

MEET SCHEDULE

THURSDAY, MAY 10TH

RUNNING EVENTS:

5:00	800m Medley	Girls	Finals
5:10	4 X 800m Relay	Girls	Finals
5:25	4 X 800m Relay	Boys	Finals
5:40	100m Hurdles	Girls	Prelims
5:50	110m Hurdles	Boys	Prelims
6:00	100m Dash	Girls	Prelims
6:20	100m Dash	Boys	Prelims
6:40	3200m Run	Girls	Faster Heat
7:00	3200m Run	Boys	Faster Heat
7:20	200m Dash	Girls	Prelims
7:40	200m Dash	Boys	Prelims

FIELD EVENTS:

4:30	Triple Jump	Girls
	Long Jump	Boys
	Shot Put	Girls
	High Jump	Boys
	Pole Vault	Girls
	Discus	Boys

NOTE

Due to the importance of this meet, both as a League Championship and as the last chance for athletes to qualify for State, we tried to incorporate plenty of time between events in order to give athletes a chance to adequately recover and be ready for their next event(s). As a result, we will adhere to the starting time for each event and NOT move ahead of schedule.

SATURDAY, MAY 12TH

RUNNING EVENTS:

ALL EVENTS ARE FINALS

9:00	100m Hurdles	Girls	
9:05	110m Hurdles	Boys	
9:15	100m Dash	Girls	
9:20	100m Dash	Boys	
9:30	4 X 200 Relay	Girls	
9:40	4 X 200 Relay	Boys	
9:50	1600m Run	Girls	
10:05	1600m Run	Boys	
10:25	4 X 100 Relay	Girls	
10:35	4 X 100 Relay	Boys	
10:45	400m Dash	Girls	
11:00	400m Dash	Boys	
11:15	300m Hurdles	Girls	
11:25	300m Hurdles	Boys	
11:40	800m Run	Girls	
11:50	800m Run	Boys	
12:00	200m Dash	Girls	
12:15	200m Dash	Boys	
12:30	3200m Run	Girls	Slower Heat
12:50	3200m Run	Boys	Slower Heat
1:10	4 X 400 Relay	Girls	
1:20	4 X 400 Relay	Boys	

FIELD EVENTS:

9:00	Long Jump	Girls
	Triple Jump	Boys
	Discus	Girls
	Pole Vault	Boys
	High Jump	Girls
	Shot Put	Boys

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