne Mou

Section 6 of 8 Finals

1	Dunston, Grace	Monument Aca
2	Almquist, Aliyah	Elizabeth Hi
3	Brown, Dani	Legend High
4	Stokes, Taisyn	Cherokee Tra
5	Moroka, Aria	Greeley West
6	Gayfield, Morgan	Douglas Coun
7	Toaipa, Arianna	Elizabeth Hi
8	Knutson, Christine	Valor Christ
9	O'Malley, Braidyn	Strasburg Hi

Section 7 of 8 Finals

1	Brenning, Noelle	Legend High
2	Shelton, Laila	Discovery Ca
3	Christensen, Sara	Thomas Macla
4	Horne, Grace	Valor Christ
5	Dambrosia, Olivia	Lutheran Hig
6	Pelaez, Ava	Cherokee Tra
7	Middlemist, Emma	Strasburg Hi
8	Prehm, Kira	Discovery Ca
9	Ramos, Alyssa	Highlands Ra

Section 8 of 8 Finals

1	McLeod, Addison	Highlands Ra
2	Sala, Maya	Legend High
3	Stewart, Elsbeth	Discovery Ca
4	Traylor-Statewright, Triniti	Cherokee Tra
5	Robinson, Rachel	Lutheran Hig
6	Krekeler, Josie	Valor Christ
7	Smolen, Madi	Lutheran Hig
8	Emanuel, Gabrielle	Rangeview Hi
9	Naushad, Sasha	Highlands Ra

Event 7 Boys 100 Meter Dash

Lane	Name	School	Seed Time
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Section 1 of 8 Finals

3	Warner, Ethan	Rampart High
4	Hull, Benjamin	Palmer Ridge
5	Goodenow, Ryan Bo	ThunderRidge
6	Gholston, Genghis	Regis Jesuit
7	Parris, Kai	Thomas Macla

Section 2 of 8 Finals

3	Matheny, Lyrical	Thomas Macla
4	Weichert, Jack	Columbine Hi
5	Ewald, Michael	Ponderosa Hi
6	Himes, James	Columbine Hi
7	Hatley, Carlin	Monument Aca

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Meet Program - Running**Section 3 of 8 Finals...(Event 7 Boys 100 Meter Dash)**

1	Hatley, Aiden	Monument Aca
2	Buehrer, Andrew	Denver Chris
3	Moore, Calvin	Elizabeth Hi
4	Bennett, Maximus	Douglas Coun
5	Loya Menchaca, Kristopher	Greeley West
6	Crann, William	Cheyenne Mou
7	Cedillos, Nicholas	Strasburg Hi
8	Crowner, Coalten	Elizabeth Hi
9	Pitts, Ethan	Cheyenne Mou

Section 4 of 8 Finals

1	Bridgman, Merrick	Douglas Coun
2	Parrish, Gage	Ponderosa Hi
3	Mayes, Mekhi	Monument Aca
4	Anderson, Xander	Columbine Hi
5	Morita, Seth	Greeley West
6	Johnson, Tyler	Denver Chris
7	Schnittker, Daniel	Highlands Ra
8	Mabe, Jackson	Palmer Ridge
9	Lobato, Josiah	Denver Chris

Section 5 of 8 Finals

1	Priddy, Nathan	Strasburg Hi
2	Herbek, Ben	Lutheran Hig
3	Lucas, Nathaniel	Cheyenne Mou
4	Lewicki, AJ	Lutheran Hig
5	Leighty, Noah	Palmer Ridge
6	Moore, William	Colorado Spr
7	Tucker, Brian	Cherokee Tra
8	Arnold, Aiden	Highlands Ra
9	Redd, Jeremiah	Strasburg Hi

Section 6 of 8 Finals

1	Ramsay, Ethan	Discovery Ca
2	Pekarek, Ethan	Ponderosa Hi
3	Vondee-Quartey, Joel	Mountain Vis
4	Sola, Carter	Lutheran Hig
5	Olson, Aaron	Legend High
6	Waitman, Israel	Valor Christ
7	Keener, Jeremy	Greeley West
8	Joos, Jace	Highlands Ra
9	Bullock, Spencer	Mountain Vis

Section 7 of 8 Finals

1	Reitan, Maxwell	Rampart High
2	Armstrong, Owen	Legend High
3	Hanosh, Chase	Valor Christ
4	Leffler, Carter	Rampart High
5	Beal, Jace	Valor Christ
6	Shelton, Kai	Regis Jesuit
7	Latch, Charles	Discovery Ca
8	Brown, Andrew	Elizabeth Hi
9	Jenkins, Jarrett	Douglas Coun

Section 8 of 8 Finals

1	Templin, Isaac	Thomas Macla
2	Sayatovic, Zander	Regis Jesuit
3	Hoffsetz, Nick	Cherokee Tra
4	Matteson, Case	Legend High
5	Jamison, Marquis	Cherokee Tra
6	Plummer, Revano	Grandview Hi
7	Dantzer, Terrence	Discovery Ca
8	Conway, Sean	Mountain Vis
9	Walters, Bransen	Ponderosa Hi

Event 8 Girls 4x200 Meter Relay

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

2	Palmer Ridge	A	
	1) Newman, Myra		2) Zinn, Sienna
	3) O'Donnell, Isabella		4) Marjon, Lilli
3	Greeley West	A	
4	Discovery Ca	A	
5	Lutheran Hig	A	
6	Denver Chris	A	
7	Elizabeth Hi	A	
	1) Mayers, Addison		2) Almquist, Aliyah
	3) Guhl, Madeline		4) Toaipa, Arianna
8	Regis Jesuit	A	

