

**Pomona Invite - 4/14/2023 to 4/15/2023**

**Jeffco Stadium**

**Meet Program - Pomona Day #2**

**Event 1 Girls 800 Sprint Medley**

Lane	Team	Relay	Seed Time
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**Section 1 of 4 Finals**

2	Conifer High	A	NT
3	Pomona High	A	2:10.19
4	George Washi	A	2:08.43
5	Chatfield Hi	A	2:02.33
6	Golden High	A	2:02.34
7	Weld Central	A	2:07.85
8	Wheat Ridge	A	2:19.11

**Section 2 of 4 Finals**

2	Eaton High S	A	1:59.84
3	Resurrection	A	1:59.46
4	Chaparral Hi	A	1:59.09
5	Dakota Ridge	A	1:56.87
6	Palmer High	A	1:57.88
7	Riverdale Ri	A	1:58.17
8	Central Gran	A	1:59.62

**Section 3 of 4 Finals**

2	Rock Canyon	A	1:56.64
3	ThunderRidge	A	1:56.13
4	Coronado Hig	A	1:56.08
5	Vista Peak H	A	1:54.56
6	Castle View	A	1:55.47
7	Pine Creek H	A	1:55.82
8	Cheyenne Mou	A	1:56.54

**Section 4 of 4 Finals**

2	Fort Collins	A	1:54.05
3	Fossil Ridge	A	1:53.90
4	Roosevelt Hi	A	1:53.01
5	Valor Christ	A	1:49.13
6	Windsor High	A	1:52.82
7	Rocky Mounta	A	1:52.90
8	Cherry Creek	A	1:53.96

**Event 8 Girls 4x200 Meter Relay**

Lane	Team	Relay	Seed Time
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**Section 1 of 4 Finals**

1	Denver East	A	NT
2	Conifer High	A	2:06.81
3	Pomona High	A	1:58.68
4	Chatfield Hi	A	1:57.58
5	Golden High	A	1:56.46
6	Arvada West	A	1:56.50
7	Weld Central	A	1:57.43
8	Wheat Ridge	A	1:59.65

**Section 2 of 4 Finals**

1	Overland Hig	A	1:56.20
2	Riverdale Ri	A	1:55.93
3	Durango High	A	1:54.43
4	Northfield H	A	1:54.38
5	Coronado Hig	A	1:52.06
6	George Washi	A	1:52.78
7	Central Gran	A	1:53.94
8	Cheyenne Mou	A	1:55.10

**Section 3 of 4 Finals**

1	Eaton High S	A	1:51.86
2	ThunderRidge	A	1:51.01
3	Doherty High	A	1:50.58
4	Douglas Coun	A	1:50.36
5	Rocky Mounta	A	1:49.24
6	Rock Canyon	A	1:49.28
7	Roosevelt Hi	A	1:50.02
8	Palmer High	A	1:50.74

**Section 4 of 4 Finals**

1	Rangeview Hi	A	1:48.21
2	Jefferson Ac	A	1:47.91
3	Dakota Ridge	A	1:46.77
4	Fossil Ridge	A	1:46.72
5	Valor Christ	A	1:44.14
6	Cherry Creek	A	1:46.50
7	Windsor High	A	1:46.69
8	Pine Creek H	A	1:47.55
9	Fort Collins	A	1:48.67

**Event 9 Boys 4x200 Meter Relay**

Lane	Team	Relay	Seed Time
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**Section 1 of 4 Finals**

1	Weld Central	A	1:47.24
2	Golden High	A	1:44.00
3	Chatfield Hi	A	1:39.78
4	Dakota Ridge	A	1:39.35
5	Conifer High	A	1:37.76
6	Pomona High	A	1:38.60
7	Wheat Ridge	A	1:38.69
8	Resurrection	A	1:40.87

**Section 2 of 4 Finals**

1	Cheyenne Mou	A	1:37.67
2	Denver East	A	1:37.41
3	Arvada West	A	1:36.56
4	Fort Collins	A	1:35.89
5	Central Gran	A	1:34.26
6	Rock Canyon	A	1:34.56
7	Overland Hig	A	1:35.67
8	Coronado Hig	A	1:36.79
9	Jefferson Ac	A	1:37.73

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**Meet Program - Pomona Day #2**

**Section 3 of 4 Finals...(Event 9 Boys 4x200 Meter Relay)**

1	Northfield H	A	1:34.03	_____
2	Eaton High S	A	1:33.97	_____
3	George Washi	A	1:33.73	_____
4	Rangeview Hi	A	1:32.58	_____
5	Castle View	A	1:31.71	_____
6	Riverdale Ri	A	1:32.07	_____
7	Windsor High	A	1:32.51	_____
8	Durango High	A	1:33.73	_____
9	Valor Christ	A	1:34.15	_____

**Section 4 of 4 Finals**

1	Vista Peak H	A	1:31.11	_____
2	Palmer High	A	1:31.01	_____
3	Pine Creek H	A	1:30.48	_____
4	Rocky Mounta	A	1:30.29	_____
5	Loveland Hig	A	1:28.53	_____
6	Cherry Creek	A	1:29.32	_____
7	Doherty High	A	1:30.11	_____
8	ThunderRidge	A	1:30.79	_____
9	Roosevelt Hi	A	1:31.61	_____

**Event 10 Girls 1600 Meter Run**

Lane	Name	School	Seed Time	
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**Section 1 of 4 Finals**

