

**2023 Frosh/Soph Championship - 4/23/2022****Echo Park Stadium****Meet Program - Running****Event 25 Girls 800 Sprint Medley**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
3	Regis Jesuit	A	
4	Castle View	A	
	1) Fleck, Eva	2) Freiburger, Elle	
	3) Baker, Logan	4) Burden, Sophia	
5	Legend High	A	
6	Chaparral Hi	A	
	1) Coyle, Carina	2) Johnson, Ava	
	3) Lind, Addyson	4) Callahan, Isabella	
7	ThunderRidge	A	

**Event 21 Girls 4x800 Meter Relay**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Castle View	A	
	1) Baker, Ciara	2) King, Ava	
	3) Garvin, Ayden	4) Lang, Ellie	
2	Chaparral Hi	A	
	1) Parry, Kapri	2) Parry, Hayden	
	3) Sabey, Swede	4) Seibold, Agatha	
3	ThunderRidge	A	
4	Legend High	A	
5	Ponderosa Hi	A	
	1) Barrett, Ava	2) Freeman, Rhiannon	
	3) Harrell, Addison	4) Valkner, Shea	

**Event 22 Boys 4x800 Meter Relay**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	ThunderRidge	A	
2	Castle View	A	
3	Legend High	A	
4	Ponderosa Hi	A	
	1) Koranda, Moza	2) Fairweather, Joshua	
	3) Koranda, Ej	4) Smith, Samuel	
5	Rock Canyon	A	
6	Highlands Ra	A	
	1) Hinton, Graham	2) Park, Christopher	
	3) Fidducia, Alexander	4) Kleinschmidt, Aiden	
7	Regis Jesuit	A	
	1) Grammatke, Connor	2) Ngantung, Ian	
	3) Paez, Lucas	4) Hatcher, Barrett	

**Event 13 Girls 100 Meter Hurdles**

Lane	Name	School	Seed Time
<b>Section 1 of 3 Finals</b>			
3	Wren, Mara	Highlands Ra	
4	Chihoski, Joelle	Ponderosa Hi	
5	Rozen, Hannah	Rock Canyon	
6	Reid, Azalea	Ponderosa Hi	
7	Harris, Elshie	Highlands Ra	

**Section 2 of 3 Finals**

3	Gresko, Audrey	Rock Canyon
4	Martinez, Elen	Castle View
5	Cowling, Sara	Legend High
6	Mayhew, Madilyn	Legend High
7	Engels, Lillian	Ponderosa Hi
8	Gessel, Ava	Douglas Coun

**Section 3 of 3 Finals**

1	Richmond, Jesminda	Douglas Coun
2	Brinkmann, Teagan	Highlands Ra
3	Madsen, Lauren	Rock Canyon
4	Appel, Emilee	Chaparral Hi
5	Salum, Izabelle	Regis Jesuit
6	Llamozas, Grace	Chaparral Hi
7	Enriquez, Elena	Rock Canyon
8	Fleck, Eva	Castle View
9	Hyer, Rhyla	Douglas Coun

**Event 14 Boys 110 Meter Hurdles**

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
3	Miller, Holden	Douglas Coun	
4	Mahr, Shane	Heritage Hig	
5	Hopkins, Jayden	Heritage Hig	
6	Johnston, Sean	Mountain Vis	
7	Beatson, Alexander	Heritage Hig	
<b>Section 2 of 2 Finals</b>			
2	Bradford, Tristin	Ponderosa Hi	
3	VerBrugge, Zach	Castle View	
4	Yore, Isaac	Castle View	
5	Dutmer, Charlie	Regis Jesuit	
6	Murphy, Ryan	Rock Canyon	
7	Abramowicz, Ward	Regis Jesuit	
8	Grizzle, Cole	Ponderosa Hi	