Section 2 of 2 Finals

1	Thomas Macla	A	
	1) Hrbacek, Kathleen		2) Duvall, Tatum
	3) Hanson, Phoebe		4) Kewley, Lizzy
2	Legend High	A	
3	Strasburg Hi	A	
	1) Damron, Hannah		2) Damron, Natalie
	3) Marrero, Peighton		4) Middlemist, Emma
4	Mountain Vis	A	
5	Rampart High	A	
	1) Huss, Ivy		2) Otieno, Olivia
	3) Speckman, Alexis		4) Colosimo, Claire
6	Cherokee Tra	A	
7	Columbine Hi	A	
8	Valor Christ	A	
9	Ponderosa Hi	A	
	1) Craft, Keela		2) Valkner, Shea
	3) Nolan, Katie		4) Becker, Payton

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EchoPark Stadium
Meet Program - Running**Event 9 Boys 4x200 Meter Relay**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Palmer Ridge	A	
	1) Leighty, Noah	2) Mabe, Jackson	
	3) Charron, Carter	4) Rankin, Wyatt	
3	Elizabeth Hi	A	
	1) Francis, Jaden	2) Toupin, Titan	
	3) Long, Caden	4) Brown, Andrew	
4	Greeley West	A	
5	Valor Christ	A	
	1) O'Connor, Jackson	2) Hanosh, Chase	
	3) Bauer, Brendan	4) Rogers, William	
6	Lutheran Hig	A	
7	Denver Chris	A	
8	Strasburg Hi	A	
	1) Garcia, Damien	2) Grow, Nate	
	3) Priddy, Nathan	4) Cedillos, Nicholas	
9	Regis Jesuit	A	
Section 2 of 2 Finals			
1	Thomas Macla	A	
	1) Templin, Isaac	2) LaFountain, Andrew	
	3) Van Arnam, George	4) Mathews, Lance	
2	Ponderosa Hi	A	
	1) Mendl, Colton	2) Pekarek, Ethan	
	3) Stanley, Breyden	4) Baxter, Sean	
3	Discovery Ca	A	
4	Rangeview Hi	A	
5	Legend High	A	
6	Cherokee Tra	A	
7	Columbine Hi	A	
8	Mountain Vis	A	
9	Rampart High	A	
	1) Snowden, Dylon	2) Burdick, Tylan	
	3) Reid, Caden	4) Wilson, Theodore	

Event 10 Girls 1600 Meter Run

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Wilkes, Kamryn	Ponderosa Hi	
2	Battersby, Kate	Cheyenne Mou	
3	Hicks, Mylie	Elizabeth Hi	
4	Spangler, Pepper	Elizabeth Hi	
5	Lindberg, Ava	Regis Jesuit	
6	Hedlind, Anja	Rampart High	
7	Pienaar, Natalie	Colorado Spr	
8	Rudzinski, Sophia	Lutheran Hig	
9	Kirwan, Lily	Cheyenne Mou	
10	King, Riley	Cheyenne Mou	
11	Gregory, Maddy	Thomas Macla	
12	Chrstitiansan, Kasianna	Strasburg Hi	
13	Friedrich, Mikayla	Strasburg Hi	
14	Komanduri, Neelanjana	ThunderRidge	
15	Dodge, Darci	Legend High	
16	Dickin, Tatum	Legend High	

Section 2 of 3 Finals

1	Lucero, Sophia	Cherokee Tra
2	Walton, Moriah	Castle View
3	Snelling, Claire	Regis Jesuit
4	Cortes, Ernestina	Legend High
5	Bohman, Sophie	Douglas Coun
6	de Leeuw, Valerie	Regis Jesuit
7	Skoog, Bella	Lutheran Hig
8	Shannon, Piper	Thomas Macla
9	Hills, Molly	Denver Chris
10	Kajs, Gracelyn	Palmer Ridge
11	Miller, Ava	ThunderRidge
12	Corby, Naomi	Rampart High
13	Geissler, Ellie	Colorado Spr
14	Bull, Myla	Palmer Ridge
15	Gallegos, Megan	Palmer Ridge
16	Newman, Shayleah	Highlands Ra

Section 3 of 3 Finals

1	Boeckman, Gabriela	Mountain Vis
2	Loeks, Piper	Elizabeth Hi
3	King, Ava	Castle View
4	McDowell, Molly	Discovery Ca
5	Miller, Shayla	Discovery Ca
6	Armstrong, Dawn	Cherokee Tra
7	Whitney, Violet	Lutheran Hig
8	Foco, Zoey	Ponderosa Hi
9	Santos, Alice	Valor Christ
10	Haselhorst, Hannah	Douglas Coun
11	Hawk, Elaina	Mountain Vis
12	Skarne, Freja	Mountain Vis
13	Franks, Laura	Douglas Coun
14	Lang, Ellie	Castle View
15	Hidalgo, Anya	Valor Christ
16	Hurley, Mary	Valor Christ

Event 11 Boys 1600 Meter Run

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Shepard, Sean	Douglas Coun	
2	Guevara-Hudson, Antonio	Elizabeth Hi	
3	Pagano, Lawson	Columbine Hi	
4	Floyd, Carson	Cheyenne Mou	
5	Hedstrand, Erik	Palmer Ridge	
6	Occhipinti, Troy	Palmer Ridge	
7	Mitchell, Jackson	Thomas Macla	
8	Walsh, Gavin	Thomas Macla	
9	Shah, Tyrus	Rampart High	
10	Murschel, Cody	Thomas Macla	
11	Ly, Lamburg	Strasburg Hi	
12	Govind, Mridul	Rampart High	
13	Jay, Ryder	ThunderRidge	
14	Acosta-Gilchrist, Keegan	Legend High	
15	Geisler, William	Mountain Vis	
16	Gillespie, Hayden	Discovery Ca	
17	Vaughan, Isaak	Mountain Vis	

