

**JV Champs – 2023**  
**Littleton Public School Stadium 5:30pm**

- Chaparral-** Boys Discus
- Castle View-** Boys Shot Put
- Douglas County-** Boys Shot Put
- Heritage-** Exchange Zones
- Highlands Ranch-** Boys Triple Jump
- Legend-** Girls Long Jump
- Mountain Vista-** Girls Shot Put
- Ponderosa-** Girls Triple Jump
- Regis/Castle View-** Pole Vault
- Rock Canyon-** Girls Discus
- Thunder Ridge-** Boys Long Jump

**Coaches Meeting** 5:15 p.m. at Starting Line

**FIELD EVENTS:**

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| <p>5:30pm</p> <ul style="list-style-type: none"> <li>• Triple Jump Girls</li> <li>• Long Jump Boys</li> <li>• Shot Put Girls</li> <li>• High Jump Boys</li> <li>• Pole Vault Girls</li> <li>• Discus Boys</li> </ul> | <p><b>Followed by:</b></p> <ul style="list-style-type: none"> <li>• Long Jump Girls</li> <li>• Triple Jump Boys</li> <li>• Discus Girls</li> <li>• Pole Vault Boys</li> <li>• High Jump Girls</li> <li>• Shot Put Boys</li> </ul> |
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**RUNNING EVENTS Rolling Schedule girls/boys, slowest/fastest:**

5:30pm

- Sprint Medley (1-1- 2-4) Girls
  - 4x800m
  - 100mH
  - 110mH
  - 100m
  - 4x200m
  - 1600m
  - 4x100m
  - 400m
  - 300mH
  - 800m
  - 200m
  - 3200m
  - 4x400m