**Event 1 Girls 100 Meter Dash**

Lane	Name	School	Seed Time
<b>Section 1 of 5 Finals</b>			
3	Caflich, Lizzie	Ponderosa Hi	
4	Velickovski, Lillianah	Highlands Ra	
5	Hashbarger, Elora	Heritage Hig	
6	Chihoski, Joelle	Ponderosa Hi	
7	Harber, Natalie	Ponderosa Hi	
8	Fang, Olivia	Rock Canyon	
<b>Section 2 of 5 Finals</b>			
1	Jones, Aalayah	Douglas Coun	
2	Hana, Hailey	Chaparral Hi	
3	Janes, Mya	ThunderRidge	
4	Johnson, Makayla	Heritage Hig	
5	Stewart, Jaida	Heritage Hig	
6	Zheng, Elia	Mountain Vis	
7	Brinkmann, Teagan	Highlands Ra	
8	Krzywdzinski, Sandra	Rock Canyon	
9	Farrell, Josey	ThunderRidge	

**2023 Frosh/Soph Championship - 4/23/2022****Echo Park Stadium****Meet Program - Running****Section 3 of 5 Finals...(Event 1 Girls 100 Meter Dash)**

1	Madnikoff, Laney	Highlands Ra
2	thrun, michelina	ThunderRidge
3	Ness, Ella	Mountain Vis
4	Coffman, Bailey	Legend High
5	Gray, Aidan	Douglas Coun
6	Granader, Samantha	Regis Jesuit
7	San, Ruby	Heritage Hig
8	Fischer, Ryleigh	Chaparral Hi
9	Devlin, Addyson	Mountain Vis

**Section 4 of 5 Finals**

1	Brenning, Noelle	Legend High
2	Burgoyne, Layla	ThunderRidge
3	Hatch, Abby	Mountain Vis
4	Levine, Cate	Rock Canyon
5	Chio, Maylin	Rock Canyon
6	Vandaveer, Anna	Castle View
7	Chavez, Krystina	Douglas Coun
8	Shukie, Marisol	Regis Jesuit
9	Watts, Karlee	Chaparral Hi

**Section 5 of 5 Finals**

1	Gayfield, Morgan	Douglas Coun
2	Emanuel, Matilda	Legend High
3	White, Aubrey	Castle View
4	Hughes, Kate	Regis Jesuit
5	O'Donnell, Sophia	Chaparral Hi
6	Sala, Maya	Legend High
7	Freiberger, Elle	Castle View
8	Wieter, Rhya	Castle View
9	Barnes, Naala	Regis Jesuit

**Event 2 Boys 100 Meter Dash**

Lane	Name	School	Seed Time
<b>Section 1 of 5 Finals</b>			
3	Mahr, Shane	Heritage Hig	
4	Ewald, Michael	Ponderosa Hi	
5	Parrish, Gage	Ponderosa Hi	
6	Potts, Liam	Douglas Coun	
7	Nava, Trevor	Douglas Coun	

**Section 2 of 5 Finals**

1	Muoio, Gabriel	ThunderRidge
2	LaSeure, Keller	Heritage Hig
3	Schnittker, Daniel	Highlands Ra
4	Brandt, Dylan	ThunderRidge
5	Reid, Noah	Chaparral Hi
6	Bridgman, Merrick	Douglas Coun
7	Ashford, Gerik	Chaparral Hi
8	Arnold, Aiden	Highlands Ra
9	Stokes, Tevin	Chaparral Hi

**Section 3 of 5 Finals**

1	Duffendack, Brett	Chaparral Hi
2	Joos, Jace	Highlands Ra
3	Kloster, Brody	Castle View
4	Ishman, Darrell	Castle View
5	Goodenow, Ryan Bo	ThunderRidge
6	Meyer, Tyler	Rock Canyon
7	Pekarek, Ethan	Ponderosa Hi
8	Ball, Kaden	Highlands Ra
9	Davis, Zach	ThunderRidge

**Section 4 of 5 Finals**

1	Jenkins, Jarrett	Douglas Coun
2	Sulser, Grant	Regis Jesuit
3	Watson, Ellis	Rock Canyon
4	shelton, Kai	Regis Jesuit
5	Cooke, Andrew	Rock Canyon
6	Armstrong, Owen	Legend High
7	Olson, Aaron	Legend High
8	Graham, Blake	Castle View
9	Ruscio, Jason	Regis Jesuit