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EchoPark Stadium
Meet Program - Running**Section 2 of 3 Finals...(Event 11 Boys 1600 Meter Run)**

1	Nelson, Logan	Lutheran Hig
2	Williams, Carson	Valor Christ
3	Start, Matthew	Monument Aca
4	Gregory, Illias	Rangeview Hi
5	Payne, Travis	Lutheran Hig
6	Goutell, Dane	Douglas Coun
7	Captain, Grant	Highlands Ra
8	Griswold, John	Columbine Hi
9	Marwan, Adam	Denver Chris
10	Abry, Cooper	Valor Christ
11	Martin, Liam	Regis Jesuit
12	Jedlicka, Reese	Regis Jesuit
13	Greene, Patrick	Regis Jesuit
14	Fay, Cameron	Columbine Hi
15	Pfost, Rhys	Highlands Ra
16	Cooney, Jeremiah	Rangeview Hi
17	Steinbach, Brock	Highlands Ra
18	Baxter, Ryan	Elizabeth Hi

Section 3 of 3 Finals

1	Ogg, Aiden	Cheyenne Mou
2	Royer, Blake	Castle View
3	Battistoni, Dyson	Elizabeth Hi
4	Lane, Micah	Legend High
5	Gibbs, Jacob	Castle View
6	James, Dawit	Strasburg Hi
7	Kittel, Andrew	Cherokee Tra
8	Krieger, Jackson	Lutheran Hig
9	Birkenfeld, Luke	Mountain Vis
10	Bartunek, Nathaniel	Castle View
11	Harrell, Taten	Ponderosa Hi
12	DeVanna, Gabe	Cheyenne Mou
13	Reynolds, Ian	Denver Chris
14	Collings, Noel	Douglas Coun
15	Griffiths, Alexander	Legend High
16	Chadeayne, Josh	Cherokee Tra
17	Burrell, Zaiden	Ponderosa Hi
18	Hammond, Everett	Cherokee Tra

Event 12 Girls 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Valor Christ	A	
3	Palmer Ridge	A	
	1) Holliday, Aine		2) Inama, Jubilee
	3) Troyer, Zuri		4) Lewandowski, Caitlyn
4	Elizabeth Hi	A	
	1) Guhl, Madeline		2) Ross, Kamdyn
	3) Mayers, Addison		4) Almquist, Aliyah
5	Ponderosa Hi	A	
	1) Nolan, Katie		2) Wortman, Lucy
	3) Reid, Azalea		4) Craft, Keela
6	Douglas Coun	A	
	1) Goble, Nevaeh		2) Gray, Aidan
	3) Hyer, Rhyla		4) Gayfield, Morgan
7	Greeley West	A	
8	Regis Jesuit	A	
Section 2 of 2 Finals			
1	Mountain Vis	A	
2	Thomas Macla	A	
	1) Christensen, Sara		2) Ramirez-Actouka, Lily
	3) Devine, Avalyn		4) Fuller, Noa
3	Strasburg Hi	A	
	1) Middlemist, Emma		2) Damron, Natalie
	3) Damron, Hannah		4) O'Malley, Braidyn
4	Cherokee Tra	A	
5	Highlands Ra	A	
	1) McLeod, Addison		2) Naushad, Sasha
	3) Ramos, Alyssa		4) Carbone, Bridget
6	Lutheran Hig	A	
7	Legend High	A	
8	Columbine Hi	A	
9	Discovery Ca	A	

2023 Ponderosa Frosh/Soph Invitational - 4/11/2023 to 4/12/2023

EchoPark Stadium
Meet Program - Running**Event 13 Boys 4x100 Meter Relay**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Monument Aca	A	
	1) Greer, Jace	2) Hatley, Carlin	
	3) Hatley, Aiden	4) Mardis, Liam	
3	Strasburg Hi	A	
	1) Cedillos, Nicholas	2) Grow, Nate	
	3) Priddy, Nathan	4) Garcia, Damien	
4	Ponderosa Hi	A	
	1) Mendl, Colton	2) Pekarek, Ethan	
	3) Stanley, Breyden	4) Walters, Bransen	
5	Elizabeth Hi	A	
	1) Francis, Jaden	2) Toupin, Titan	
	3) Long, Caden	4) Brown, Andrew	
6	Palmer Ridge	A	
	1) Leighty, Noah	2) Willis, Matthew	
	3) Moller, Nathan	4) Mueller, Benjamin	
7	Douglas Coun	A	
	1) Bridgman, Merrick	2) Bennett, Maximus	
	3) Hyer, Keian	4) Miller, Holden	
8	Greeley West	A	
9	Regis Jesuit	A	
Section 2 of 2 Finals			
1	Thomas Macla	A	
	1) Van Arnam, George	2) Matheny, Lyrical	
	3) LaFountain, Andrew	4) Mathews, Lance	
2	Rampart High	A	
	1) Leffler, Carter	2) Reitan, Maxwell	
	3) Boylston, Nathan	4) Smith, Seneca	
3	Discovery Ca	A	
4	Columbine Hi	A	
5	Cherokee Tra	A	
6	Legend High	A	
7	Mountain Vis	A	
8	Valor Christ	A	
	1) Edgar, Jack	2) Hanosh, Chase	
	3) Waitman, Israel	4) Beal, Jace	
9	Lutheran Hig	A	

