# **2016 NXR – Southwest Region**

# November 17-19, 2016 (Thursday - Saturday) Grande Sports Academy – Casa Grande, AZ

## **Proposed Schedule:**

### Thursday, November 17<sup>th</sup>

•	11:00 am	Leave for Airport to catch Flight – Meet at the Gate
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1:20 pm Flight to Phoenix – Southwest Flight # 2964 – 1:20 – 3:15 pm

• 3:30 pm Gather at Phoenix Airport and pick up rental cars

• 4:30 pm Check into Hotel – Hyatt Place Phoenix Chandler/Fashion Center

3535 W. Chandler Blvd, Chandler, AZ 85226

• 5:00 pm Run as a group before Dinner

• 6:00 pm Dinner on your own

• 10:00 pm Lights Out

#### Friday, November 18th

• 8:00 am Team Meeting

10:30 am Run at the Water Front Park

• 12:00 pm Lunch and Yogurt at the Waterfront in Tempe (Lunch on your own)

4:00 pm NXR Events and Race Course Walk Through

• 7:00 pm Team Dinner – Olive Garden at Hotel

• 10:00 pm Lights Out

#### Saturday, November 19th

• 6:00 am First group leaves for race

8:30 am Girls & Boys Open Races (we will not now official times until later in the week)

• 10:30 am Boys Championship Race Line Up

• 11:15 am Girls Championship Race Line Up

• 12:15 pm Awards

2:00 pm Lunch – In & Out Burger on the way to the Airport

• 4:00 pm Leave for Phoenix Airport

6:00 pm
Flight to Denver – Southwest Flight # 3451 – 6:00 – 7:40 pm

• 9:00 pm Arrive Home – You will need to find your own way home from airport