

**Continental League 9/10 Championship 2024 - 4/24/2024****EchoPark Stadium****Meet Program - Running****Event 1 Girls 800 Sprint Medley**

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

4	Ponderosa Hi	A	
5	Legend High	A	
6	ThunderRidge	A	
7	Regis Jesuit	A	

**Event 2 Girls 4x800 Meter Relay**

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1	ThunderRidge	A	
2	Ponderosa Hi	A	
	1) Lopez, Marisa	2) Barrett, Ava	
	3) Foco, Zoey	4) Freeman, Rhiannon	
3	Legend High	A	
4	Douglas Coun	A	
5	Castle View	A	
	1) Enger, Claire	2) Garvin, Ayden	
	3) Salazar, Nahlia	4) Van Slyke, Teagan	
6	Regis Jesuit	A	
	1) Mykoniatis, Eleni	2) Owen, Addy	
	3) Hull, Gemma	4) Levkulich, Caitlin	

**Event 3 Boys 4x800 Meter Relay**

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1	ThunderRidge	A	
2	Legend High	A	
3	Douglas Coun	A	
4	Castle View	A	
	1) Frueh, Rylan	2) Bartunek, Nathaniel	
	3) Morine, Noah	4) Kolbe, Kaleb	
5	Ponderosa Hi	A	
	1) Koranda, Moza	2) Folchert, Chase	
	3) Cole, Hunter	4) Whitted, Jaydon	
6	Rock Canyon	A	
	1) Canter, Preston	2) Disbrow, Eli	
	3) Shaw, John	4) Steadman, Ashton	
7	Heritage Hig	A	
	1) Kelso, Michael	2) Robbins, Elliott	
	3) Ferris, Jacob	4) Belcher, Nash	

**Event 4 Girls 100 Meter Hurdles**

Lane	Name	School	Seed Time
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**Section 1 of 4 Finals**

3	Ekabong, Natalie	Mountain Vis	
4	Beer, Amelia	ThunderRidge	
5	Sanchez, Sierra	ThunderRidge	
6	Chihoski, Joelle	Ponderosa Hi	
7	Haanen, Sierra	Heritage Hig	

**Section 2 of 4 Finals**

2	Vanderkolk, Brinton	ThunderRidge
3	Kimmach, Grace	Mountain Vis
4	Dobosz, Klara	Castle View
5	Friday, Allison	Ponderosa Hi
6	Cowling, Sara	Legend High
7	Seeman, Hailey	Legend High
8	Kim, Jane	Regis Jesuit
9	Gorman, Cailleigh	Ponderosa Hi

**Section 3 of 4 Finals**

1	Barnes, Mayte	Regis Jesuit
2	Anderson, Adele	Castle View
3	Richmond, Jesminda	Douglas Coun
4	Wren, Mara	Highlands Ra
5	Madsen, Lauren	Rock Canyon
6	Nielsen, Reese	ThunderRidge
7	Walsh, Mckenna	Chaparral Hi
8	Martinez, Elen	Castle View
9	Llamozas, Grace	Chaparral Hi

**Section 4 of 4 Finals**

1	Lorenz, Cierra	Rock Canyon
2	Stratton, Mara	Rock Canyon
3	Enriquez, Elena	Rock Canyon
4	Lenz, Keira	Douglas Coun
5	Hyer, Rhyla	Douglas Coun
6	Lewis, Ellie	Mountain Vis
7	Dawson, Danielle	Heritage Hig
8	Bonds, Anna	Mountain Vis
9	Mayhew, Madilyn	Legend High

**Event 5 Boys 110 Meter Hurdles**

Lane	Name	School	Seed Time
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**Section 1 of 3 Finals**

3	Ahlstrom, Dayton	ThunderRidge
4	Wendell, Lukas	Castle View
5	Lobello, Franklin	Douglas Coun
6	Grissom, Zach	Heritage Hig
7	Neumann, Camden	ThunderRidge

**Section 2 of 3 Finals**

3	Weis, Hans	ThunderRidge
4	Gilloth, Charlie	Heritage Hig
5	Johnston, Sean	Mountain Vis
6	Martin, Cory	Castle View
7	Geiser, Finn	Rock Canyon
8	Hastings, Cole	Heritage Hig

