# **Camping trip to Rocky Mountain National Park**

### **Cost of Trip**

\$50-(due the day of the trip)

- Bring \$20 cash to give to your driver to help cover gas and park entrance fee
- \$30 Cash or Check made out to MVHS to cover the cost of food and camping on the trip.

#### Thursday, July 17th

1:00 Meet in the front lot of Mountain Vista High School

1:30 Leave for RMNP/Glacier Basin Camp Ground

4:00 Arrive at Glacier Basin Camp Ground

4:30 Set up Camp

5:00-10:00

- Grill Hamburgers for dinner
- Hang out at camp site
- Smores

10:00 Quite Hours in the park/Lights out

## Friday, July 18th

7 a.m. Wake-up call and breakfast

8:00 a.m. Trail run to lake from camp (45mins to an hour)

9:00 Hike around mountain Lake

10:00 Take shuttle back to camp to eat and cleanup

11:00 Take Shuttle into Estes Park for the Afternoon

• Bring \$\$\$\$ for lunch

4:00 Head back to camp on shuttle

5:00-10:00

- Grill Bratwursts and hotdogs for dinner
- Hang out at camp site
- Smores

10:00 Quite hours in the park/lights out

#### Saturday, July 19th

7 a.m. Wake-up call, breakfast, and break down camp

8 a.m. Head into Estes Park for long run

8:30-10 a.m. Run in Estes

10:30 Head back to Mountain Vista

- Cars can stop for lunch on the way home
- Bring \$\$\$\$ for lunch

1:00-2:00 Arrive back at Mountain Vista HS

## What to Bring with you

- Tent-Athletes are responsible for talking with each other about tent arrangements. If you do not have a tent to stay in talk to Dalby and he will help you find a tent with space available.
- Toiletries
- Running Shoes and running clothes
- Clothing for warm-weather, cool-weather and rain (prepare for everything)
- Money for lunches and spending money in Estes Park