Jeff Boelé – Coach / Massage Therapist

I’ve coached cross country and track & field for 21 years, working with middle school, high school, collegiate, professional, and masters’ athletes in that time period. I also have a background as an endurance athlete and competed at the high school, collegiate, and post collegiate levels. (I raced Coach Dalby once in college, we can discuss results at another time!) Here in Colorado, I have been involved with Lyons high school in various capacities since 2010. Additionally, I am starting my second season at Niwot high school helping with weekly therapy sessions.

In 2017, I became a licensed massage therapist. The intent was to add another skillset to my coaching toolbox. Through continuing education opportunities and learning from mentors, I saw how the specific and consistent implementation of manual therapy could benefit performance through better athlete health. I have continued to see that dynamic hold true by implementing this approach with a variety of athletes. The goal is to bring this methodology for athlete health and performance to the Mountain Vista cross country program.

I hold a variety of certifications from the US Track and Field governing body and professional coaches’ association. USATF level 1 and level 2 (endurance) certifications. USTFCCCA jumps specialist certification. I am a licensed massage therapist in the state of Colorado (MT.0020779).

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**Parental/Guardian Consent to Screen and Treat Minor**

The following is a consent for minor clients to receive therapeutic treatment from Jeffrey Boelé L.M.T.

**Client Agreement**

* I understand it is my choice to receive various forms of body work from Jeffrey Boelé L.M.T (also known as “therapist”) in an effort to assist with any of the following conditions or situations:  relaxation, pain relief, to reduce muscular tension, to increase joint mobility, pre/post competition treatment, or as part of a comprehensive rehabilitation plan suggested by other healthcare professionals.
* I understand that body work and massage is entirely therapeutic and professional in nature.  I am aware of the potential risks and benefits of massage and body work and give my consent.  I will not hold the therapist responsible for any pain or discomfort I experience during or after the session.
* I understand that there is no implied or stated guarantee of success of effectiveness of individual techniques or series of appointments.
* I understand and acknowledge that the services performed at time of treatment are not a substitute for medical care or medical examination.  I understand that the therapist is not qualified to perform spinal or skeletal adjustments (subluxation), diagnose, prescribe, or treat physical or mental illness.
* I understand that I am ultimately responsible for arranging and obtaining any follow-up medical care or health screenings.
* I affirm that I have notified the therapist of all known medical conditions and injuries.  I understand there shall be no liability on the therapist's part should I fail to do so.

By signing this release, I hereby waive and release Jeffrey Boelé L.M.T. from all liability, past, present, and future relating to massage therapy and bodywork.

Print Name (minor): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_