Event 14 Girls 400 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 6 Finals			
3	Garcia, Brooklyn	Columbine Hi	
4	thrun, michelina	ThunderRidge	
5	Falt, Andrea	Cheyenne Mou	
6	Bram, Alyssum	Colorado Spr	
7	Mundackal, Maria	Mountain Vis	

Section 2 of 6 Finals

3	Huss, Ivy	Rampart High
4	Snitker, Elsa	Regis Jesuit
5	Dishion, Adriana	Rampart High
6	Devine, Avalyn	Thomas Macla
7	Stamper, Maya	Ponderosa Hi
8	Laybourne, Laura	Thomas Macla

Section 3 of 6 Finals

1	Otieno, Olivia	Rampart High
2	Larsen, Katie	Strasburg Hi
3	Troyer, Zuri	Palmer Ridge
4	Noel, Grace	Lutheran Hig
5	Donovan, Naomi	Colorado Spr
6	Johnson, Erin	Strasburg Hi
7	Schmidt, Catherine	Lutheran Hig
8	Halleen, Reyna	Discovery Ca
9	Montiel, Jolynn	Greeley West

Section 4 of 6 Finals

1	Everett, Anna	Denver Chris
2	Verones, Aneliese	Monument Aca
3	Benitez Gutierrez, Nairis	Greeley West
4	Pukajlo, Olivia	Thomas Macla
5	Holliday, Aine	Palmer Ridge
6	Weihrauch, Ava	Cherokee Tra
7	Shelton, Laila	Discovery Ca
8	Austin, Bree	Denver Chris
9	Ryan, Izabella	Columbine Hi

Section 5 of 6 Finals

1	Hicks, Brooke	Elizabeth Hi
2	VanAernam, Jessie	Elizabeth Hi
3	Barrett, Ava	Ponderosa Hi
4	Middlemist, Emma	Strasburg Hi
5	Stewart, Elsbeth	Discovery Ca
6	Swendsen, Reese	Columbine Hi
7	Kelly, Brooke	Cheyenne Mou
8	Muriithi, Jeddy	Rangeview Hi
9	Worker, Kennedy	Lutheran Hig

Section 6 of 6 Finals

1	Lombardi, Alexandra	Cheyenne Mou
2	Grabau, Lily	Legend High
3	Canales, Elizabeth	Valor Christ
4	Emanuel, Matilda	Legend High
5	Akey, Ariana	Mountain Vis
6	Baker, Ciara	Castle View
7	Valkner, Shea	Ponderosa Hi
8	Newman, Myra	Palmer Ridge
9	Stewart, Kathryn	Legend High

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EchoPark Stadium
Meet Program - Running**Event 15 Boys 400 Meter Dash**

Lane	Name	School	Seed Time
Section 1 of 7 Finals			
3	Smith, Tug	Rampart High	
4	Lohman, Ezekiel	Columbine Hi	
5	Lombardo, Thomas	Mountain Vis	
6	DeVanna, Gabe	Cheyenne Mou	
7	Coleman, Christian	Thomas Macla	
Section 2 of 7 Finals			
2	Floyd, Marcelis	Palmer Ridge	
3	Boylston, Nathan	Rampart High	
4	Galindo, Giovanni	Strasburg Hi	
5	Flores, Gabriel	Greeley West	
6	Reid, Draxton	Ponderosa Hi	
7	North, Declan	Thomas Macla	
8	Schmitt, Caleb	Mountain Vis	
Section 3 of 7 Finals			
1	Tueller, Titan	Ponderosa Hi	
2	Adams, Michael	Highlands Ra	
3	Hicks, Jedidiah	Greeley West	
4	Gilliland, Jacob	Thomas Macla	
5	Sullivan, Ewan	Colorado Spr	
6	Willis, Matthew	Palmer Ridge	
7	Martinez, Andrew	Elizabeth Hi	
8	Baumgartel, Sam	Denver Chris	
9	Cedillos, Nicholas	Strasburg Hi	
Section 4 of 7 Finals			
1	Williamson, Cameron	Valor Christ	
2	Rikon, Max	Columbine Hi	
3	Cardwell, Daylen	Rangeview Hi	
4	Kilbourn, Blake	Lutheran Hig	
5	Mayes, Mekhi	Monument Aca	
6	Hicks, Ben	Elizabeth Hi	
7	Akey, Carson	Mountain Vis	
8	Johnson, Tyler	Denver Chris	
9	Quintana/Morandi, Marcos	Lutheran Hig	
Section 5 of 7 Finals			
1	Baker, Devon	Discovery Ca	
2	Natale, Giovanni	Lutheran Hig	
3	Orozco, Ryan	Discovery Ca	
4	Frandsen, Cole	Legend High	
5	Stienstra, Luke	Regis Jesuit	
6	Wise, Daniel	Cherokee Tra	
7	Redd, Jeremiah	Strasburg Hi	
8	Gayfield, Malaiki	Douglas Coun	
9	Morita, Seth	Greeley West	

Section 6 of 7 Finals

1	Reynolds, Max	Legend High
2	Jankowski, Jogen	Columbine Hi
3	Edgar, Jack	Valor Christ
4	Smith, Tyson	Cherokee Tra
5	Okhihan, Ojemen	Rangeview Hi
6	Brown II, Ulysses	ThunderRidge
7	Cole, Riley	Cheyenne Mou
8	Faulkender, Caiden	Cheyenne Mou
9	Anderson, Cohen	Legend High