**Section 3 of 3 Finals**

1	Holt, Jeremy	ThunderRidge
2	Holmes, Grover	Legend High
3	Gean, Christian	Castle View
4	McRae, Kaidale	Ponderosa Hi
5	Murphy, Ryan	Rock Canyon
6	Hart, Haden	Highlands Ra
7	Bigley, Devin	Rock Canyon
8	Winkler, Brody	Heritage Hig
9	Preedom, Lucas	Legend High

**Continental League 9/10 Championship 2024 - 4/24/2024****EchoPark Stadium****Meet Program - Running****Event 6 Girls 100 Meter Dash**

Lane	Name	School	Seed Time
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**Section 1 of 5 Finals**

3	Patrick, Addison	Rock Canyon	
4	Straub, Kellyn	Chaparral Hi	
5	Martin, Sophia	Chaparral Hi	
6	Dub, Annie	Douglas Coun	
7	Devireddy, Brunda	Rock Canyon	

**Section 2 of 5 Finals**

3	Caldwell, Alexandria	ThunderRidge	
4	Chapman, Natalie	Rock Canyon	
5	Jones, Aalayah	Douglas Coun	
6	Hasten, Natalie	Mountain Vis	
7	Nielsen, KileyBelle	ThunderRidge	
8	Wooten, Ayla	Chaparral Hi	

**Section 3 of 5 Finals**

1	Sardella, Nicole	Mountain Vis	
2	Deatherage, McKenna	Regis Jesuit	
3	Burgoyne, Layla	ThunderRidge	
4	Walsh, Aubrey	Highlands Ra	
5	Paschal, Adeline	Legend High	
6	Gray, Aidan	Douglas Coun	
7	Barnes, Mayte	Regis Jesuit	
8	O'Keefe, Grace	Regis Jesuit	
9	Watson, DeLisha	Ponderosa Hi	

**Section 4 of 5 Finals**

1	Bradley, Hosanna	Legend High	
2	Zimmerman, Kayden	Castle View	
3	Hess, Kila	Ponderosa Hi	
4	O'Neil, Meredith	ThunderRidge	
5	Davenport, Emma	Rock Canyon	
6	Gaskin, Cianna	Regis Jesuit	
7	Britt, Avery	Ponderosa Hi	
8	Wieter, Rhya	Castle View	
9	Bauer, Adelaide	Mountain Vis	

**Section 5 of 5 Finals**

1	Gayfield, Morgan	Douglas Coun	
2	Brown, Jenna	Legend High	
3	Shinabery, Alena	Heritage Hig	
4	Walters, Kennedy	Ponderosa Hi	
5	O'Donnell, Sophia	Chaparral Hi	
6	Clarke, Olivia	Castle View	
7	Sessions, Gabriella	Castle View	
8	McLeod, Addison	Highlands Ra	
9	Betschart, Reese	Legend High	

**Event 7 Boys 100 Meter Dash**

Lane	Name	School	Seed Time
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**Section 1 of 5 Finals**

3	Petersen, Carson	Heritage Hig	
4	Parkes, Kaiden	Highlands Ra	
5	Baccari, Braden	Heritage Hig	
6	Sleight, Zackary	Chaparral Hi	
7	Burkhart, Levi	Douglas Coun	

**Section 2 of 5 Finals**

2	Larson, John	Highlands Ra	
3	Brogno, Luke	Rock Canyon	
4	Sander, Major	Douglas Coun	
5	Espinoza, Colter	Ponderosa Hi	
6	Cole, Tristen	Ponderosa Hi	
7	Geersen, Will	Mountain Vis	
8	Meyer, Owen	Regis Jesuit	

**Section 3 of 5 Finals**

1	Myers, Maximus	Douglas Coun	
2	Chung Chen, Skyfong	Highlands Ra	
3	Stasiak, Wil	Castle View	
4	Letsis, Roman	Castle View	
5	Sorenson, Dieuvenson	ThunderRidge	
6	Oconner, Kaeden	Castle View	
7	McCabe, Aiden	Rock Canyon	
8	Poskochil, Michael	Chaparral Hi	
9	Willer, Archie	Regis Jesuit	

**Section 4 of 5 Finals**

1	Conway, Aidan	Mountain Vis	
2	Morris, Benjamin	ThunderRidge	
3	Michelena, Gabriel	ThunderRidge	
4	Vondee-Quartey, Joel	Mountain Vis	
5	Asobo, Amauri	Regis Jesuit	
6	Kloster, Brody	Castle View	
7	Matheson, Anthony	Legend High	
8	Case, Nolan	Douglas Coun	
9	Ingrassia, Kai	Rock Canyon	