1	Graham, Sophie	George Washi	6:03.00	_____
2	Golightly, Jayde	Central Gran	6:03.27	_____
3	Thatcher, Lillian	Central Gran	6:10.79	_____
4	Smith, Maci	Vista Peak H	6:12.54	_____
5	Ternlund, Melanie	Rangeview Hi	6:12.72	_____
6	Gustafson, Kenna	Fort Collins	6:14.58	_____
7	Baillie, Madelyn	Wheat Ridge	6:17.10	_____
8	Cornelius, Olivia	Riverdale Ri	6:17.24	_____
9	Hullinger, Abigail	Stem High Sc	6:27.96	_____
10	Shady, Kylie	Overland Hig	6:33.02	_____
11	Wageman, Joelle	Conifer High	6:35.49	_____
12	Holloran, Willow	Rocky Mounta	6:41.98	_____
13	Winkelmann, Kaitlyn	Ouray High S	6:42.24	_____
14	Mixon, Carena	Wheat Ridge	6:42.77	_____
15	Spradlin, Astoria	Coronado Hig	6:43.84	_____
16	Dawson, Maya	Conifer High	6:53.77	_____
17	MacLeay, Eliza	Vista Peak H	6:54.02	_____
18	Klausner, Sydnee	Weld Central	6:55.92	_____
19	Weller, Kharis	Ouray High S	6:56.24	_____
20	Mann, Laney	Overland Hig	7:29.00	_____
21	McGrath, Payton	Weld Central	8:09.49	_____

**Section 2 of 4 Finals**

1	Green, Charlee	Arvada West	5:40.92	_____
2	Dodge, Murrie	Rock Canyon	5:42.11	_____
3	Hunt, Diana	Fossil Ridge	5:42.52	_____
4	Boutelle, Lauren	Pine Creek H	5:43.55	_____
5	McKinney, Emma	Douglas Coun	5:43.77	_____
6	Dupper, Katie	Rock Canyon	5:45.00	_____
7	Babcock, Molly	Cheyenne Mou	5:45.49	_____
8	Crowley, Lila	Heritage Hig	5:49.03	_____
9	Schwalm, Emry	Heritage Hig	5:50.00	_____
10	Tipton, Emily	Dakota Ridge	5:50.31	_____
11	Chomas, Scout	Denver East	5:50.45	_____
12	Boyle, Caitlyn	ThunderRidge	5:51.02	_____
13	Burchfield, Megan	Cheyenne Mou	5:52.63	_____
14	Doerfler, Emily	Rocky Mounta	5:54.05	_____
15	McKinney, Hailey	Douglas Coun	5:54.53	_____
16	Kobak, Gabriela	Northfield H	5:56.23	_____
17	Halverson, Sophia	Golden High	5:56.47	_____
18	Vuong, Kyra	Rangeview Hi	5:57.33	_____
19	McCauley, Cami	Chatfield Hi	6:00.00	_____
20	Bliss, Gracie	Pomona High	6:00.28	_____
21	Lasswell, Jessica	Coronado Hig	6:01.46	_____

**Section 3 of 4 Finals**

1	Hamm, Alice	Cherry Creek	5:25.40	_____
2	Wolfe, Baylor	Cherry Creek	5:25.80	_____
3	Smith, Marin	Mountain Vis	5:26.19	_____
4	Lev, Neev	Castle View	5:26.79	_____
5	Wendell, Brenna	Castle View	5:27.32	_____
6	Lancaster, Alex	Valor Christ	5:28.16	_____
7	Koole, Joy	Resurrection	5:28.17	_____
8	Swaim, Cayley	Mountain Vis	5:28.72	_____
9	Mourer, Lily	Golden High	5:28.82	_____
10	Freda, Abby	Arvada West	5:30.20	_____
11	Crockett, Briar	Loveland Hig	5:31.71	_____
12	Hilderbrant, Haley	Dakota Ridge	5:31.92	_____
13	Lange, Jilli	Palmer High	5:32.34	_____
14	Combe, Riley	Castle View	5:33.94	_____
15	Torres, Addi	Valor Christ	5:35.14	_____
16	Kendall, Mikaela	Heritage Chr	5:36.77	_____
17	Serell, Alaire	Fossil Ridge	5:37.94	_____
18	Atkinson, Giana	Northfield H	5:38.32	_____
19	Bookout, Kaylie	Faith Christ	5:39.17	_____
20	Lambert, Ayumi	Durango High	5:39.24	_____
21	Calhoun, Kelsey	Palmer High	5:39.95	_____

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**Jeffco Stadium**

**Meet Program - Pomona Day #2**

**Section 4 of 4 Finals...(Event 10 Girls 1600 Meter Run)**

1	Stutzman, Emma	Pomona High	4:53.30	_____
2	Mucharsky, Rosie	Denver East	5:05.90	_____
3	Johns, Ella	Fort Collins	5:06.59	_____
4	Marr, Avery	Prospect Rid	5:07.40	_____
5	Derickson, Jessica	Mountain Vis	5:07.52	_____
6	Romalia, Annie	Mountain Vis	5:09.43	_____
7	Wilhelm, Emma	Pine Creek H	5:11.92	_____
8	Wolfe, Kinley	Cherry Creek	5:12.43	_____
9	Cohen, Emily	Cherry Creek	5:12.92	_____
10	Voss, Sofia	Durango High	5:14.29	_____
11	Sheridan, Olivia	Palmer High	5:16.95	_____
12	Havlick, Adele	Palmer High	5:17.86	_____
13	Tucker, Reese	Chatfield Hi	5:18.13	_____
14	Berg, Tatum	Fossil Ridge	5:18.20	_____
15	Roberts, Elizabeth	Resurrection	5:18.62	_____
16	Jenulis, Elizabeth	George Washi	5:18.99	_____
17	Torres, Elena	Loveland Hig	5:20.57	_____
18	Parry, Hayden	Chaparral Hi	5:21.16	_____
19	Seiler, Madison	Gering	5:22.12	_____
20	Parry, Kapri	Chaparral Hi	5:24.30	_____
21	Meineke, Payton	Riverdale Ri	5:24.58	_____

**Event 11 Boys 1600 Meter Run**

Lane	Name	School	Seed Time	
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**Section 1 of 4 Finals**

