**CHSAA Regional Cross Country Championships- State Qualifying Meet**

**2A Region #2 - 4A Region #2 - 5A Region #5**

**Thursday, October 19, 2017**

**North Monument Valley Park**

**170 W. Cache La Poudre St.**

**Colorado Springs, CO 80903**

Teams:               2A Region #2(16)   CIVA Charter, Colorado Springs School, Denver Academy, Denver Christian, \*Ellicott, Evangelical Christian, Fountain Valley, Kiowa, Limon, Peyton, Pikes Peak Christian, West Grand, The Vanguard School, Denver Waldorf, Golden View Classical Academy, Lotus School for Excellence

4A Region #2(12) \*Air Academy, Discovery Canyon, Falcon, Harrison, Lewis Palmer, Mitchell, Palmer Ridge, Pine Creek, Ponderosa, Sand Creek, Sierra, Vista Ridge

5A Region #5(12)   Castle View, Chaparral, \*Coronado, Doherty, Douglas County, Fountain-Fort Carson, Highlands Ranch, Liberty, Mountain Vista, Palmer, Rampart, Rock Canyon

Race Times: 2:00  2A Region #2  Girls Varsity

                            2:30  2A Region #2 Boys Varsity

                     3:00  4A Region #2 Girls Varsity

                          3:30  4A Region #2 Boys Varsity

                           4:00  5A Region #5 Girls Varsity

                    4:30  5A Region #5 Boys Varsity

Officials:              Director-Jimmy Porter, CHSAA Officials-Laurie Scott

Games Committee-TBA

Entry Fee:         $110 Send payment to Air Academy High School, 6910 Carlton Dr. USAFA, CO  80840

Timing/Entries:               D11 Athletics

 Please use the attached spreadsheet. You may enter up to 8 runners for the 2A race, up to 9 runners for the 4A and 5A races.

 Email your entries to david.eichman@d11.org by noon on Tuesday, October 17th.

 There will be Scratch/Add sheets in your packet received on race day.

Meeting:            Coach’s meeting will take place at the starting line at 1:30 p.m.  Timing chips and bibs can be picked up at that time.  Please have a head coach present.

Scoring:            We will use competitor tear-off tags for all races. Please instruct your runners to pin the tag on the front of their jersey, pinning only the top section. Runners must exit at the end of the chute and allow the workers to collect their tag. If they do not exit properly, they will not be scored.

 Scoring for regionals: additional and individual runners will be pulled out of the scoring at the regional meet.

Example:

                       for Scoring and Team Results: All competitors who finish the race shall be ranked and listed in the official results. In team scoring, up to (7– 3A, 4A & 5A, 6– 2A) team members retain their order of finish. Any team members beyond this number shall be disregarded and shall not displace any opposing runners. The team score then shall be determined by totaling the points scored by the first (5– 3A, 4A & 5A, 3–2A) finishers of each team. If fewer than (5–3A, 4A & 5A, 3–2A) competitors of a team finish, the places of all members of that team shall be disregarded and the team scores re-ranked.

Qualifying:         Top 4 full teams – all athletes who finish in the top 15 places.  Full teams must consist of 5-9 members (score 5) 4A and 3-7 members (score 3) 2A.

Course:                Map is attached

Location:         Monument Valley Park, 170 W Cache La Poudre St, Colorado Springs, CO 80903

Awards:              CHSAA Regional Plaques Top 2 Teams.  Individual ribbons top 15 runners.

Trainer:               Air Academy Athletic Trainer will be on site.

Questions:         Blue Anderson, 719-234-2451 or blue.anderson@asd20.org