**Section 5 of 5 Finals**

1	Burke, Frederick	Legend High	
2	Lanoha, Luke	Regis Jesuit	
3	Walters, Bransen	Ponderosa Hi	
4	McWhorter, Troy	Ponderosa Hi	
5	Bailey, Brooklyn	Mountain Vis	
6	Matteson, Case	Legend High	
7	Booth, Charles	Chaparral Hi	
8	Maxam, Charlie	Rock Canyon	
9	Vasquez, Diego	Legend High	

**Event 8 Girls 4x200 Meter Relay**

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

2	Douglas Coun	A	
3	Castle View	A	
	1) Dunaway, Elizabeth		2) Kelley, Carlyn
	3) Vandaveer, Anna		4) Yore, Vivian
4	Legend High	A	
5	ThunderRidge	A	
6	Mountain Vis	A	
	1) Besch, Kayleigh		2) Smith, Brynn
	3) Bauer, Adelaide		4) Akey, Ariana
7	Rock Canyon	A	
	1) Cecil, Maren		2) Davenport, Emma
	3) Patrick, Addison		4) Scott, Lauren
8	Regis Jesuit	A	

**Continental League 9/10 Championship 2024 - 4/24/2024****EchoPark Stadium****Meet Program - Running****Event 9 Boys 4x200 Meter Relay**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
2	Ponderosa Hi	A	
	1) Becker, Preston	2) Gilbet, Tyler	
	3) Thiess, Austin	4) Parrish, Gage	
3	Regis Jesuit	A	
4	Legend High	A	
5	ThunderRidge	A	
6	Mountain Vis	A	
	1) Nelson, Lincoln	2) Wheeler, Graham	
	3) Ingrassia, Kade	4) Conway, Aidan	
7	Rock Canyon	A	
	1) Brock, Tyler	2) Brogno, Luke	
	3) Makooi, Navid	4) Waller, Luke	
8	Douglas Coun	A	

**Event 10 Girls 1600 Meter Run**

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Vigil, Sophia	ThunderRidge	
2	Caruthers, Ella	ThunderRidge	
3	Searle, Kiera	Douglas Coun	
4	Cappizzi, Giovanna	Rock Canyon	
5	Hudson, Phoebe	Heritage Hig	
6	Mahr, Kelsey	Heritage Hig	
7	Graves, Megan	Rock Canyon	
8	Garner, Lilly	ThunderRidge	
9	Rouillard, Julia	Legend High	
10	Wember, Heather	Regis Jesuit	
11	Cook, Charlotte	Ponderosa Hi	
12	Covington, Lexi	ThunderRidge	
13	Elya, McKinlee	Legend High	
14	Breetz, Natalie	Regis Jesuit	
15	Michels, Audrey	Regis Jesuit	
16	Elze, Dakota	Rock Canyon	
17	Kabadi, Teresa	Regis Jesuit	
<b>Section 2 of 2 Finals</b>			
1	Parry, Hayden	Chaparral Hi	
2	Parry, Kapri	Chaparral Hi	
3	Christians, Carly	Mountain Vis	
4	Kast, Kaylie	Mountain Vis	
5	Twete, Addi	Mountain Vis	
6	Brice, Anna	Mountain Vis	
7	Persichina, Sutton	Chaparral Hi	
8	Foco, Zoey	Ponderosa Hi	
9	Sabey, Swede	Chaparral Hi	
10	Dugan, Aurora	Rock Canyon	
11	Faris, Savannah	Legend High	
12	Haselhorst, Hannah	Douglas Coun	
13	Lopez, Marisa	Ponderosa Hi	
14	Franks, Laura	Douglas Coun	
15	Brannan, Emrie	Legend High	
16	Freeman, Rhiannon	Ponderosa Hi	
17	Sanchez, Brianna	Douglas Coun	