**Section 5 of 5 Finals**

1	Miller, Preston	Rock Canyon
2	Sayatovic, Zander	Regis Jesuit
3	Wilson, Judah	Mountain Vis
4	Conway, Sean	Mountain Vis
5	Matteson, Case	Legend High
6	Bailey, Bryce	Mountain Vis
7	Stair, Nico	Mountain Vis
8	McWhorter, Troy	Legend High
9	Walters, Bransen	Ponderosa Hi

**Event 19 Girls 4x200 Meter Relay**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Rock Canyon	A	
	1) Devireddy, Brunda	2) Francavilla, Ryann	
	3) Lakkireddy, Hansika	4) Sabet, Panez	
2	Mountain Vis	A	
3	Heritage Hig	A	
	1) Johnson, Makayla	2) San, Ruby	
	3) Hashbarger, Elora	4) Stewart, Jaida	
4	Chaparral Hi	A	
	1) Coyle, Carina	2) Callahan, Isabella	
	3) Sickler, Sienna	4) Eckert, Ashlyn	
5	Ponderosa Hi	A	
	1) Valkner, Shea	2) Craft, Keela	
	3) Nolan, Katie	4) Reid, Azalea	
6	Regis Jesuit	A	
7	Legend High	A	
8	ThunderRidge	A	
9	Douglas Coun	A	

## 2023 Frosh/Soph Championship - 4/23/2022

## Echo Park Stadium

## Meet Program - Running

**Event 20 Boys 4x200 Meter Relay**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
2	Ponderosa Hi	A	
	1) Baxter, Sean	2) Pekarek, Ethan	
	3) Stanley, Breyden	4) Parrish, Gage	
3	Chaparral Hi	A	
	1) Moran, Jackson	2) Gamlin, David	
	3) Reid, Noah	4) Gilliland, Brady	
4	Rock Canyon	A	
	1) Cooke, Andrew	2) Meyer, Tyler	
	3) Miller, Preston	4) Watson, Ellis	
5	Regis Jesuit	A	
6	Legend High	A	
7	ThunderRidge	A	
8	Mountain Vis	A	

**Event 9 Girls 1600 Meter Run**

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Baxter, Lara	Heritage Hig	
2	Alaimo, Mia	Rock Canyon	
3	Freeman, Rhiannon	Ponderosa Hi	
4	Snelling, Claire	Regis Jesuit	
5	Wilson, Kate	Regis Jesuit	
6	Gillman, Ellie	Heritage Hig	
7	Conklin, Kylah	Heritage Hig	
8	Tubbs, Alice	Legend High	
9	Kendall, Lindsay	Rock Canyon	
10	de Leeuw, Valerie	Regis Jesuit	
11	Sanchez, Brianna	Douglas Coun	
12	Newman, Shayleah	Highlands Ra	
13	Dodge, Darci	Legend High	
14	Winkler, Sophie	Mountain Vis	
15	Mundackal, Maria	Mountain Vis	
16	Wilkes, Kamryn	Ponderosa Hi	
<b>Section 2 of 2 Finals</b>			
1	Baker, Ciara	Castle View	
2	Christians, Carly	Mountain Vis	
3	Boeckman, Gabriela	Mountain Vis	
4	Ellsworth, Kaylee	Chaparral Hi	
5	King, Ava	Castle View	
6	Sabey, Swede	Chaparral Hi	
7	Dugan, Aurora	Rock Canyon	
8	Cook, Alyssa	Rock Canyon	
9	Faris, Savannah	Legend High	
10	Haselhorst, Hannah	Douglas Coun	
11	Foco, Zoey	Ponderosa Hi	
12	Jensen, Shea	ThunderRidge	
13	Ripp, Callie	Castle View	
14	Harrell, Addison	Ponderosa Hi	
15	Lang, Ellie	Castle View	
16	Franks, Laura	Douglas Coun	
17	Rice, Eleanor	Heritage Hig	