1	Langer, Samuel	Resurrection	4:58.55	_____
2	Kitchen, Ammon	Chatfield Hi	5:00.26	_____
3	Smith, Parker	Palmer High	5:01.39	_____
4	Clark, Alistair	Rocky Mounta	5:02.45	_____
5	Bishop, Noah	Smoky Hill H	5:02.54	_____
6	Dahl, Leif	Wheat Ridge	5:06.49	_____
7	Tegeder, Sully	Wheat Ridge	5:07.23	_____
8	Thomas, Nigel	Faith Christ	5:07.82	_____
9	Chiguasuque Caicedo, Sin	Rangeview Hi	5:09.32	_____
10	Rodriguez, Xavier	Overland Hig	5:18.03	_____
11	Hanson, Yonas	Manitou Spri	5:19.00	_____
12	Hayson, Landon	Vista Peak H	5:24.13	_____
13	Briggs, LeRoy	Vista Peak H	5:27.61	_____
14	Kaminsky, Sean	Riverdale Ri	5:30.93	_____
15	Carbajal, Jaime	Weld Central	5:38.54	_____
16	King, Trevor	Ouray High S	5:38.87	_____
17	Post, Cody	Overland Hig	5:45.15	_____
18	Martinez, Preston	Stem High Sc	5:52.95	_____
19	Jacobo, Roberto	Weld Central	5:55.87	_____
20	Brown, Henry	George Washi	5:56.28	_____
21	Lopez Artega, Ramon	Rangeview Hi	6:06.70	_____
22	Griess, Clayton (Cole)	Riverdale Ri	6:18.11	_____
23	Cayton, Harper	Palmer High	6:32.95	_____
24	Leake-Jara, Nicholas	Stem High Sc	6:33.95	_____
25	Bonanno, AJ	Durango High	NT	_____

**Section 2 of 4 Finals**

1	Higgins, Quinn	Denver East	4:40.38	_____
2	Wyman, Cody	Manitou Spri	4:40.46	_____
3	Alley, Christian	Castle View	4:40.50	_____
4	Bartunek, Luke	Castle View	4:40.52	_____
5	O'Day, Cale	Cheyenne Mou	4:43.14	_____
6	Shull, Cameron	Golden High	4:43.90	_____
7	Ambrozevitch, Mike	Loveland Hig	4:44.72	_____
8	Halopoff, Tanner	Rocky Mounta	4:44.79	_____
9	Garmany, Samuel	Central Gran	4:45.22	_____
10	Wright, Ethan	Dakota Ridge	4:45.44	_____
11	Giles, Marcus	Loveland Hig	4:46.72	_____
12	Aden, Avery	Dakota Ridge	4:47.62	_____
13	Federico, Turner	Pomona High	4:47.74	_____
14	Stubenrauch, Henry	Golden High	4:48.28	_____
15	Boedeker, Samuel	Douglas Coun	4:48.33	_____
16	Reinoehl, Aden	Pomona High	4:49.00	_____
17	Larkin, Shane	Northfield H	4:49.83	_____
18	Shoemaker, Nicholas	Prospect Rid	4:50.00	_____
19	Gilbert, Alexander	Cherry Creek	4:50.07	_____
20	Gaafar, Sharif	Smoky Hill H	4:50.38	_____
21	Scott, Isaac	Cherry Creek	4:50.96	_____
22	Bepristis, Alex	Faith Christ	4:54.94	_____
23	Nortman, Luke	George Washi	4:56.86	_____
24	O'Dougherty, Noah	Chatfield Hi	4:58.34	_____
25	Hemsky, Max	Dakota Ridge	4:58.37	_____

**Section 3 of 4 Finals**

1	Swenk, Luke	Durango High	4:31.80	_____
2	Singh, Avin	Prospect Rid	4:32.00	_____
3	Souverein, Joey	Fossil Ridge	4:32.41	_____
4	Kleinschmidt, Isaac	Northfield H	4:32.42	_____
5	Kerrigan, Brian	Cheyenne Mou	4:32.73	_____
6	Warren, Porter	Valor Christ	4:33.00	_____
7	Jaramillo, Cody	Rock Canyon	4:33.06	_____
8	Larkin, Ian	Northfield H	4:34.01	_____
9	Sheehan, Jack	Northfield H	4:34.20	_____
10	Christopherson, Evan	Fort Collins	4:34.24	_____
11	Hill, Brady	Rock Canyon	4:34.28	_____
12	O'Loughlin, Ryan	Heritage Chr	4:35.12	_____
13	Teruel, Cy	Fossil Ridge	4:35.22	_____
14	Brazelton, Carter	Fossil Ridge	4:35.94	_____
15	Davidson, Parker	Coronado Hig	4:36.00	_____
16	Crooks, Judah	Valor Christ	4:36.00	_____
17	West, Jackson	Rock Canyon	4:36.20	_____
18	Schierenberg, Vincent	Ouray High S	4:36.52	_____
19	Potts, Boston	Coronado Hig	4:36.60	_____
20	Graham, Parker	Castle View	4:37.69	_____
21	Klein, Lucas	Cheyenne Mou	4:38.70	_____
22	Wolff, Benjamin	Heritage Hig	4:39.56	_____
23	England, Liam	Heritage Hig	4:39.93	_____
24	Bly, Wyatt	Conifer High	4:40.00	_____

**Pomona Invite - 4/14/2023 to 4/15/2023**

**Jeffco Stadium**

**Meet Program - Pomona Day #2**

**Section 4 of 4 Finals...(Event 11 Boys 1600 Meter Run)**

1	Downs, Tyler	Mountain Vis	4:14.21	_____
2	Eike, Dane	Valor Christ	4:15.85	_____
3	Levings, Kaden	Cheyenne Mou	4:16.74	_____
4	Anderson, Benjamin	Mountain Vis	4:16.78	_____
5	Groendyk, Christian	Fort Collins	4:17.07	_____
6	Fagerlin, Jackson	Resurrection	4:18.65	_____
7	Collins, Brogan	Cheyenne Mou	4:19.62	_____
8	Trowbridge, Shalom	Central Gran	4:22.83	_____
9	Hobert, Corbin	Denver East	4:23.27	_____
10	Bayer, Carter	Cheyenne Mou	4:23.45	_____
11	Goodman, Logan	Prospect Rid	4:26.00	_____
12	Campos, Xzavier	Coronado Hig	4:26.55	_____
13	Gullett, Logan	Eaton High S	4:26.93	_____
14	Charkut, Evan	ThunderRidge	4:26.98	_____
15	Casselmann, Owen	ThunderRidge	4:27.02	_____
16	Edwards, Jackson	Central Gran	4:27.13	_____
17	Dendorfer, Kaeden	Valor Christ	4:28.16	_____
18	Gramling, James	Douglas Coun	4:29.09	_____
19	Nauman, Jack	Heritage Chr	4:29.67	_____
20	Fisher, Alex	Central Gran	4:30.13	_____
21	Doty, Patrick	Conifer High	4:30.31	_____
22	Scudamore, Jonas	Denver East	4:30.97	_____
23	Rivera, Gustavo	Pomona High	4:31.38	_____
24	Cole, Leo	Fort Collins	4:31.73	_____

