**2014 NXR – Southwest Region**

**November 20-22, 2014 (Thursday - Saturday)**

**Grande Sports Academy – Casa Grande, AZ**

**Proposed Schedule:**

**Thursday, November 20th**

* 7:00 am Leave for Airport to catch Flight – Meet at the Gate
* 9:30 am Flight to Phoenix – Southwest Flight # 682 – 9:30 am
* 11:25 am Gather at Phoenix Airport and Pick up Cars – Alamo
* 12:30 pm Lunch on your own
* 2:00 pm Check into Hotel – Springhill Suites – Chandler/Fashion Center

225 N. Metro Blvd, Chandler, AZ 85226

* 3:00 pm Run in Gilbert/Tempe
* 7:00 pm Dinner & Movie – On your own with friends & Teammates

**Friday, November 21st**

* 8:00 am Team Meeting
* 10:30 am Run at the Water Front Park
* 12:00 pm Lunch and Yogurt at the Waterfront in Tempe (Lunch on your own)
* 4:00 pm NXR Events and Race Course Walk Through
* 7:00 pm Team Dinner – Olive Garden at Hotel
* 10:00 pm Lights Out

**Saturday, November 22nd**

* 6:00 am First group leaves for race
* 8:30 am Girls & Boys Open Races
* 10:30 am Boys Championship Race Line Up
* 11:15 am Girls Championship Race Line Up
* 12:15 pm Awards
* 2:00 pm Lunch – In & Out Burger on the way to the Airport
* 4:00 pm Leave for Phoenix Airport
* 6:00 pm Flight to Denver – Southwest Flight # 4364 – 6:40 -8:25 pm
* 10:00 pm Arrive Home

**Anticipated Costs: (Per Athlete) Paid By Athlete**

* Flights to Phoenix – Southwest Airlines $250.00
* Hotel – Hyatt Place Phoenix/Gilbert $85.00
* Rental Cars & Gas Money $50.00
* Team Dinner on Friday $10.00
* Lunch, dinner and Movie (Cash) $50.00
* Souvenirs – Shirts, hats, etc. $50.00
* **Estimated Total: $495.00\***

\* Items in green (totaling $395) will be paid via check to Vista Nation and given to John Walton. You will need to send cash with your child for the other items (totaling $100).