Section 7 of 7 Finals

1	Donlin, Duane	Discovery Ca
2	Leighty, Noah	Palmer Ridge
3	Goodenow, Ryan Bo	ThunderRidge
4	Quesada, Merrick	Rampart High
5	Fick, Ryan	Valor Christ
6	Carney, Kaeden	Cherokee Tra
7	Ilela, Naiem	Rangeview Hi
8	Francis, Jaden	Elizabeth Hi
9	Jenkins, Jarrett	Douglas Coun

Event 16 Girls 300 Meter Hurdles

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
2	Speckman, Alexis	Rampart High	
3	Pickford, Clara	Legend High	
4	Hyer, Rhyla	Douglas Coun	
5	Small, Riley	Thomas Macla	
6	Gessel, Ava	Douglas Coun	
7	Richmond, Jesminda	Douglas Coun	
8	Koyamatsu, Hannah	Lutheran Hig	
Section 2 of 4 Finals			
1	Cowling, Sara	Legend High	
2	Owens, Kirra	Discovery Ca	
3	Anderson, Camille	Cheyenne Mou	
4	Binnings, Mia	Cheyenne Mou	
5	Vick, Kylie	Discovery Ca	
6	Riggle, Taylor	Elizabeth Hi	
7	Shannon, Piper	Thomas Macla	
8	Abramson, Chloe	Lutheran Hig	
9	Hatley, Lilyana	Monument Aca	
Section 3 of 4 Finals			
1	Marr, Braelyn	Palmer Ridge	
2	Bonds, Anna	Mountain Vis	
3	Strode, Sydney	Lutheran Hig	
4	Zinn, Sienna	Palmer Ridge	
5	Murphy, Falyn	Cheyenne Mou	
6	O'Donnell, Isabella	Palmer Ridge	
7	Wolitzky, Kyla	Elizabeth Hi	
8	Saxon, Anna	Rampart High	
9	Hagen, Caroline	Denver Chris	

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EchoPark Stadium
Meet Program - Running**Section 4 of 4 Finals...(Event 16 Girls 300 Meter Hurdles)**

1	Brown, Olivia	Legend High
2	Davison, Anika	Rangeview Hi
3	Davies, Elizabeth	Regis Jesuit
4	Becker, Payton	Ponderosa Hi
5	Marrero, Peighton	Strasburg Hi
6	Carelock, Alexandria	Cherokee Tra
7	Simonich, Ezra	Highlands Ra
8	Combe, Riley	Castle View
9	Strasser, Dakota	Strasburg Hi

Event 17 Boys 300 Meter Hurdles

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

2	Mabe, Jackson	Palmer Ridge
3	Amerson, Christian	Legend High
4	Andrews, Jace	Douglas Coun
5	Johnston, Sean	Mountain Vis
6	Bowers, Evan	Greeley West
7	Hyer, Keian	Douglas Coun
8	Coleman, Christian	Thomas Macla
9	Hawker, Sam	Cheyenne Mou

Section 2 of 3 Finals

1	Hull, Benjamin	Palmer Ridge
2	Hampton McLennan, Jayden	Rangeview Hi
3	Newton, Miles	Thomas Macla
4	McCloud, Daniel	Lutheran Hig
5	Hales, Miles	Thomas Macla
6	Angerman, Elijah	Elizabeth Hi
7	Miller, Holden	Douglas Coun
8	John, Josiah	Lutheran Hig
9	Moore, Victor	Discovery Ca

Section 3 of 3 Finals

1	Hoffman, Corbin	Rampart High
2	Abramowicz, Ward	Regis Jesuit
3	Downing, Gavin	Lutheran Hig
4	Hart, Haden	Highlands Ra
5	Dutmer, Charlie	Regis Jesuit
6	Aldred, Garrett	Cherokee Tra
7	Griffen, Solomon	Cherokee Tra
8	Willard, Tyler	Discovery Ca
9	Toupin, Jag	Elizabeth Hi

Event 18 Girls 800 Meter Run

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	Small, Riley	Thomas Macla
2	Dishion, Adriana	Rampart High
3	Athanasopoulos, Evangelia	Columbine Hi
4	Niskern, Elise	Cheyenne Mou
5	Vogt, Samara	Cheyenne Mou
6	Dodge, Darci	Legend High
7	Wilson, Claire	ThunderRidge
8	Barrett, Ava	Ponderosa Hi
9	Chrstiansan, Kasianna	Strasburg Hi
10	Hedlind, Anja	Rampart High
11	Pienaar, Natalie	Colorado Spr
12	Hrbacek, Kathleen	Thomas Macla
13	Perez, Sherlyn	Columbine Hi
14	Milla, Peyton	Legend High
15	Tubbs, Alice	Legend High
16	Osinski, Avary	Cheyenne Mou

Section 2 of 3 Finals

1	Wright, Eliana	Rangeview Hi
2	Haselhorst, Hannah	Douglas Coun
3	Franks, Laura	Douglas Coun
4	Lang, Ellie	Castle View
5	VanAernam, Jessie	Elizabeth Hi
6	Hicks, Brooke	Elizabeth Hi
7	Laybourne, Laura	Thomas Macla
8	Clark, Caroline	Cherry Creek
9	Bohman, Sophie	Douglas Coun
10	Doerner, Molly	Valor Christ
11	Muhr, Amy	Valor Christ
12	Levkulich, Caitlin	Regis Jesuit
13	Weeks, Hailee	Greeley West
14	Geissler, Ellie	Colorado Spr
15	Everett, Anna	Denver Chris
16	Friedrich, Mikayla	Strasburg Hi
17	Snow, Mary	Regis Jesuit
18	Ringelman, Charlotte	Regis Jesuit