**Event 12 Girls 4x100 Meter Relay**

Lane	Team	Relay	Seed Time	
<b>Section 1 of 4 Finals</b>				
1	Wheat Ridge	A	1:01.84	_____
2	Conifer High	A	57.85	_____
3	Golden High	A	54.99	_____
4	Durango High	A	54.85	_____
5	Cheyenne Mou	A	53.52	_____
6	Resurrection	A	53.59	_____
7	Pomona High	A	54.15	_____
8	Weld Central	A	55.67	_____
<b>Section 2 of 4 Finals</b>				
1	Palmer High	A	53.00	_____
2	Castle View	A	53.00	_____
3	George Washi	A	52.73	_____
4	Coronado Hig	A	52.59	_____
5	Douglas Coun	A	51.75	_____
6	Eaton High S	A	52.18	_____
7	Overland Hig	A	52.38	_____
8	Central Gran	A	52.97	_____
9	Arvada West	A	53.16	_____

**Section 3 of 4 Finals**

1	Smoky Hill H	A	51.65	_____
2	Fort Collins	A	51.59	_____
3	Riverdale Ri	A	51.47	_____
4	Valor Christ	A	51.10	_____
5	Rocky Mounta	A	50.86	_____
6	Chaparral Hi	A	50.87	_____
7	Jefferson Ac	A	50.87	_____
8	Doherty High	A	51.49	_____
9	Pine Creek H	A	51.69	_____

**Section 4 of 4 Finals**

1	Roosevelt Hi	A	50.55	_____
2	Rock Canyon	A	50.54	_____
3	Chatfield Hi	A	50.46	_____
4	Rangeview Hi	A	50.40	_____
5	Fossil Ridge	A	48.80	_____
6	Northfield H	A	49.38	_____
7	Dakota Ridge	A	50.02	_____
8	Denver East	A	50.50	_____
9	Vista Peak H	A	50.85	_____

**Event 13 Boys 4x100 Meter Relay**

Lane	Team	Relay	Seed Time	
<b>Section 1 of 4 Finals</b>				
1	Stem High Sc	A	51.37	_____
2	Weld Central	A	50.26	_____
3	Golden High	A	47.32	_____
4	Durango High	A	46.67	_____
5	Pomona High	A	46.29	_____
6	Conifer High	A	46.43	_____
7	Resurrection	A	46.51	_____
8	Wheat Ridge	A	48.88	_____
9	George Washi	A	NT	_____
<b>Section 2 of 4 Finals</b>				
1	Chaparral Hi	A	45.68	_____
2	Coronado Hig	A	45.40	_____
3	Arvada West	A	45.27	_____
4	Cheyenne Mou	A	45.23	_____
5	Chatfield Hi	A	45.10	_____
6	Fort Collins	A	45.14	_____
7	Rock Canyon	A	45.20	_____
8	Central Gran	A	45.30	_____
9	Jefferson Ac	A	46.03	_____
<b>Section 3 of 4 Finals</b>				
1	Dakota Ridge	A	44.44	_____
2	Castle View	A	44.40	_____
3	Rangeview Hi	A	44.16	_____
4	Valor Christ	A	44.10	_____
5	Palmer High	A	43.60	_____
6	Windsor High	A	43.67	_____
7	Vista Peak H	A	43.69	_____
8	Rocky Mounta	A	44.34	_____
9	Riverdale Ri	A	44.91	_____

**Pomona Invite - 4/14/2023 to 4/15/2023**

**Jeffco Stadium**

**Meet Program - Pomona Day #2**

**Section 4 of 4 Finals...(Event 13 Boys 4x100 Meter Relay)**

1	Pine Creek H	A	43.36	_____
2	ThunderRidge	A	43.12	_____
3	Denver East	A	43.01	_____
4	Douglas Coun	A	42.97	_____
5	Northfield H	A	42.04	_____
6	Cherry Creek	A	42.72	_____
7	Roosevelt Hi	A	42.85	_____
8	Overland Hig	A	43.09	_____
9	Fossil Ridge	A	43.51	_____

**Event 18 Girls 800 Meter Run**

Lane	Name	School	Seed Time	
<b>Section 1 of 4 Finals</b>				
1	Quayle, Mira	Durango High	2:44.66	_____
2	Smith, Anastasia	Vista Peak H	2:46.73	_____
3	Valdez, Rose	Pomona High	2:47.90	_____
4	Mommens, Savannah	Riverdale Ri	2:48.68	_____
5	Gutowski, Libby	Coronado Hig	2:49.95	_____
6	Wilson, Abigail	ThunderRidge	2:51.13	_____
7	Stutzman, Jordain	Pomona High	2:52.00	_____
8	Corey, Emma	Coronado Hig	2:52.00	_____
9	Taylor, Kate	George Washi	2:52.99	_____
10	Driskell, Kaitlyn	Doherty High	2:55.12	_____
11	Viurquez, Elizabeth	Conifer High	2:55.60	_____
12	Holley, Brianna	Weld Central	2:57.23	_____
13	Campos, Soriyah	Vista Peak H	2:59.09	_____
14	Snavely, Sabrina	Wheat Ridge	3:00.82	_____
15	Freed, Hannah	Ouray High S	3:01.00	_____
16	Clark, Lucy	Wheat Ridge	3:06.46	_____
17	Mann, Laney	Overland Hig	3:23.13	_____
18	McGrath, Payton	Weld Central	3:37.40	_____
19	Eleson, Violet	George Washi	NT	_____
20	Havlick, Adele	Palmer High	NT	_____
<b>Section 2 of 4 Finals</b>				
1	Thompson, Violet	Chaparral Hi	2:33.42	_____
2	Dennis, Kelsey	Northfield H	2:33.47	_____
3	Diedrich, Elle	Central Gran	2:34.56	_____
4	Stansbury, Charly	Northfield H	2:34.59	_____
5	Smith, Darian	Smoky Hill H	2:34.73	_____
6	Ochoa, Casey	Pine Creek H	2:35.00	_____
7	Covington, Aidyn	Chaparral Hi	2:36.25	_____
8	Kellogg, Avery	Resurrection	2:36.73	_____
9	Mather, Leah	Rangeview Hi	2:36.87	_____
10	Komberec, Maggie	Resurrection	2:37.07	_____
11	Porter, Lucy	Rock Canyon	2:38.22	_____
12	Ochoa, Julieta	Denver East	2:38.69	_____
13	Nicholas, Aubrie	Arvada West	2:39.47	_____
14	Shiroff, Sophia	Denver East	2:39.80	_____
15	Bookout, Kaylie	Faith Christ	2:39.80	_____
16	Radford, Mia	Douglas Coun	2:39.88	_____
17	Levy, Allison	Pomona High	2:41.15	_____
18	Frey, Emily	Pine Creek H	2:42.62	_____
19	Pataluna, Johanna	Riverdale Ri	2:42.70	_____
20	Rivera, Ella	Rocky Mounta	2:42.81	_____

