

JV Meet vs. Heritage and Rock Canyon

Friday, March 14th

Heritage HS Track

3:30-6:30 (approximately)

Out of class: 1:55. Bus Leaves at 2:10

Athletes should arrange their own ride home after the meet

All athletes competing should plan on staying for the entire meet

Order of Events/Line-ups (girls followed by boys)

Sprint Med (Girls Only)

4x800 Relay

100/110 High Hurdles

100 meter dash

4x200 Relay

1600 Meter Run

4x100 Relay

400 Meter Dash

300 Intermediate Hurdles

800 Meter Run

200 Meter Dash

3200 meter run

4x400 Relay

Field Events

Shot Put

Discus

Long Jump

Triple Jump

High Jump

Pole Vault