**Event 10 Boys 1600 Meter Run**

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Morine, Noah	Castle View	
2	Burrell, Zaiden	Ponderosa Hi	
3	Captain, Grant	Highlands Ra	
4	Guolla, Charlie	Highlands Ra	
5	Robbins, Elliott	Heritage Hig	
6	Dinges, Cooper	ThunderRidge	
7	Major, Parker	ThunderRidge	
8	Martin, Liam	Regis Jesuit	
9	Gideon, John	Heritage Hig	
10	Ruiz, Evan	Rock Canyon	
11	Saum, Mason	Regis Jesuit	
12	Pfost, Rhys	Highlands Ra	
13	Steinbach, Brock	Highlands Ra	
14	Acosta-Gilchrist, Keegan	Legend High	
15	Schick, James	Chaparral Hi	
16	Shepard, Sean	Douglas Coun	
17	Ward, Gabriel	Legend High	
18	Dolley, Andrew	Legend High	
<b>Section 2 of 2 Finals</b>			
1	Focht, Braeden	Regis Jesuit	
2	Aex, Caleb	Regis Jesuit	
3	Laity, Dylan	Rock Canyon	
4	Balfe, Sean	Mountain Vis	
5	D'Souza, Jack	Rock Canyon	
6	Windholz, Andrew	Mountain Vis	
7	Wakimura, John	Mountain Vis	
8	Bartunek, Nathaniel	Castle View	
9	Harrell, Taten	Ponderosa Hi	
10	Anderson, Nico	Mountain Vis	
11	Jay, Ryder	ThunderRidge	
12	Collings, Noel	Douglas Coun	
13	Gibbs, Jacob	Castle View	
14	Griffiths, Alexander	Legend High	
15	McCague, Grant	Heritage Hig	
16	Andrew, Brady	Rock Canyon	
17	Goutell, Dane	Douglas Coun	
18	Gillies, Alex	Castle View	

## 2023 Frosh/Soph Championship - 4/23/2022

## Echo Park Stadium

## Meet Program - Running

## Event 17 Girls 4x100 Meter Relay

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Rock Canyon	A	
	1) Francavilla, Ryann	2) Sabet, Panez	
	3) Lakkireddy, Hansika	4) Devireddy, Brunda	
2	Heritage Hig	A	
	1) Johnson, Makayla	2) San, Ruby	
	3) Hashbarger, Elora	4) Stewart, Jaida	
3	Regis Jesuit	A	
4	ThunderRidge	A	
5	Legend High	A	
6	Chaparral Hi	A	
	1) Ferguson, Lauren	2) Lind, Addyson	
	3) Llamozas, Grace	4) Monroe, Jade	
7	Mountain Vis	A	
8	Castle View	A	
	1) White, Aubrey	2) Vandaveer, Anna	
	3) Martinez, Elen	4) Wieter, Rhya	
9	Douglas Coun	A	

## Event 18 Boys 4x100 Meter Relay

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Douglas Coun	A	
2	Chaparral Hi	A	
	1) Booth, Charles	2) Houchen, Thaddeus	
	3) Poskochil, Michael	4) Brejcha, Brayden	
3	ThunderRidge	A	
4	Castle View	A	
	1) Kloster, Brody	2) Ishman, Darrell	
	3) Yore, Isaac	4) Graham, Blake	
5	Regis Jesuit	A	
6	Mountain Vis	A	
7	Legend High	A	
8	Rock Canyon	A	
	1) Cooke, Andrew	2) Watson, Ellis	
	3) Meyer, Tyler	4) Miller, Preston	
9	Ponderosa Hi	A	
	1) Pekarek, Ethan	2) Walters, Bransen	
	3) Stanley, Breyden	4) Parrish, Gage	