**Event 11 Boys 1600 Meter Run**

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Parker, Noah	Heritage Hig	
2	Legorreta, Alexander	Castle View	
3	Oldenburg, Elliot	ThunderRidge	
4	Gamlin, Tommy	Chaparral Hi	
5	Captain, Grant	Highlands Ra	
6	Quintana, Madden	Rock Canyon	
7	Peterson, Brooks	Legend High	
8	Staael, Christopher	ThunderRidge	
9	Koranda, Ej	Ponderosa Hi	
10	Chestnut, Kendall	Castle View	
11	Chapman, Sean	Ponderosa Hi	
12	Davis, Brady	Legend High	
13	Martin, Liam	Regis Jesuit	
14	Wendell, Lukas	Castle View	
15	Hartl, Nicholas	Douglas Coun	
16	Payne, Brandt	Ponderosa Hi	
17	Gramling, Nicholas	Douglas Coun	
18	Bax, Grant	Regis Jesuit	
19	Burke, Sam	Regis Jesuit	
20	Garvey, Brooks	Chaparral Hi	
21	Steinbach, Brock	Highlands Ra	
22	Meza, Elan	Heritage Hig	
23	Durden, Mark	Legend High	
24	Shepard, Sean	Douglas Coun	
25	Prusse, Matthew	ThunderRidge	
26	Bell, Xavier	Heritage Hig	
27	Jenson, Max	Chaparral Hi	
<b>Section 2 of 2 Finals</b>			
1	Laity, Dylan	Rock Canyon	
2	Andrew, Brady	Rock Canyon	
3	Griffiths, Alexander	Legend High	
4	Saum, Mason	Regis Jesuit	
5	Anderson, Nico	Mountain Vis	
6	Hill, Tyler	Rock Canyon	
7	Goutell, Dane	Douglas Coun	
8	Gibbs, Jacob	Castle View	
9	Schwab, Hunter	Chaparral Hi	
10	Bolthouse, Kenneth	Mountain Vis	
11	Saito, Evan	ThunderRidge	
12	Beebe, Chase	Mountain Vis	
13	Archer, Andrew	Mountain Vis	
14	Schildt, Jacob	Ponderosa Hi	
15	Waller, Jackson	Heritage Hig	

## Continental League 9/10 Championship 2024 - 4/24/2024

## EchoPark Stadium

## Meet Program - Running

## Event 12 Girls 4x100 Meter Relay

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
2	Douglas Coun	A	
3	Castle View	A	
	1) Zimmerman, Kayden	2) Modlinski, Aubrey	
	3) Dunaway, Elizabeth	4) Sessions, Gabriella	
4	ThunderRidge	A	
5	Legend High	A	
6	Ponderosa Hi	A	
	1) Britt, Avery	2) Hess, Kila	
	3) Walters, Kennedy	4) Watson, DeLisha	
7	Regis Jesuit	A	
8	Rock Canyon	A	
	1) Cecil, Maren	2) Davenport, Emma	
	3) Patrick, Addison	4) Scott, Lauren	

## Event 13 Boys 4x100 Meter Relay

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Regis Jesuit	A	
2	Ponderosa Hi	A	
	1) Cole, Tristen	2) Espinoza, Colter	
	3) Twork, John	4) Parrish, Gage	
3	Mountain Vis	A	
	1) Vondee-Quartey, Joel	2) Akey, Carson	
	3) Conway, Aidan	4) Bailey, Brooklyn	
4	ThunderRidge	A	
5	Legend High	A	
6	Chaparral Hi	A	
	1) Ulman, Erik	2) Yen, Ying-Te	
	3) Kurtz, Maddox	4) Zawadowski, Berkley	
7	Castle View	A	
	1) Stasiak, Wil	2) Letsis, Roman	
	3) Kloster, Brody	4) Martin, Cory	
8	Rock Canyon	A	
	1) Brock, Tyler	2) Ingrassia, Kai	
	3) Makooi, Navid	4) Maxam, Charlie	
9	Douglas Coun	A	

## Event 14 Girls 400 Meter Dash

Lane	Name	School	Seed Time
<b>Section 1 of 3 Finals</b>			
2	Coyle, Carina	Chaparral Hi	
3	Nielsen, KileyBelle	ThunderRidge	
4	Nelsn, Isabell	ThunderRidge	
5	Marsh, Sylvia	Regis Jesuit	
6	Kaltenbach, Gabrielle	Regis Jesuit	
7	Moss, Leah	Regis Jesuit	
8	Lewis, Ella	Douglas Coun	
9	Bauer, Adelaide	Mountain Vis	

## Section 2 of 3 Finals

1	Runge, Sarah	Regis Jesuit
2	Dub, Annie	Douglas Coun
3	Scott, Lauren	Rock Canyon
4	Sardella, Nicole	Mountain Vis
5	Cecil, Maren	Rock Canyon
6	Reslan, Mae	Legend High
7	Thompson, Lucille	Legend High
8	Downing, Annabel	Highlands Ra
9	Larsen, Alexa	Legend High