2023 Ponderosa Frosh/Soph Invitational - 4/11/2023 to 4/12/2023

EchoPark Stadium
Meet Program - Running**Section 3 of 3 Finals...(Event 18 Girls 800 Meter Run)**

1	Londo, Ellie	Valor Christ
2	Lippold, Madison	Cherokee Tra
3	Brandt, Zoe	Mountain Vis
4	Twete, Addi	Mountain Vis
5	Decker, Aeva	Lutheran Hig
6	Leisman, Janea	Colorado Spr
7	Christians, Carly	Mountain Vis
8	Schauer, Mia	Lutheran Hig
9	Armstrong, Dawn	Cherokee Tra
10	Langley, Soledad	Cherokee Tra
11	Brouillette, Claire	Lutheran Hig
12	Mulholland, Anna	Discovery Ca
13	Garvin, Ayden	Castle View
14	Morrow, Kate	Discovery Ca
15	King, Ava	Castle View
16	Detrick, Ellie	Denver Chris
17	Cowden, Rachel	Highlands Ra
18	Gutgsell, Sage	Highlands Ra

Event 19 Boys 800 Meter Run**Lane Name School Seed Time****Section 1 of 3 Finals**

1	Wilson, Bennett	Lutheran Hig
2	Ontiveros, Zavin	Greeley West
3	Martinez, Andrew	Elizabeth Hi
4	Walsh, Gavin	Thomas Macla
5	Shah, Tyrus	Rampart High
6	Murschel, Cody	Thomas Macla
7	Johnson, Ian	Thomas Macla
8	Govind, Mridul	Rampart High
9	Ly, Lamburg	Strasburg Hi
10	Griffiths, Alexander	Legend High
11	Davis, Brady	Legend High
12	Shepard, Sean	Douglas Coun
13	Goldsmith-Breedlove, Ashton	Columbine Hi
14	Mylin, Renner	Cheyenne Mou
15	West, Karston	ThunderRidge
16	Acosta-Gilchrist, Keegan	Legend High

Section 2 of 3 Finals

1	Williams, Carson	Valor Christ
2	Roads, Jackson	Columbine Hi
3	Start, Matthew	Monument Aca
4	James, Israel	Strasburg Hi
5	Baumgartel, Sam	Denver Chris
6	Hicks, Ben	Elizabeth Hi
7	Faulkender, Caiden	Cheyenne Mou
8	James, Dawit	Strasburg Hi
9	Guolla, Charlie	Highlands Ra
10	Park, Christopher	Highlands Ra
11	Crippen, Andrew	Cherokee Tra
12	Koranda, Moza	Ponderosa Hi
13	Lanphear, Liam	Rampart High
14	Lopez Artega, Ramon	Rangeview Hi
15	Abry, Cooper	Valor Christ
16	Pagano, Lawson	Columbine Hi
17	Buzzard, Matthew	Discovery Ca
18	Payne, Travis	Lutheran Hig
19	Nelson, Logan	Lutheran Hig

Section 3 of 3 Finals

1	Smith, Dylan	Cherokee Tra
2	Collings, Noel	Douglas Coun
3	Royer, Blake	Castle View
4	Gesick, Cody	Greeley West
5	Bartunek, Nathaniel	Castle View
6	Chiguasuque Caicedo, Simon	Rangeview Hi
7	Bel, Andrew	Colorado Spr
8	Ortega, Giancarlo	Highlands Ra
9	Fillion, Eli	Colorado Spr
10	Ogg, Aiden	Cheyenne Mou
11	Locke, Garrett	Discovery Ca
12	Braun, Andrew	Discovery Ca
13	Wakimura, John	Mountain Vis
14	Fairweather, Joshua	Ponderosa Hi
15	Windholz, Andrew	Mountain Vis
16	Goutell, Dane	Douglas Coun
17	Hammond, Everett	Cherokee Tra
18	Balfe, Sean	Mountain Vis
19	Morine, Noah	Castle View

Event 20 Girls 200 Meter Dash**Lane Name School Seed Time****Section 1 of 7 Finals**

3	LaBriola, Haley	Ponderosa Hi
4	Pi, Jazelle	Cheyenne Mou
5	Hanson, Phoebe	Thomas Macla
6	Ngalame, Blessing	Regis Jesuit
7	Tacky-Addy, Grace	Rangeview Hi
8	Emanuel, Gabrielle	Rangeview Hi

2023 Ponderosa Frosh/Soph Invitational - 4/11/2023 to 4/12/2023

EchoPark Stadium
Meet Program - Running**Section 2 of 7 Finals...(Event 20 Girls 200 Meter Dash)**

1	thrun, michelina	ThunderRidge
2	Goble, Nevaeh	Douglas Coun
3	Barnhart, Meredith	Lutheran Hig
4	Ramirez-Actouka, Lily	Thomas Macla
5	Hounshell, Mya	Strasburg Hi
6	Vialpondo, Olivia	Strasburg Hi
7	Bram, Alyssum	Colorado Spr
8	Snitker, Elsa	Regis Jesuit
9	Burgoyne, Layla	ThunderRidge