## Event 5 Girls 400 Meter Dash

Lane	Name	School	Seed Time
<b>Section 1 of 3 Finals</b>			
3	Solano, Amelia	Rock Canyon	
4	Snieszky, Blanka	Rock Canyon	
5	Younkerman, Sofia	Highlands Ra	
6	Vogel, Sydney	Chaparral Hi	
7	Solano, Zoe	Rock Canyon	
8	Stamper, Maya	Ponderosa Hi	

## Section 2 of 3 Finals

1	Snitker, Elsa	Regis Jesuit
2	thrun, michelina	ThunderRidge
3	Bonds, Anna	Mountain Vis
4	Janes, Mya	ThunderRidge
5	Grabau, Lily	Legend High
6	Stewart, Kathryn	Legend High
7	Gentz, Ida	Douglas Coun
8	Barrett, Ava	Ponderosa Hi
9	Chio, Maylin	Rock Canyon

## Section 3 of 3 Finals

1	Brenning, Noelle	Legend High
2	Baker, Ciara	Castle View
3	Clarke, Olivia	Castle View
4	Burden, Sophia	Castle View
5	Hollingshead, Ashley	Mountain Vis
6	Akey, Ariana	Mountain Vis
7	Yore, Vivian	Castle View
8	Emanuel, Matilda	Legend High
9	Seibold, Agatha	Chaparral Hi

## Event 6 Boys 400 Meter Dash

Lane	Name	School	Seed Time
<b>Section 1 of 4 Finals</b>			
4	Cone, Aidan	Highlands Ra	
5	Gayfield, Malaiki	Douglas Coun	
6	Adams, Michael	Highlands Ra	
7	Edwards, Jensen	Douglas Coun	
<b>Section 2 of 4 Finals</b>			
1	Reid, Draxton	Ponderosa Hi	
2	Payton, Joshua	Legend High	
3	Victor, Declan	Regis Jesuit	
4	Bowman, Reese	Chaparral Hi	
5	Davis, Zach	ThunderRidge	
6	Smith, Spencer	Rock Canyon	
7	Laucella, Daniel	Regis Jesuit	
8	Mayberry, Noah	Highlands Ra	
9	Tueller, Titan	Ponderosa Hi	
<b>Section 3 of 4 Finals</b>			
1	Brandt, Dylan	ThunderRidge	
2	Spilsbury, Wyatt	Heritage Hig	
3	Akey, Carson	Mountain Vis	
4	Reynolds, Max	Legend High	
5	Arnold, Owen	Rock Canyon	
6	Ratnakar, Abhiraj	Rock Canyon	
7	Stienstra, Luke	Regis Jesuit	
8	Frandsen, Cole	Legend High	
9	Lombardo, Thomas	Mountain Vis	

**2023 Frosh/Soph Championship - 4/23/2022****Echo Park Stadium****Meet Program - Running****Section 4 of 4 Finals...(Event 6 Boys 400 Meter Dash)**

1	Anderson, Cohan	Legend High
2	Jenkins, Jarrett	Douglas Coun
3	Goodenow, Ryan Bo	ThunderRidge
4	Broder, Kenneth	Castle View
5	Van Otten, Charles	Mountain Vis
6	Hadley, Camden	Rock Canyon
7	Bokros, Brendan	Chaparral Hi
8	Grahsm, Tyson	Castle View
9	Hollingshead, Colton	Mountain Vis

**Event 15 Girls 300 Meter Hurdles**

Lane Name	School	Seed Time
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**Section 1 of 2 Finals**

3	Rozen, Hannah	Rock Canyon
4	Gessel, Ava	Douglas Coun
5	Richmond, Jesminda	Douglas Coun
6	Hyer, Rhyla	Douglas Coun
7	Madsen, Lauren	Rock Canyon
8	Siminoch, Ezra	Highlands Ra

**Section 2 of 2 Finals**

1	Gresko, Audrey	Rock Canyon
2	Cowling, Sara	Legend High
3	Davies, Elizabeth	Regis Jesuit
4	Martinez, Elen	Castle View
5	Baker, Logan	Castle View
6	Fleck, Eva	Castle View
7	Enriquez, Elena	Rock Canyon
8	Brown, Olivia	Legend High
9	Pickford, Clara	Legend High