## Section 3 of 3 Finals

1	Graf, Elisabeth	Legend High
2	Wagoner, McKenzie	ThunderRidge
3	Smith, Brynn	Mountain Vis
4	Yore, Vivian	Castle View
5	Akey, Ariana	Mountain Vis
6	Clarke, Olivia	Castle View
7	Seibold, Agatha	Chaparral Hi
8	Modlinski, Aubrey	Castle View
9	Kelley, Carlyn	Castle View

## Event 15 Boys 400 Meter Dash

Lane	Name	School	Seed Time
<b>Section 1 of 4 Finals</b>			
3	Ayotte, Aaron	Mountain Vis	
4	Garcia, Nathaniel	Highlands Ra	
5	Wacker, Tyler	ThunderRidge	
6	Adams, Michael	Highlands Ra	
7	Daspit, Casey	Regis Jesuit	
<b>Section 2 of 4 Finals</b>			
2	Auchterlonie, Graham	Regis Jesuit	
3	Varnell, Jaxom	Chaparral Hi	
4	Pedersen, Jack	ThunderRidge	
5	Calleroz, Max	Rock Canyon	
6	Hume, Rylan	Highlands Ra	
7	Sander, Major	Douglas Coun	
8	McClellan, John	ThunderRidge	
9	Beller, Andrew	Regis Jesuit	
<b>Section 3 of 4 Finals</b>			
1	Murphy, Daykin	Rock Canyon	
2	Calleroz, Quinn	Rock Canyon	
3	Willcockson, Jake	Ponderosa Hi	
4	Oconner, Kaeden	Castle View	
5	Robinson, Kai	Legend High	
6	Gayfield, Malaiki	Douglas Coun	
7	Willer, Archie	Regis Jesuit	
8	Anderson, Markus	Mountain Vis	
9	Bah, Amadou	Mountain Vis	

**Continental League 9/10 Championship 2024 - 4/24/2024****EchoPark Stadium****Meet Program - Running****Section 4 of 4 Finals...(Event 15 Boys 400 Meter Dash)**

1	Grover, Andrew	Ponderosa Hi
2	Corcoran, Ian	Douglas Coun
3	Hadley, Camden	Rock Canyon
4	Akey, Carson	Mountain Vis
5	Lee, Ben	ThunderRidge
6	Broder, Kenneth	Castle View
7	Reynolds, Max	Legend High
8	Bokros, Brendan	Chaparral Hi
9	Lemon, Oliver	Legend High

**Event 16 Girls 300 Meter Hurdles**

Lane	Name	School	Seed Time
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**Section 1 of 3 Finals**

3	Sanchez, Sierra	ThunderRidge
4	Beer, Amelia	ThunderRidge
5	Vanderkolk, Brinton	ThunderRidge
6	Kimberly, Lacey	Legend High
7	Quarles, Ava	Regis Jesuit

**Section 2 of 3 Finals**

1	Friday, Allison	Ponderosa Hi
2	Gorman, Cailleigh	Ponderosa Hi
3	Dobosz, Klara	Castle View
4	Cowling, Sara	Legend High
5	Stratton, Mara	Rock Canyon
6	Anderson, Adele	Castle View
7	Lorenz, Cierra	Rock Canyon
8	Nielsen, Reese	ThunderRidge
9	Kim, Jane	Regis Jesuit

**Section 3 of 3 Finals**

1	Walsh, McKenna	Chaparral Hi
2	Madsen, Lauren	Rock Canyon
3	Mayhew, Madilyn	Legend High
4	Enriquez, Elena	Rock Canyon
5	Baker, Logan	Castle View
6	Brown, Jenna	Legend High
7	Hyer, Rhyla	Douglas Coun
8	Lenz, Keira	Douglas Coun
9	Martinez, Elen	Castle View

**Event 17 Boys 300 Meter Hurdles**

Lane	Name	School	Seed Time
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**Section 1 of 3 Finals**

3	Hastings, Cole	Heritage Hig
4	Grissom, Zach	Heritage Hig
5	Lobello, Franklin	Douglas Coun
6	Ahlstrom, Dayton	ThunderRidge
7	Wendell, Lukas	Castle View

**Section 2 of 3 Finals**

3	Neumann, Camden	ThunderRidge
4	Geiser, Finn	Rock Canyon
5	Bigley, Devin	Rock Canyon
6	Winkler, Brody	Heritage Hig
7	Bowman, Reese	Chaparral Hi
8	Weis, Hans	ThunderRidge