Section 3 of 7 Finals

1	Mason, Nour	Columbine Hi
2	Verones, Aneliese	Monument Aca
3	Odendahl, Ella	Denver Chris
4	Donovan, Naomi	Colorado Spr
5	Cruz, Ariana	Cheyenne Mou
6	Strasser, Dakota	Strasburg Hi
7	Ross, Kamdyn	Elizabeth Hi
8	Colosimo, Claire	Rampart High
9	Duvall, Tatum	Thomas Macla

Section 4 of 7 Finals

1	Maldonado, Serenity	Greeley West
2	Inama, Jubilee	Palmer Ridge
3	Sternberg, Camdyn	Columbine Hi
4	Benitez Gutierrez, Nairis	Greeley West
5	Austin, Bree	Denver Chris
6	McCormick, Adelyn	Palmer Ridge
7	Reid, Azalea	Ponderosa Hi
8	Melvin, Brooklyn	Columbine Hi
9	Tinan, Cecilia	Rampart High

Section 5 of 7 Finals

1	Sevinsky, Emily	Mountain Vis
2	Almquist, Aliyah	Elizabeth Hi
3	Newman, Myra	Palmer Ridge
4	Schmeltekopf, Carolyn	Valor Christ
5	Kelly, Brooke	Cheyenne Mou
6	Sala, Maya	Legend High
7	Mitchell, Elisabeth	Cherokee Tra
8	Shelton, Laila	Discovery Ca
9	Owen, Maya	Regis Jesuit

Section 6 of 7 Finals

1	Hayden, Ashlyn	Mountain Vis
2	White, Claire	Mountain Vis
3	Wichmann, Natalie	Lutheran Hig
4	Hansen, Kendelle	Legend High
5	Stokes, Taisyn	Cherokee Tra
6	Valkner, Shea	Ponderosa Hi
7	Saxon, Anna	Rampart High
8	Canales, Elizabeth	Valor Christ
9	Moroka, Aria	Greeley West

Section 7 of 7 Finals

1	Brenning, Noelle	Legend High
2	Stewart, Elsbeth	Discovery Ca
3	Gayfield, Morgan	Douglas Coun
4	Simonich, Ezra	Highlands Ra
5	Smolen, Madi	Lutheran Hig
6	Traylor-Statewright, Triniti	Cherokee Tra
7	Naushad, Sasha	Highlands Ra
8	Prehm, Kira	Discovery Ca
9	Toaipa, Arianna	Elizabeth Hi

Event 21 Boys 200 Meter Dash

Lane	Name	School	Seed Time
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Section 1 of 7 Finals

1	Matheson, Anthony	Legend High
2	Foley, Lucas	Columbine Hi
3	Weise, Charles	Regis Jesuit
4	Weiner, Cal	Cheyenne Mou
5	Vest, Cole	Columbine Hi
6	Du, David	Greeley West
7	Hernandez, Jonathan	Greeley West
8	Lewandowski, Conner	Palmer Ridge
9	Laucella, Daniel	Regis Jesuit

Section 2 of 7 Finals

1	Cardwell, Daylen	Rangeview Hi
2	Parris, Kai	Thomas Macla
3	Victor, Declan	Regis Jesuit
4	Mardis, Liam	Monument Aca
5	Galindo, Giovanni	Strasburg Hi
6	Hatley, Aiden	Monument Aca
7	Anderson, Xander	Columbine Hi
8	Toliver-Qualls, Jay'sean	Rangeview Hi
9	North, Declan	Thomas Macla

Section 3 of 7 Finals

1	Floyd, Marcelis	Palmer Ridge
2	Gayfield, Malaiki	Douglas Coun
3	Layne, Dakota	Cheyenne Mou
4	Bennett, Maximus	Douglas Coun
5	Mayes, Mekhi	Monument Aca
6	Lobato, Josiah	Denver Chris
7	Loya Menchaca, Kristopher	Greeley West
8	Van Arnam, George	Thomas Macla
9	Rankin, Wyatt	Palmer Ridge

Section 4 of 7 Finals

1	Okhihan, Ojemen	Rangeview Hi
2	Osentoski, Nathan	Lutheran Hig
3	Schnittker, Daniel	Highlands Ra
4	Russell, Will	Mountain Vis
5	Rogers, William	Valor Christ
6	Arnold, Aiden	Highlands Ra
7	Parra, Jorge	Strasburg Hi
8	O'Connor, Jackson	Valor Christ
9	Priddy, Nathan	Strasburg Hi

2023 Ponderosa Frosh/Soph Invitational - 4/11/2023 to 4/12/2023

EchoPark Stadium
Meet Program - Running**Section 5 of 7 Finals...(Event 21 Boys 200 Meter Dash)**

1	Chou, Daniel	Cheyenne Mou
2	Long, Caden	Elizabeth Hi
3	Wysocki, Preston	Discovery Ca
4	Quesada, Merrick	Rampart High
5	Smith, Seneca	Rampart High
6	Sola, Carter	Lutheran Hig
7	Herbek, Ben	Lutheran Hig
8	Jenkins, Jarrett	Douglas Coun
9	Joos, Jace	Highlands Ra

Section 6 of 7 Finals

1	Brown, Andrew	Elizabeth Hi
2	Leffler, Carter	Rampart High
3	Francis, Jaden	Elizabeth Hi
4	Pekarek, Ethan	Ponderosa Hi
5	Tucker, Brian	Cherokee Tra
6	Dantzler, Terrence	Discovery Ca
7	Baxter, Sean	Ponderosa Hi
8	Mendl, Colton	Ponderosa Hi
9	Latch, Charles	Discovery Ca