**Section 3 of 4 Finals**

1	Morgan, Reese	Fossil Ridge	2:24.76	_____
2	Johns, Delaney	Fort Collins	2:24.95	_____
3	Twete, Addi	Mountain Vis	2:25.00	_____
4	Pellegrino, Mia	Cherry Creek	2:25.39	_____
5	Voss, Sofia	Durango High	2:26.34	_____
6	Potter, Ellayna	Fort Collins	2:26.50	_____
7	Kaines, Lindsey	Rocky Mounta	2:26.72	_____
8	Buxton, Mackenzie	Golden High	2:27.00	_____
9	Wagner, Brynn	Central Gran	2:28.76	_____
10	Baker, Ciara	Castle View	2:29.17	_____
11	Fender, Caroline	Heritage Hig	2:30.00	_____
12	Berwanger, Lily	Ouray High S	2:30.09	_____
13	Lee, Faith	Heritage Chr	2:30.23	_____
14	Boekes, Mariana	Castle View	2:30.84	_____
15	Horneck, Kate	Conifer High	2:31.10	_____
16	Stanton, Ainsley	Heritage Chr	2:31.25	_____
17	Nelson, Riley	Golden High	2:32.00	_____
18	Freda, Sam	Arvada West	2:32.07	_____
19	Temlund, Melanie	Rangeview Hi	2:32.07	_____
20	Brantley, Abigail	Dakota Ridge	2:32.21	_____

**Section 4 of 4 Finals**

1	Millican, Jocelyn	Valor Christ	2:15.18	_____
2	Anderson, Hannah	Chatfield Hi	2:15.97	_____
3	Adams, Peyton	Mountain Vis	2:17.74	_____
4	Weigang, Linda	Heritage Hig	2:18.91	_____
5	Seiler, Madison	Gering	2:19.10	_____
6	Gamily, Keira	Mountain Vis	2:19.67	_____
7	Johnson, Chloe	Douglas Coun	2:19.91	_____
8	Rorick, Taylor	Valor Christ	2:20.00	_____
9	Aldelemy, Hanan	Dakota Ridge	2:20.54	_____
10	Voronin, Delaney	Fossil Ridge	2:21.61	_____
11	Williams, Mia	Fossil Ridge	2:21.92	_____
12	Barclay, Melayna	Chatfield Hi	2:21.97	_____
13	Sheridan, Olivia	Palmer High	2:22.80	_____
14	Stuart, Eloise	Rock Canyon	2:23.46	_____
15	Geraets, Samantha	Fossil Ridge	2:23.53	_____
16	Laughlin, Caroline	Cherry Creek	2:24.03	_____
17	Mensah, Mawuse (Elisha)	Overland Hig	2:24.07	_____
18	Bush, Maggie	Windsor High	2:24.53	_____
19	Raley, Lauren	Cheyenne Mou	2:24.73	_____

Pomona Invite - 4/14/2023 to 4/15/2023

Jeffco Stadium

Meet Program - Pomona Day #2

**Event 19 Boys 800 Meter Run**

Lane	Name	School	Seed Time
<b>Section 1 of 4 Finals</b>			
1	Limon, Daunte	Wheat Ridge	2:13.24
2	Kidane, Adonai	Vista Peak H	2:14.18
3	Christensen, Tyler	Heritage Hig	2:15.00
4	Flores Gonzalez, Alejandr	Vista Peak H	2:15.73
5	Steed, Gavin	Heritage Chr	2:16.44
6	Russell, Levi	Pomona High	2:17.62
7	Thomas, Nigel	Faith Christ	2:17.67
8	Silva, Aiden	Smoky Hill H	2:19.70
9	Gibson, Chris	Weld Central	2:20.00
10	Allen, Maasai	Overland Hig	2:20.48
11	Alahuhta, Taneli	Conifer High	2:26.22
12	King, Trevor	Ouray High S	2:26.53
13	Nelson, Keaton	Ouray High S	2:30.56
14	Post, Cody	Overland Hig	2:32.06
15	Allen, Cooper	Stem High Sc	2:32.86
16	Buchholz, Theo	Palmer High	2:35.78
17	Hopp, Josh	Weld Central	2:38.32
18	Martinez, Preston	Stem High Sc	2:43.36
19	Currie, Isaiah	Palmer High	2:47.84
20	Anna, Ethan	Pomona High	NT
21	Yaun, Oscar	Conifer High	NT
<b>Section 2 of 4 Finals</b>			
1	Lang, Jackson	Fossil Ridge	2:07.89
2	Pontious, Hyrum	Coronado Hig	2:08.28
3	Webb, Michael	Windsor High	2:08.37
4	Brown, Demetrious	Rangeview Hi	2:08.65
5	Silvis, Jacob	Pine Creek H	2:08.67
6	Cline, Ethan	Wheat Ridge	2:08.67
7	Straub, Adam	Dakota Ridge	2:08.85
8	Haro Gutierrez, Emmanuel	Riverdale Ri	2:08.88
9	Hunsaker, Aric	Riverdale Ri	2:09.00
10	Kilman, Andrew	Douglas Coun	2:09.32
11	Bergman, Martin	Chatfield Hi	2:09.33
12	Beprestis, Alex	Faith Christ	2:09.68
13	Mendoza, Alexander	Central Gran	2:09.70
14	Devivo, Jake	Fossil Ridge	2:11.46
15	Rial, Gable	Pine Creek H	2:11.54
16	Shull, Cameron	Golden High	2:11.79
17	Belcher, Garrett	Heritage Hig	2:11.82
18	Landry, Harrison	Cherry Creek	2:12.00
19	Snow, Miles	Durango High	2:12.24
20	Bulto, Kimi	Rangeview Hi	2:12.36