**Section 3 of 3 Finals**

1	March, Joshua	Douglas Coun
2	Gilloth, Charlie	Heritage Hig
3	Martin, Cory	Castle View
4	Hart, Haden	Highlands Ra
5	Murphy, Ryan	Rock Canyon
6	Holmes, Grover	Legend High
7	Gean, Christian	Castle View
8	Preedom, Lucas	Legend High
9	Holt, Jeremy	ThunderRidge

**Event 18 Girls 800 Meter Run**

Lane	Name	School	Seed Time
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**Section 1 of 2 Finals**

1	Sanchez, Brianna	Douglas Coun
2	Fitch, Harper	Legend High
3	Gillman, Ellie	Heritage Hig
4	Mykoniatis, Eleni	Regis Jesuit
5	Thompson, Lyric	Rock Canyon
6	Owen, Addy	Regis Jesuit
7	Ruger, Riley	Heritage Hig
8	Levkulich, Caitlin	Regis Jesuit
9	Hull, Gemma	Regis Jesuit
10	Enger, Clare	Castle View
11	Goodenow, Piper	ThunderRidge
12	Nolan, Katie	Ponderosa Hi
13	Salazar, Nahlia	Castle View
14	Conklin, Kyla	Heritage Hig
15	Norton, Teagan	Highlands Ra
16	Staley, Abigail	Legend High
17	Wilkes, Kamryn	Ponderosa Hi
18	Ramirez, Isabelle	Douglas Coun
19	Mandrioli, Sienna	Castle View
20	Robinson, Stacy	Legend High

**Section 2 of 2 Finals**

1	Cimbura, Mila	Rock Canyon
2	Brice, Anna	Mountain Vis
3	Twete, Addi	Mountain Vis
4	Seifert, Mary	ThunderRidge
5	Christians, Carly	Mountain Vis
6	Decker, Sophia	Rock Canyon
7	Kast, Kaylie	Mountain Vis
8	Graham, Mia	Legend High
9	Alaimo, Mia	Rock Canyon
10	Wilson, Claire	ThunderRidge
11	Youde, Sydney	ThunderRidge
12	Garvin, Ayden	Castle View
13	Phillips, Audrey	Douglas Coun
14	Haselhorst, Hannah	Douglas Coun

**Continental League 9/10 Championship 2024 - 4/24/2024****EchoPark Stadium****Meet Program - Running****Event 19 Boys 800 Meter Run**

Lane	Name	School	Seed Time
<b>Section 1 of 3 Finals</b>			
1	Gramling, Nicholas	Douglas Coun	
2	Hartl, Nicholas	Douglas Coun	
3	Garlock, Sawyer	Regis Jesuit	
4	Vaughan, Isaak	Mountain Vis	
5	Durden, Mark	Legend High	
6	Katzer, William	Regis Jesuit	
7	Morris, Sean	Regis Jesuit	
8	Geisler, William	Mountain Vis	
9	Childs, Jackie	Heritage Hig	
10	Bliesmer, Brady	Legend High	
11	Reck, David	Heritage Hig	
12	Byers, Declan	Douglas Coun	
13	Garvey, Brooks	Chaparral Hi	
14	Gilchrist, Rivers	ThunderRidge	
<b>Section 2 of 3 Finals</b>			
1	Whitted, Jaydon	Ponderosa Hi	
2	Kleinschmidt, Aiden	Highlands Ra	
3	Kammann, Paul	Chaparral Hi	
4	Cortez, Anthony	Rock Canyon	
5	Crews, Craig	Ponderosa Hi	
6	Pereira de Almeida B, Frar	Mountain Vis	
7	Lutz, Grant	Legend High	
8	Bussie, Mason	Castle View	
9	Dinges, Cooper	ThunderRidge	
10	Morton, Phineas	Castle View	
11	Jenson, Max	Chaparral Hi	
12	Staael, Christopher	ThunderRidge	
13	McCloskey, Cooper	Regis Jesuit	
14	Waters, Alexander	ThunderRidge	
<b>Section 3 of 3 Finals</b>			
1	Adams, Benjamin	Mountain Vis	
2	Koranda, Moza	Ponderosa Hi	
3	Ortega, Giancarlo	Highlands Ra	
4	Thompson, Colter	Rock Canyon	
5	Morine, Noah	Castle View	
6	Folk, Liam	Heritage Hig	
7	McCague, Grant	Heritage Hig	
8	Pita, Westley	Rock Canyon	
9	Forget, Grayson	Highlands Ra	
10	Pfost, Rhys	Rock Canyon	
11	Peterson, Brooks	Legend High	
12	Scott, Curren	Castle View	