Section 7 of 7 Finals

1	Goodenow, Ryan Bo	ThunderRidge
2	McWhorter, Troy	Legend High
3	Conway, Sean	Mountain Vis
4	Fick, Ryan	Valor Christ
5	Kombo, Kaelan	Cherokee Tra
6	Hoffsetz, Nick	Cherokee Tra
7	Marsenich, Michael	Legend High
8	Stanley, Breyden	Ponderosa Hi
9	Bailey, Bryce	Mountain Vis

Event 22 Girls 3200 Meter Run

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Loeks, Piper	Elizabeth Hi	
2	Foco, Zoey	Ponderosa Hi	
3	Wilson, Sloan	Castle View	
4	Quintanilla, Selena	Rampart High	
5	Hills, Molly	Denver Chris	
6	Mitchell, Gianna	Mountain Vis	
7	Fesker, Adeline	Mountain Vis	
8	Ericson, Ella	Mountain Vis	
9	Stanley, Rachael	Palmer Ridge	
10	Wilson, Kathryn	Regis Jesuit	
11	Hull, Emilia	Regis Jesuit	
12	Walton, Moriah	Castle View	
13	Hicks, Mylie	Elizabeth Hi	
14	Spangler, Pepper	Elizabeth Hi	
15	Freeman, Rhiannon	Ponderosa Hi	
16	Binnings, Mia	Cheyenne Mou	
17	Kelley, Kayla	Cheyenne Mou	
18	Haring, Emma	Cheyenne Mou	
19	Harrell, Addison	Ponderosa Hi	
20	Pederson, Kelsey	Legend High	
21	Cortes, Ernestina	Legend High	

Event 23 Boys 3200 Meter Run

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Shelley, Tate	Cheyenne Mou	
2	Lehman, Luke	Cheyenne Mou	
3	Neibauer, Oliver	Cherokee Tra	
4	Delmoro, Alec	Regis Jesuit	
5	Clary, Cole	Palmer Ridge	
6	Occhipinti, Luke	Palmer Ridge	
7	Meier, Jonathan	Legend High	
8	Ballesteros, Carlos	Castle View	
9	Guevara-Hudson, Antonio	Elizabeth Hi	
10	Smith, Samuel	Ponderosa Hi	
11	Koranda, Ej	Ponderosa Hi	
12	Baxter, Ryan	Elizabeth Hi	
13	Charkut, Rylan	ThunderRidge	
14	Johnson, Casey	Thomas Macla	
15	Ramon, Ben	Mountain Vis	
16	Dolley, Andrew	Legend High	
17	Wilson, Spencer	Mountain Vis	
Section 2 of 2 Finals			
1	Harrell, Taten	Ponderosa Hi	
2	Gibbs, Jacob	Castle View	
3	Kittel, Andrew	Cherokee Tra	
4	Battistoni, Dyson	Elizabeth Hi	
5	Johnson, Camden	Lutheran Hig	
6	Anderson, Nico	Mountain Vis	
7	James, Israel	Strasburg Hi	
8	O'Keefe, Thomas	Regis Jesuit	
9	Reynolds, Ian	Denver Chris	
10	Beatty, Joseph	Regis Jesuit	
11	Gillies, Alex	Castle View	
12	Krieger, Jackson	Lutheran Hig	
13	Kipchumba, Shawn	Thomas Macla	
14	Chadeayne, Josh	Cherokee Tra	
15	Penley, Soren	Cheyenne Mou	
16	Blaziz, Kynan	Thomas Macla	
17	Fidducia, Alexander	Highlands Ra	

2023 Ponderosa Frosh/Soph Invitational - 4/11/2023 to 4/12/2023

EchoPark Stadium
Meet Program - Running**Event 24 Girls 4x400 Meter Relay**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Regis Jesuit	A	
2	Discovery Ca	A	
3	Strasburg Hi	A	
	1) O'Malley, Braidyn	2) Damron, Hannah	
	3) Damron, Natalie	4) Marrero, Peighton	
4	Mountain Vis	A	
	1) Watson, Sarah	2) Twete, Addi	
	3) Christians, Carly	4) Boeckman, Gabriela	
5	Cheyenne Mou	A	
6	Legend High	A	
7	Palmer Ridge	A	
	1) Bossinger, Annaliese	2) McCormick, Adelyn	
	3) O'Donnell, Isabella	4) Marjon, Lilli	
8	Thomas Macla	A	
	1) Hrbacek, Kathleen	2) Small, Riley	
	3) Pukajlo, Olivia	4) Laybourne, Laura	
9	Lutheran Hig	A	

Event 25 Boys 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Cheyenne Mou	A	
2	Cherokee Tra	A	
3	Legend High	A	
4	Rampart High	A	
	1) Warner, Ethan	2) Smith, Tug	
	3) Reid, Caden	4) Burdick, Tylon	
5	Discovery Ca	A	
6	Strasburg Hi	A	
	1) Garcia, Damien	2) Parra, Jorge	
	3) Redd, Jeremiah	4) Grow, Nate	
7	Columbine Hi	A	
8	Thomas Macla	A	
	1) Rasmussen, Peter	2) Newton, Miles	
	3) Murschel, Cody	4) Gilliland, Jacob	
9	Ponderosa Hi	A	
	1) Fairweather, Joshua	2) Baxter, Sean	
	3) Burrell, Zaiden	4) Parrish, Gage	
10	Lutheran Hig	A	
11	Mountain Vis	A	