**Section 3 of 4 Finals**

1	Collins, Brogan	Cheyenne Mou	2:02.69
2	Voorhees, Oliver	Northfield H	2:03.23
3	Bennett, Henry	Denver East	2:03.37
4	Crippen, Tyler	George Washi	2:03.92
5	Downing, Storm	Rocky Mounta	2:04.00
6	Ruthven, Cadel	Fort Collins	2:04.15
7	Reddinger, Thomas	Lakewood Hig	2:04.76
8	Laity, Justin	Rock Canyon	2:04.80
9	Naranjo, Emil	Resurrection	2:05.30
10	Kissell, Liam	Castle View	2:05.33
11	Trowbridge, Yishai	Central Gran	2:05.49
12	Gantek, TJ	Heritage Chr	2:05.57
13	Dorko, Brodie	Durango High	2:05.61
14	Smith, Tanner	Douglas Coun	2:06.14
15	Stepp, Spencer	Coronado Hig	2:06.51
16	Love, Connor	Loveland Hig	2:06.68
17	Spring, Vole	Cherry Creek	2:06.70
18	Parrill, Jackson	Chaparral Hi	2:07.39
19	Batie, Kai	Loveland Hig	2:07.49
20	Kinne, Jacob	Castle View	2:07.87

**Section 4 of 4 Finals**

1	Costelow, Drew	Valor Christ	1:50.76
2	Lee, Ben	ThunderRidge	1:57.46
3	Sutter, Caleb	Resurrection	1:57.98
4	Hobert, Corbin	Denver East	1:58.34
5	Gullett, Logan	Eaton High S	1:58.49
6	Romalia, Daniel	Mountain Vis	1:58.92
7	Draper, Brennan	Chaparral Hi	1:59.48
8	Stubenrauch, Henry	Golden High	1:59.58
9	Swan, Enzo	Valor Christ	2:00.13
10	Levings, Kaden	Cheyenne Mou	2:00.21
11	Whitney, Owen	Rock Canyon	2:00.33
12	Riley, Ben	Rock Canyon	2:01.01
13	Krasner, Nathan	Northfield H	2:01.21
14	Troyer, Bradley	Dakota Ridge	2:01.37
15	Kilburg, Ryder	Chatfield Hi	2:01.44
16	Hansen, Walter	Rocky Mounta	2:02.00
17	Jump, Michael	ThunderRidge	2:02.26
18	Heisler, Chance	Dakota Ridge	2:02.29
19	Christopherson, Evan	Fort Collins	2:02.43
20	Marez, Eli	Gering	2:02.66

**Event 38 Mixed 4x101 Meter Relay**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
3	Castle View	A	NT
4	Rocky Mounta	A	NT
5	Wheat Ridge	A	NT
6	ThunderRidge	A	NT
7	Conifer High	A	NT

**Pomona Invite - 4/14/2023 to 4/15/2023**

**Jeffco Stadium**

**Meet Program - Pomona Day #2**

**Section 2 of 2 Finals...(Event 38 Mixed 4x101 Meter Relay)**

3	Chatfield Hi	A	NT	_____
4	Riverdale Ri	A	2:04.00	_____
5	Fossil Ridge	A	52.00	_____
6	Golden High	A	54.30	_____
7	Valor Christ	A	55.00	_____
8	Chaparral Hi	A	NT	_____

**Event 24 Girls 4x400 Meter Relay**

Lane	Team	Relay	Seed Time	
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**Section 1 of 4 Finals**

2	Wheat Ridge	A	5:38.19	_____
3	Durango High	A	4:41.67	_____
4	Conifer High	A	4:40.95	_____
5	Resurrection	A	4:31.20	_____
6	Chaparral Hi	A	4:31.94	_____
7	Golden High	A	4:38.08	_____
8	Weld Central	A	4:48.27	_____

**Section 2 of 4 Finals**

2	Riverdale Ri	A	4:29.13	_____
3	Palmer High	A	4:22.18	_____
4	Rocky Mounta	A	4:20.90	_____
5	Cheyenne Mou	A	4:18.95	_____
6	Pomona High	A	4:20.22	_____
7	Dakota Ridge	A	4:20.86	_____
8	Central Gran	A	4:23.21	_____

**Section 3 of 4 Finals**

2	Smoky Hill H	A	4:15.32	_____
3	Chatfield Hi	A	4:15.02	_____
4	Rock Canyon	A	4:14.50	_____
5	ThunderRidge	A	4:10.93	_____
6	Doherty High	A	4:11.55	_____
7	Castle View	A	4:12.22	_____
8	Northfield H	A	4:15.18	_____

**Section 4 of 4 Finals**

2	Windsor High	A	4:10.69	_____
3	Douglas Coun	A	4:07.58	_____
4	Valor Christ	A	4:07.36	_____
5	Mountain Vis	A	3:57.51	_____
6	Fossil Ridge	A	4:05.85	_____
7	Cherry Creek	A	4:06.88	_____
8	Fort Collins	A	4:09.16	_____

**Event 25 Boys 4x400 Meter Relay**

Lane	Team	Relay	Seed Time	
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**Section 1 of 4 Finals**

