**JV Meet vs. Rock Canyon and T. Ridge**

Friday, April 4th

Rock Canyon HS

3:30-6:30 (approximately)

Out of class: 2:05. Bus Leaves at 2:20

Athletes should arrange their own ride home after the meet

All athletes competing should plan on staying for the entire meet

**Order of Events/Line-ups (girls followed by boys)**

**Sprint Med (Girls Only)**

**4x800 Relay**

**100/110 High Hurdles**

**100 meter dash**

**4x200 Relay**

**1600 Meter Run**

**4x100 Relay**

**400 Meter Dash**

**300 Intermediate Hurdles**

**800 Meter Run**

**200 Meter Dash**

**3200 meter run**

**4x400 Relay**

**Field Events**

**Shot Put**

**Discus**

**Long Jump**

**Triple Jump**

**High Jump**

**Pole Vault**