**2013 NXR – Southwest Region**

**November 21-23, 2013 (Thursday - Saturday)**

**Toka Sticks Golf Course – Mesa, AZ**

**Proposed Schedule:**

**Thursday, November 21st**

* 1:30 pm Leave for Airport to catch Flight – Meet at the Gate
* 4:20 pm Flight to Phoenix – Southwest #3389 – 4:20-6:10 pm
* 6:30 pm Gather at Phoenix Airport and Pick up Cars –
* 8:00 pm Check into Hotel -- Hyatt Place Phoenix/Gilbert (3275 S. Market St., Gilbert, AZ)

**Friday, November 22nd**

* 8:00 am Team Meeting
* 10:30 am Run at the Water Front Park
* 12:00 pm Lunch and Yogurt at the Waterfront in Tempe (Lunch on your own)
* 4:00 pm NXR Events and Race Course Walk Through
* 7:00 pm Team Dinner at Spaghetti Factory – (3155 W. Chandler Blvd, Chandler, AZ)
* 10:00 pm Lights Out

**Saturday, November 23rd**

* 7:00 am First group leaves for race
* 8:30 am Girls & Boys Open Races
* 10:30 am Boys Championship Race Line Up
* 11:15 am Girls Championship Race Line Up
* 12:15 pm Awards
* 2:00 pm Lunch at In-N-Out Burger (Chik-Fil-A Shakes optional) (Lunch on your own)
* 4:00 pm Leave for Phoenix Airport
* 6:05 pm Flight to Denver – Southwest Airlines # 1388 6:05 – 7:50 pm
* 10:00 pm Arrive Home

**Anticipated Costs: (Per Athlete) Paid By Athlete**

* Flights to Phoenix – Southwest Airlines $227.33
* Hotel – Hyatt Place Phoenix/Gilbert $80.00
* Rental Cars & Gas Money $35.00
* Lunch on Friday & Saturday $25.00
* Team Dinner – Spaghetti Factory $0 (Weavers are covering as their Team Dinner)
* Souvenirs – Shirts, hats, etc. $40.00
* **Total: $407.33**

Those amounts in Green will need to be paid to Vista Nation via check given to John Walton. The amounts in black are the items to be purchased by the Athlete in AZ with Cash. Please make sure to send your athlete with enough cash to purchase what they would like.

\* This is not a CHSAA sanctioned event. As a result, we cannot use team funds to pay for the costs.