1	George Washi	A	NT	_____
2	Weld Central	A	4:07.74	_____
3	Palmer High	A	3:53.45	_____
4	Conifer High	A	3:53.04	_____
5	Overland Hig	A	3:46.31	_____
6	Coronado Hig	A	3:46.69	_____
7	Rangeview Hi	A	3:47.32	_____
8	Wheat Ridge	A	3:59.87	_____

**Section 2 of 4 Finals**

1	Golden High	A	3:45.95	_____
2	Pomona High	A	3:44.40	_____
3	Chaparral Hi	A	3:39.61	_____
4	Rock Canyon	A	3:39.24	_____
5	Northfield H	A	3:34.81	_____
6	Ouray High S	A	3:35.53	_____
7	Chatfield Hi	A	3:36.21	_____
8	Dakota Ridge	A	3:41.10	_____

**Section 3 of 4 Finals**

1	Cheyenne Mou	A	3:34.58	_____
2	Rocky Mounta	A	3:34.54	_____
3	Central Gran	A	3:34.36	_____
4	Fort Collins	A	3:33.68	_____
5	Windsor High	A	3:32.86	_____
6	Resurrection	A	3:32.99	_____
7	Douglas Coun	A	3:33.67	_____
8	Riverdale Ri	A	3:34.51	_____
9	Durango High	A	3:34.59	_____

**Section 4 of 4 Finals**

1	Eaton High S	A	3:32.18	_____
2	Smoky Hill H	A	3:31.17	_____
3	Valor Christ	A	3:30.44	_____
4	Roosevelt Hi	A	3:30.01	_____
5	ThunderRidge	A	3:23.12	_____
6	Cherry Creek	A	3:27.44	_____
7	Fossil Ridge	A	3:29.45	_____
8	Doherty High	A	3:30.66	_____
9	Castle View	A	3:32.52	_____

**Event 31 Boys Triple Jump**

Pos	Name	School	Seed Mark	
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**Flight 1 of 4 Finals**

1	Stickel, Jebediah	Golden High	34-06.00	_____
2	Sims, Silas	Wheat Ridge	34-07.50	_____
3	Cheeseman, Grant	Wheat Ridge	34-10.00	_____
4	Decker, Andrew	Chatfield Hi	35-00.00	_____
5	Sanchez, Noah	Pomona High	35-03.00	_____
6	Wilshusen, William	Coronado Hig	35-03.00	_____
7	Molina, Jaydon	Pomona High	35-06.50	_____
8	Mutti, Schuyler	Palmer High	35-07.00	_____
9	Houchen, Thaddeus	Chaparral Hi	36-01.75	_____
10	Minahan Pomerling, Benne	Chatfield Hi	36-06.50	_____
11	Fabre, De'Andre	George Washi	36-07.00	_____
12	Jindra, Liam	Dakota Ridge	37-00.00	_____

**Pomona Invite - 4/14/2023 to 4/15/2023**

**Jeffco Stadium**

**Meet Program - Pomona Day #2**

**Flight 2 of 4 Finals...(Event 31 Boys Triple Jump)**

1	Straub, Adam	Dakota Ridge	37-02.00
2	Isaac, Truth	Vista Peak H	37-08.50
3	Brown II, Ulysses	ThunderRidge	38-01.75
4	Moore, Jake	Golden High	38-06.00
5	Wentz, Owen	Rocky Mounta	38-06.50
6	Hawker, Sam	Cheyenne Mou	38-07.00
7	Herms, Nicholas	Rocky Mounta	38-10.00
8	McReynolds, Cullen	Arvada West	39-01.50
9	Markel, Wyatt	Coronado Hig	39-04.00
10	Kerstiens, Reagan	Rock Canyon	39-08.00
11	Gurnsey, Miller	Eaton High S	39-10.00
12	Seals-Fisher, Talil	Overland Hig	39-11.00

**Flight 3 of 4 Finals**

1	Conway Reiser, Finn	Fort Collins	40-03.75
2	Okhihan, Ose	Rangeview Hi	40-04.25
3	Bourke, Brendon	Cherry Creek	40-06.50
4	Garvin, Luke	Fossil Ridge	40-07.50
5	Tomlinson, Nemo	Northfield H	40-09.00
6	Joens, Austin	Windsor High	40-09.00
7	Lorenzo, Brandon	Rock Canyon	40-11.00
8	Hill, Emmanuel	Pine Creek H	41-01.00
9	Franquemont, Jeffrey	ThunderRidge	41-04.00
10	Gray, Brian	Douglas Coun	41-04.50
11	Kwong, Matthew	Northfield H	41-04.50
12	Nohr, Jayden	Roosevelt Hi	41-06.00

**Flight 4 of 4 Finals**

1	Curtis, Guy	Fort Collins	41-08.00
2	Plater, Amareâ€™e	Overland Hig	41-08.00
3	Stivers, Zumari	Overland Hig	42-00.00
4	Schmidt, Harley	Fossil Ridge	42-05.00
5	Frazier, Kevin	Rangeview Hi	42-09.00
6	Shrestha, Nathan	Rock Canyon	42-09.00
7	Brunk, Salem	Windsor High	43-00.00
8	Roy, Elijah	Pine Creek H	43-02.25
9	Bettencourt, Dominic	Doherty High	43-03.00
10	Dobson, Micah	Rangeview Hi	44-10.50
11	Grable, Zac	Eaton High S	45-02.00
12	Billington, Josiah	Castle View	45-05.75

**Event 28 Girls Long Jump**

Pos	Name	School	Seed	Mark
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**Flight 1 of 4 Finals**

1	Niedringhaus Schultz, Brię	Golden High	ND	
2	Shelp, Senbate	Chatfield Hi	ND	
3	Davis, Elisha	Rangeview Hi	ND	
4	Juhasz, Makayla	Riverdale Ri	10-11.00	
5	Quinn, Lilly	Golden High	11-04.50	
6	Wachendorf, Janae	Conifer High	12-00.50	
7	Sanvido, Rylie	Conifer High	12-06.00	
8	Valdez, Rose	Pomona High	12-09.00	
9	Morrell, Jolee	Riverdale Ri	13-00.50	
10	Barbic, Kate	Dakota Ridge	13-02.50	
11	Meyer, Isabelle	ThunderRidge	13-03.25	
12	Coyle, Carina	Chaparral Hi	13-09.00	
13	Wright, Olivia	Dakota Ridge	13-09.50	