**Event 16 Boys 300 Meter Hurdles**

Lane Name	School	Seed Time
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**Section 1 of 2 Finals**

3	Vahalia, Kishan	Rock Canyon
4	Johnston, Sean	Mountain Vis
5	Miller, Holden	Douglas Coun
6	Amerson, Christian	Legend High
7	Schmitt, Caleb	Mountain Vis
8	Mahr, Shane	Heritage Hig

**Section 2 of 2 Finals**

1	Beatson, Alexander	Heritage Hig
2	VerBrugge, Zach	Castle View
3	Abramowicz, Ward	Regis Jesuit
4	Yore, Isaac	Castle View
5	Dutmer, Charlie	Regis Jesuit
6	Torres, Christan	Castle View
7	Murphy, Ryan	Rock Canyon
8	Hopkins, Jayden	Heritage Hig
9	Craig, David	Castle View

**Event 7 Girls 800 Meter Run**

Lane Name	School	Seed Time
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**Section 1 of 2 Finals**

1	Sanchez, Brianna	Douglas Coun
2	Hull, Emilia	Regis Jesuit
3	Knight, Iliana	Chaparral Hi
4	Hudson, Phoebe	Heritage Hig
5	Hawk, Elaina	Mountain Vis
6	Dickin, Tatum	Legend High
7	Miller, Ava	ThunderRidge
8	Wilson, Claire	ThunderRidge
9	Cappizzi, Giovanna	Rock Canyon
10	Groff, Emily	Heritage Hig
11	Adams, Malia	Legend High
12	Disler, Lauren	Legend High
13	Stewart, Lilly	Heritage Hig
14	Ayres, Sophia	Heritage Hig
15	Poelman, Catherine	Chaparral Hi

**Section 2 of 2 Finals**

1	Baker, Ciara	Castle View
2	Twete, Addi	Mountain Vis
3	Watson, Sarah	Mountain Vis
4	Porter, Lucy	Rock Canyon
5	Perrin, Kaylee	Chaparral Hi
6	Garvin, Ayden	Castle View
7	Stohlton, Claire	Chaparral Hi
8	Ripp, Callie	Castle View
9	Komanduri, Neelanjana	ThunderRidge
10	Haselhorst, Hannah	Douglas Coun
11	Walton, Moriah	Castle View
12	Franks, Laura	Douglas Coun
13	Tubbs, Alice	Legend High
14	Mitchell, Gianna	Mountain Vis
15	Levkulich, Caitlin	Regis Jesuit

**2023 Frosh/Soph Championship - 4/23/2022****Echo Park Stadium****Meet Program - Running****Event 8 Boys 800 Meter Run**

Lane	Name	School	Seed Time
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**Section 1 of 2 Finals**

1	Kleinschmidt, Aiden	Highlands Ra	
2	Koranda, Moza	Ponderosa Hi	
3	West, Karston	ThunderRidge	
4	Hinton, Graham	Highlands Ra	
5	Neyenhuis, Cameron	ThunderRidge	
6	Jay, Ryder	ThunderRidge	
7	Davis, Brady	Legend High	
8	Wilson, Spencer	Mountain Vis	
9	Lane, Ben	Highlands Ra	
10	James, Zachary	Chaparral Hi	
11	Banta, William	ThunderRidge	
12	Julian, Joseph	Chaparral Hi	
13	Vaughan, Isaak	Mountain Vis	
14	Geisler, William	Mountain Vis	
15	Kelso, Michael	Heritage Hig	
16	Ward, Gabriel	Legend High	
17	Moore, Liam	Legend High	
18	Reck, David	Heritage Hig	