**Event 20 Girls 200 Meter Dash**

Lane	Name	School	Seed Time
<b>Section 1 of 4 Finals</b>			
2	Raizada, Zoya	Rock Canyon	
3	Dub, Annie	Douglas Coun	
4	Hill, Gemma	Mountain Vis	
5	Jones, Aalayah	Douglas Coun	
6	Costa-Salas, Julia	Rock Canyon	
7	Wooten, Ayla	Chaparral Hi	
8	Hatch, Siena	Mountain Vis	
9	Martin, Sophia	Chaparral Hi	
<b>Section 2 of 4 Finals</b>			
1	Watson, DeLiyha	Ponderosa Hi	
2	Ruscio, Lana	Regis Jesuit	
3	Owen, Maya	Regis Jesuit	
4	Roguske, Madelyn	Legend High	
5	Deatherage, McKenna	Regis Jesuit	
6	Johnson, McKinzie	Legend High	
7	Kim, Jane	Regis Jesuit	
8	Chapman, Natalie	Rock Canyon	
9	Nielsen, KileyBelle	ThunderRidge	
<b>Section 3 of 4 Finals</b>			
1	Walsh, Aubrey	Highlands Ra	
2	Caron, Ava	Legend High	
3	Coffman, Bailey	Legend High	
4	Zimmerman, Kayden	Castle View	
5	Carbone, Bridget	Highlands Ra	
6	Davenport, Emma	Rock Canyon	
7	Wieter, Rhya	Castle View	
8	Burgoyne, Layla	ThunderRidge	
9	Sardella, Nicole	Mountain Vis	
<b>Section 4 of 4 Finals</b>			
1	Smith, Brynn	Mountain Vis	
2	Sessions, Gabriella	Castle View	
3	McLeod, Addison	Highlands Ra	
4	Britt, Avery	Ponderosa Hi	
5	Clarke, Olivia	Castle View	
6	O'Donnell, Sophia	Chaparral Hi	
7	Shinabery, Alena	Heritage Hig	
8	Gayfield, Morgan	Douglas Coun	
9	Hurd, Maia	ThunderRidge	

**Event 21 Boys 200 Meter Dash**

Lane	Name	School	Seed Time
<b>Section 1 of 5 Finals</b>			
3	Kurtz, Maddox	Chaparral Hi	
4	Larson, John	Highlands Ra	
5	Meyer, Roman	Ponderosa Hi	
6	Nava, Trevor	Douglas Coun	
7	Parkes, Kaiden	Highlands Ra	

**Continental League 9/10 Championship 2024 - 4/24/2024****EchoPark Stadium****Meet Program - Running****Section 2 of 5 Finals...(Event 21 Boys 200 Meter Dash)**

1	Sleight, Zackary	Chaparral Hi
2	Ulman, Erik	Chaparral Hi
3	Tonkin, Jack	Regis Jesuit
4	Baccari, Braden	Heritage Hig
5	Weber, Hudson	ThunderRidge
6	Asobo, Amauri	Regis Jesuit
7	Coxe, Myles	Douglas Coun
8	Potts, Liam	Douglas Coun
9	Petersen, Carson	Heritage Hig

**Section 3 of 5 Finals**

1	Sanchez, Ethan	ThunderRidge
2	McCabe, Aiden	Rock Canyon
3	Bokros, Brendan	Chaparral Hi
4	Partridge, Evan	Highlands Ra
5	Willer, Archie	Regis Jesuit
6	Ingrassia, Kade	Mountain Vis
7	Gardner, Cael	Mountain Vis
8	Hoerler, Eric	ThunderRidge
9	Brock, Tyler	Rock Canyon

**Section 4 of 5 Finals**

1	Stasiak, Wil	Castle View
2	Myers, Maximus	Douglas Coun
3	Lanoha, Luke	Regis Jesuit
4	Maxam, Charlie	Rock Canyon
5	Kloster, Brody	Castle View
6	Matheson, Anthony	Legend High
7	Nelson, Lincoln	Mountain Vis
8	Letsis, Roman	Castle View
9	Michelena, Gabriel	ThunderRidge

**Section 5 of 5 Finals**

1	Burke, Frederick	Legend High
2	Vondee-Quartey, Joel	Mountain Vis
3	Stanley, Breyden	Ponderosa Hi
4	Walters, Bransen	Ponderosa Hi
5	McWhorter, Troy	Ponderosa Hi
6	Matteson, Case	Legend High
7	Vasquez, Diego	Legend High
8	Broder, Kenneth	Castle View
9	Ingrassia, Kai	Rock Canyon

