20th Annual Mullen Invitational

Saturday April 8, 2017 @ Mullen High School

Concept- No team scores, this is all about having athletes achieve great times and distances! For every heat, or flight in a event, there will be three medal winners. These medals are huge and especially made this year by Ashworth Awards, which makes medals for the Boston Marathon, and Ironman events. They are given to the athletes just as they finish their race or field event. All running events are seeded to have the fastest together in the invitational event last, and on down from there , which should make heats very similar with athletes. This gives everyone an opportunity to win a medal during the day. We have a eight-lane Munich blue track that is very fast! ( as in 23.8 fast last year)

Gatorade is a major sponsor of this event, and they provide free bottles during the day at three locations…..finish line, warm –up area, and holding pen. Last year, their rep promised she was greatly going to increase our product!

In the Invitational events for girls, there is also a flower bouquet, and boys get a backpack for individual events in the Invitational. There are awards for the top male and female in both the running and field events, and they will receive a glass etched plaque and a Timex watch….this happens before the mile relays.

New: Each school will be able to submit three athletes per event. We have increased many events by both number of heats and size. But just like in the past, we will contact you by Wed. night, or Thur. morning with qualifiers and heat #. All relays are automatically accepted into the meet. Entry deadline on Coloradomilesplit.com will be Wednesday April 5th, by 7:00p.m. Questions: Tom Merelli – 303-591-9938. Last year we ran the same schedule as this year and finished by 5:30p.m. We will run a little ahead, but not move to much forward until the afternoon.

Events: Boys- 100, 200, 400, 800, 1600, 3200, 4x1, 4x2, 4x4, 4x8, pv, HJ, shot, discus, long jump, triple jump, 110H, and 300H

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Girls- 100,200, 400, 800, 1600, 3200, 4x1, 4x2, 4x4, 4x8, pv, HJ, shot,

discus, long jump, triple jump, 100H, and 300H

Time Schedule: Gates open at 7:00a.m., and the meet starts at 8:00a.m. sharp with the 4x8 relays. We are always on schedule or ahead of schedule within reason. Tents can be placed on the top level of the bleachers, the grassed area near the fountain in the northeast corner, or the grass area just inside the Southeast gate and going around the track.

Parking: Please remind you parents and athletes not to park in the housing area west of the stadium, or in the Ft. Logan cemetery.

Coaches Lunches: Lunch for the coaches will be again provided by Outback Steakhouse, with a choice of a hamburger or chicken sandwich. This comes with chips and a water. Last year we had three hundred lunches…this year they upped it to four hundred!

Coaches: Remember that for each relay event…regardless of the heat…the top relay time wins the coach a new stopwatch. Come to the press box window in the stands and claim your prize.

Weigh-in: Starts at 7:40a.m. the east side of the field house…which is north of the track. Look for the open door to the green room. The shot and discus area are north of the Spirit Center. We also use Newton blocks.

Time Schedule: Included in this letter, or call the athletic secretary- Vicki Conte ( 303-761-1764)

Cost: $300 per team, checks made out to Mullen High School. Attn: Vickie Conte on the envelope. We would appreciate a quick response! Cost for six or less will be $175.

Admission: Athletes must wear their uniform to get in free, Parents and children over 8 will be charged $5. Coloradomilesplit covers this meet, and we also are designated for national streaming coverage!!! Best wishes for a great spring. Coach John Hancock Mullen