



Northwest Open Spaces, Northglenn CO

Hosted by:

Northglenn High School

Event: JV/Varsity Race
Date: Friday, October 4th, 2019
Entry Deadline: Tuesday, October 1st, 2019 @ 12:00pm

Schedule:

Coaches Meeting	1:00 PM
Boys JV (Run 7, Score 5).....	1:30 PM
Girls JV (Run 7, Score 5).....	2:00 PM
Boys Varsity (Run 7, Score 5).....	2:30 PM
Girls Varsity (Run 7, Score 5).....	3:00 PM
Boys Open (Unlimited).....	3:30 PM
Girls Open (Unlimited).....	4:15 PM
Awards.....	5:00 PM

ENTRY FEE: \$275 Both Freshman/Sophomore and Varsity Meets
\$175 Varsity Meet ONLY

Payable to: Northglenn High School
Attn: Kyla Strong
601 W. 100th Pl.
Northglenn, CO 80260

(Please DO NOT bring checks to the meet)

ENTRIES, AND SCORING

- **Varsity** and **JV** teams may have 7 entries per gender. The **top 5 finishers are used for scoring**. In the case of a tie, sixth place finishers will be used.
- Unlimited entries for the **Open** Race (Boys and Girls respectively). However, no official scoring or timing will take place (coaches responsible for timing athletes).

Each runner will receive a bib with an attached chip with his or her name label/number on it. **It is extremely important that you give the correct bib to each runner.**

Timing: Provided by Runlimited LLC

TEAM REGISTRATION:

Please register on Milesplit. **The password is Norse19**. Entries are due by **Tuesday, October 1st at NOON. NO EXCEPTIONS**. Only 5 runners will be scored for each the Junior Varsity and Varsity events. Open races are coach timed and therefore do not have a cap.

ARRIVAL/PARKING INFORMATION: **Bus parking** is off of 112th Ave. just west of Pecos. Please see map for parking details.

AWARDS: will be presented promptly at 5:30PM at the finish line for Varsity and JV race and 5:15PM for Fresh/Soph meet

- **Varsity:** Trophies for the top 3 teams and trophies for the top 10 individuals. Team ribbons for top 5 teams (awarded at ceremony)
- **JV:** Trophies for the top 2 teams and top 5 individuals. Team ribbons for top 5 teams and individual ribbons for runners 6-10 (awarded at ceremony)
- **Open:** The top 10 individuals will receive ribbons (awarded at finish)

MERCHANDISE available for purchase, provided by Fine Design

COURSE

The course is unchanged* from past years. We are aware that in the past there has been difficulty at the cross over near the bridge. For safety purposes at the bridge back into the field, we have started the races earlier this year and will be running JV and Varsity races 30 minutes apart and Open races 45 minutes apart. The goal is to have all runners finished before the next race begins. Therefore, we need your help in signing up runners for appropriate races. Please make sure that your runners are signed up for a race that they can finish under the allotted time. Additionally, we have opened up the fencing near the bridge so the runners can run below the bridge crossing to help with traffic at this intersection. We will be sure to explain more about this fix at the coaches meeting.

*Due to improvements and construction in the area, there may be minor changes in the course. We will try to communicate these in advance, with adjusted maps available day of the meet. Please know we are going to try to keep the course as much the same as possible.

BOX ASSIGNMENTS

Boxes have been randomly assigned and are listed below. They will also be available at the Check-In Tent at the beginning of the race.

FIRST AID

We will have an athletic trainer from Children's Hospital at the race. The trainer will be located near the finish line. If your runners are injured on our course or need aid, please see the Northglenn tent.

RESTROOM

Multiple porta-johns are available.

For more information, or if you have any questions, please contact:

Robert Goeken – bob.goeken@stvinc.com

Jake Schaner - jake.m.schaner@adams12.org

Meet Director - Molly Potter - molly.k.potter@adams12.org

Website: <https://sites.google.com/view/northglennxc/pat-amato-classic>

BOXES:

1. Liberty Common
2. Legacy
3. Los Alamos
4. Lakewood
5. Lyons
6. Holy Family
7. Monarch
8. Hinkley
9. Montrose
10. Greeley West
11. Mountain Range
12. Gateway
13. Mountain Vista
14. Frontier Academy
15. Nederland
16. Frederick
17. Pomona
18. Brighton
19. Broomfield
20. Central
21. D'Evelyn
22. Erie
23. Estes Park
24. Golden View Classical Academy
25. Horizon
26. Northglenn
27. Thornton
28. Valor Christian
29. Westminster
30. Fort Collins
31. Ponderosa
32. Evergreen
33. Poudre
34. DSST Green Valley Ranch
35. Rangeview
36. Chatfield
37. Resurrection Christian
38. Boulder
39. Rock Canyon
40. Aurora West College Prep
41. Rocky Mountain
42. Aurora Central
43. Shining Mountain
44. Arvada
45. Summit
46. Addenbrooke Classical
47. ThunderRidge
48. Adams City
49. Vista Peak
50. Wheat Ridge