**Event 22 Girls 3200 Meter Run**

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Seed Time</u>
<b>Section 1 of 1 Finals</b>			
1	Guiberson, Claire	Mountain Vis	
2	Foco, Zoey	Ponderosa Hi	
3	Lopez, Marisa	Ponderosa Hi	
4	Fesker, Adeline	Mountain Vis	
5	Houser, Maylie	Ponderosa Hi	
6	Mitchell, Gianna	Mountain Vis	
7	Rice, Eleanor	Heritage Hig	
8	Pederson, Kelsey	Legend High	
9	Curran, Jane	Heritage Hig	
10	Van Slyke, Teagan	Castle View	
11	Austin, Shelby	Mountain Vis	
12	Dickin, Tatum	Legend High	
13	Telford, Gwen	Chaparral Hi	
14	Felix, Susana	Legend High	
15	Barganier, Jenna	ThunderRidge	
16	Garner, Lilly	ThunderRidge	
17	Akaka, Emalee	ThunderRidge	
18	Covington, Lexi	ThunderRidge	

**Event 23 Boys 3200 Meter Run**

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Seed Time</u>
<b>Section 1 of 2 Finals</b>			
1	Moeai, Peter	Chaparral Hi	
2	Ruiz, Evan	Rock Canyon	
3	Cahill, Quinn	Chaparral Hi	
4	Olds, Tom	Regis Jesuit	
5	Davis, Brady	Legend High	
6	Schick, James	Chaparral Hi	
7	Pierangeli, Nico	Regis Jesuit	
8	Cowan, Jonathan	Castle View	
9	Stancik, Chase	Rock Canyon	
10	Chapman, Sean	Ponderosa Hi	
11	Heckmaster, Liam	Ponderosa Hi	
12	Eason, Aidan	Legend High	
13	O'Keefe, Teddy	Regis Jesuit	
14	Bartlett, Jonah	Heritage Hig	
15	Moore, Alexander	Heritage Hig	
16	Alvarez, Dominic	Heritage Hig	
17	Miller, Oliver	Heritage Hig	
18	Holshouser, Dylan	ThunderRidge	
19	Massey, Clifton	ThunderRidge	
20	Witkind, Trevor	ThunderRidge	

**Continental League 9/10 Championship 2024 - 4/24/2024****EchoPark Stadium****Meet Program - Running****Section 2 of 2 Finals...(Event 23 Boys 3200 Meter Run)**

1	Bartunek, Nathanie	Castle View
2	Kolbe, Kaleb	Castle View
3	Sulzen, Gunnar	Rock Canyon
4	Frueh, Rylan	Castle View
5	Goutell, Dane	Douglas Coun
6	Griffiths, Alexander	Legend High
7	Anderson, Nico	Mountain Vis
8	Bolthouse, Kenneth	Mountain Vis
9	Carvajal, Esai	Rock Canyon
10	Beebe, Chase	Mountain Vis
11	Archer, Andrew	Mountain Vis
12	Iannucci, Jack	Regis Jesuit
13	Allen, Cooper	ThunderRidge
14	Schildt, Jacob	Ponderosa Hi
15	Cole, Hunter	Ponderosa Hi

**Event 24 Girls 4x400 Meter Relay**

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

3	Regis Jesuit	A
4	Ponderosa Hi	A
	1) Barrett, Ava	2) Walters, Kennedy
	3) Hess, Kila	4) Nolan, Katie
5	ThunderRidge	A
6	Legend High	A
7	Mountain Vis	A
8	Rock Canyon	A
	1) Decker, Sophia	2) Dugan, Aurora
	3) Cimbura, Mila	4) Alaimo, Mia

**Event 25 Boys 4x400 Meter Relay**

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1	ThunderRidge	A
2	Legend High	A
3	Regis Jesuit	A
4	Mountain Vis	A
	1) Vondee-Quartey, Joel	2) Adams, Benjamin
	3) Wheeler, Grahm	4) Akey, Carson
5	Rock Canyon	A
	1) Andrew, Brady	2) Calleroz, Quinn
	3) Hadley, Camden	4) Thompson, Colter
6	Ponderosa Hi	A
	1) Folchert, Chase	2) Grover, Andrew
	3) Koranda, Moza	4) Stanley, Breyden