**Section 2 of 2 Finals**

1	Focht, Braeden	Regis Jesuit	
2	Thompson, Colter	Rock Canyon	
3	Aex, Caleb	Regis Jesuit	
4	Riley, Nate	Rock Canyon	
5	Royer, Blake	Castle View	
6	Collings, Noel	Douglas Coun	
7	Fairweather, Joshua	Ponderosa Hi	
8	McMahon, Gavin	Rock Canyon	
9	Gibbs, Jacob	Castle View	
10	Swiry, Shel	Castle View	
11	Beatty, Joseph	Regis Jesuit	
12	Morine, Noah	Castle View	
13	Ramon, Ben	Mountain Vis	
14	Jedlicka, Reese	Regis Jesuit	
15	Parker, Noah	Heritage Hig	
16	Goutell, Dane	Douglas Coun	
17	Park, Christopher	Highlands Ra	
18	Cortez, Anthony	Rock Canyon	
19	Cornella, Keaton	Legend High	

**Event 3 Girls 200 Meter Dash**

Lane	Name	School	Seed Time
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**Section 1 of 5 Finals**

3	Siminoch, Ezra	Highlands Ra	
4	Ellis, Raya	Douglas Coun	
5	Armanani, Natasha	Rock Canyon	
6	Hashbarger, Elora	Heritage Hig	
7	Johnson, Makayla	Heritage Hig	

**Section 2 of 5 Finals**

2	Stewart, Jaida	Heritage Hig	
3	Jones, Aalayah	Douglas Coun	
4	San, Ruby	Heritage Hig	
5	Krzywdzinski, Sandra	Rock Canyon	
6	Farrell, Josey	ThunderRidge	
7	Craft, Keela	Ponderosa Hi	
8	Devireddy, Brunda	Rock Canyon	

**Section 3 of 5 Finals**

1	Reid, Azalea	Ponderosa Hi	
2	Owen, Maya	Regis Jesuit	
3	Sevinsky, Emily	Mountain Vis	
4	Coffman, Bailey	Legend High	
5	Janes, Mya	ThunderRidge	
6	Zawadowski, Amelia	Chaparral Hi	
7	LaBriola, Haley	Ponderosa Hi	
8	Lind, Addyson	Chaparral Hi	
9	Snitker, Elsa	Regis Jesuit	

**Section 4 of 5 Finals**

1	Levine, Cate	Rock Canyon	
2	Burgoyne, Layla	ThunderRidge	
3	Callahan, Isabella	Chaparral Hi	
4	Hayden, Ashlyn	Mountain Vis	
5	White, Claire	Mountain Vis	
6	Nelson, Emi	Mountain Vis	
7	thrun, michelina	ThunderRidge	
8	Nolan, Katie	Ponderosa Hi	
9	Chavez, Krystina	Douglas Coun	

**Section 5 of 5 Finals**

1	Brenning, Noelle	Legend High	
2	White, Aubrey	Castle View	
3	Sala, Maya	Legend High	
4	Emanuel, Matilda	Legend High	
5	O'Donnell, Sophia	Chaparral Hi	
6	Clarke, Olivia	Castle View	
7	Gayfield, Morgan	Douglas Coun	
8	Freiberger, Elle	Castle View	
9	Wieter, Rhya	Castle View	

**Event 4 Boys 200 Meter Dash**

Lane	Name	School	Seed Time
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**Section 1 of 5 Finals**

3	Bowyer, Malakai	Highlands Ra	
4	Edwards, Jensen	Douglas Coun	
5	Potts, Liam	Douglas Coun	
6	Nava, Trevor	Douglas Coun	
7	LaSeure, Keller	Heritage Hig	

**Section 2 of 5 Finals**

2	Spilsbury, Wyatt	Heritage Hig	
3	Schnittker, Daniel	Highlands Ra	
4	Rios, Ryan	Chaparral Hi	
5	Weise, Charles	Regis Jesuit	
6	Muoio, Gabriel	ThunderRidge	
7	Alvarado, Frankie	Chaparral Hi	
8	Arnold, Aiden	Highlands Ra	

## 2023 Frosh/Soph Championship - 4/23/2022

## Echo Park Stadium

## Meet Program - Running

**Section 3 of 5 Finals...(Event 4 Boys 200 Meter Dash)**

1	Moran, Jackson	Chaparral Hi
2	Davis, Zach	ThunderRidge
3	Ingrassia, Kai	Rock Canyon
4	Watson, Ellis	Rock Canyon
5	Graham, Blake	Castle View
6	Gambrill, Michael	Regis Jesuit
7	Tamondong, Kyle	Rock Canyon
8	Sulser, Grant	Regis Jesuit
9	Brandt, Dylan	ThunderRidge

**Section 4 of 5 Finals**

1	Kloster, Brody	Castle View
2	Sayatovic, Zander	Regis Jesuit
3	Goodenow, Ryan Bo	ThunderRidge
4	Miller, Preston	Rock Canyon
5	Wilson, Judah	Mountain Vis
6	Baxter, Sean	Ponderosa Hi
7	Matteson, Case	Legend High
8	Frandsen, Cole	Legend High
9	Broder, Kenneth	Castle View

**Section 5 of 5 Finals**

1	Stair, Nico	Mountain Vis
2	Ishman, Darrell	Castle View
3	Allen, Liam	Mountain Vis
4	Stanley, Breyden	Ponderosa Hi
5	Conway, Sean	Mountain Vis
6	McWhorter, Troy	Legend High
7	Armstrong, Owen	Legend High
8	Booth, Charles	Chaparral Hi
9	Jenkins, Jarrett	Douglas Coun

**Event 11 Girls 3200 Meter Run**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Foco, Zoey	Ponderosa Hi	
2	Wilson, Sloan	Castle View	
3	Walton, Moriah	Castle View	
4	Cortes, Ernestina	Legend High	
5	Abbott, Rebecca	Heritage Hig	
6	Pederson, Kelsey	Legend High	
7	Rausch, Emma	Heritage Hig	
8	Fesker, Adeline	Mountain Vis	
9	Ericson, Ella	Mountain Vis	

**Event 12 Boys 3200 Meter Run**

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Greene, Patrick	Regis Jesuit	
2	Goodman, David	Rock Canyon	
3	Delmoro, Alec	Regis Jesuit	
4	Carvajal, Esai	Rock Canyon	
5	Shekleton, Gabe	Regis Jesuit	
6	Charkut, Rylan	ThunderRidge	
7	Meier, Jonathan	Legend High	
8	Koranda, Ej	Ponderosa Hi	
9	Smith, Samuel	Ponderosa Hi	
10	Dolley, Andrew	Legend High	
11	Witkind, Trevor	ThunderRidge	
12	Vigil, Titus	ThunderRidge	
<b>Section 2 of 2 Finals</b>			
1	Harrell, Taten	Ponderosa Hi	
2	Bartunek, Nathaniel	Castle View	
3	Birkenfeld, Luke	Mountain Vis	
4	Gibbs, Jacob	Castle View	
5	O'Keefe, Thomas	Regis Jesuit	
6	Griffiths, Alexander	Legend High	
7	Aradhya, Siddhartha	Rock Canyon	
8	Gillies, Alex	Castle View	
9	Ballesteros, Carlos	Castle View	
10	Goutell, Dane	Douglas Coun	
11	Fidducia, Alexander	Highlands Ra	
12	Sulzen, Gunnar	Rock Canyon	

**Event 23 Girls 4x400 Meter Relay**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
3	Ponderosa Hi	A	
1)	Valkner, Shea	2)	Barrett, Ava
3)	Nolan, Katie	4)	Harrell, Addison
4	Regis Jesuit	A	
5	Castle View	A	
6	Legend High	A	
7	ThunderRidge	A	
8	Mountain Vis	A	

**Event 24 Boys 4x400 Meter Relay**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
3	Mountain Vis	A	
4	Legend High	A	
5	ThunderRidge	A	
6	Regis Jesuit	A	
7	Rock Canyon	A	
1)	Arnold, Owen	2)	Hadley, Camden
3)	Lorenzo, Brandon	4)	Ratnakar, Abhiraj
8	Ponderosa Hi	A	
1)	Fairweather, Joshua	2)	Burrell, Zaiden
3)	Harrell, Taten	4)	Koranda, Moza