**Flight 2 of 4 Finals**

1	Autry, Jazlyn	Overland Hig	13-11.00	
2	Bechtolt, Annie	Durango High	14-02.00	
3	Semerod, Keegan	Cherry Creek	14-04.25	
4	Berumen, Lucy	Coronado Hig	14-04.50	
5	McManus, Aileen	Durango High	14-05.50	
6	Monk, Breanna	Weld Central	14-08.00	
7	Lynch, Kaitlyn	Valor Christ	14-09.00	
8	Kettlekamp, Ashley	Fort Collins	15-01.75	
9	Overbaugh, Ainsley	Rock Canyon	15-03.50	
10	Rogers, Amaya	Vista Peak H	15-03.75	
11	Murdock, Kate	Pine Creek H	15-04.00	
12	Conn-Parent, Matisse	Palmer High	15-04.50	

**Flight 3 of 4 Finals**

1	Contreras, Jocelyn	Eaton High S	15-04.50	
2	Lotz, Addyson	Rocky Mounta	15-07.00	
3	Vangels, Olivia	Chatfield Hi	15-07.00	
4	Rankin, Katie	Fossil Ridge	15-07.50	
5	McNair, Tattyanna	Palmer High	15-08.00	
6	Wilks, Kaiya	Castle View	15-10.00	
7	Hazak, Brianna	Overland Hig	15-10.00	
8	Pedraza, Makayla	Wheat Ridge	15-10.50	
9	Feiman, Emily	Rock Canyon	15-11.00	
10	Lang, Noelle	Roosevelt Hi	16-02.50	
11	Bullock, Zane	Rangeview Hi	16-03.00	
12	Johns, Emma	Northfield H	16-03.50	



**Pomona Invite - 4/14/2023 to 4/15/2023**

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**Meet Program - Pomona Day #2**

**Flight 4 of 4 Finals...(Event 28 Girls Long Jump)**

1	Markert, Kyra	Castle View	16-03.50	_____
2	Duthie, Christianna	Smoky Hill H	16-05.00	_____
3	Rasmussen, Andie	Eaton High S	16-05.00	_____
4	Feldman, Katie	Fossil Ridge	16-05.50	_____
5	Sherman, Eleanor	Fort Collins	16-07.00	_____
6	Krekeler, Josie	Valor Christ	16-08.00	_____
7	Ellis, Olivia	Denver East	16-09.50	_____
8	Simpson, Riley	Rocky Mounta	16-11.50	_____
9	Pedraza, Alyssa	Wheat Ridge	17-01.25	_____
10	Ephrim, Justice	Northfield H	17-03.00	_____
11	Nnantah, Joy	Pine Creek H	17-04.50	_____
12	Kielian, Kylee	Roosevelt Hi	17-08.75	_____

**Event 36 Girls Pole Vault**

<b>Pos</b>	<b>Name</b>	<b>School</b>	<b>Seed Mark</b>	
<b>Flight 1 of 1 Finals</b>				
1	Niedringhaus Schultz, Brię	Golden High	NH	_____
2	Keyser, Kendall	Columbine Hi	NH	_____
3	Seevers, Evelyn	Conifer High	NH	_____
4	Vincent, Katarina	Pine Creek H	5-06.00	_____
5	Smith, Maci	Vista Peak H	6-01.00	_____
6	Keegan, Jessica	Discovery Ca	6-04.00	_____
7	Hall, Quinn	Golden High	6-06.00	_____
8	Cook, Sierra	Chatfield Hi	6-07.00	_____
9	Friesen, Adia	Chatfield Hi	7-00.00	_____
10	Bass, Maggie	Fossil Ridge	7-00.00	_____
11	Franklin, Raylee	Fort Collins	7-06.00	_____
12	Ingber, Abigail	Discovery Ca	7-06.00	_____
13	Bonham, Forellen	Conifer High	7-06.00	_____
14	Murphy, Hannah	Fort Collins	8-00.00	_____
15	Black, Sydney	Palmer High	8-01.00	_____
16	Gilmore, Helena	Windsor High	8-06.00	_____
17	Johns, Emma	Northfield H	8-07.00	_____
18	Stablein, Melody	Columbine Hi	8-07.00	_____
19	Howarth, Shannnon	Palmer High	8-10.00	_____
20	Wilson, Seneca	Durango High	9-00.00	_____
21	Killooy, Maggie	Discovery Ca	9-00.00	_____
22	Blankenship, Jordan	Valor Christ	9-00.00	_____
23	Varela, Isabel	Cherry Creek	9-00.00	_____
24	Semerod, Keegan	Cherry Creek	9-00.00	_____
25	Watts, Karlee	Chaparral Hi	9-00.00	_____
26	Bach, Finley	Windsor High	9-00.00	_____
27	Rahbany, Kamilah	Northfield H	9-01.00	_____
28	Breeze, Stella	Northfield H	9-01.00	_____
29	White, Sophia	Cherry Creek	9-01.00	_____
30	Sinkler, Kaiya	Eaton High S	9-04.00	_____
31	Hicks, Arianna	Windsor High	9-06.00	_____
32	Urso, Abby	Valor Christ	9-06.00	_____
33	Quinlan, Colleen	Chaparral Hi	9-06.00	_____
34	Billinger, Macy	Castle View	10-00.00	_____
35	Vuolo, Holly	Chaparral Hi	10-00.00	_____
36	Lee, Allison	Pine Creek H	10-01.00	_____
37	Herf, Sofia	Cherry Creek	10-06.00	_____
38	Kulish, Samantha	Castle View	10-06.00	_____
39	Cummings, Camille	Denver East	10-07.00	_____
40	Mackenzie, Avry	Rocky Mounta	11-01.00	_____
41	Olson, Taegan	Roosevelt Hi	11-07.00	_____
42	Kiefer, Emmy	Riverdale Ri	11-07.00	_____
43	Willis, Anna	The Classica	13-00.00	_____

**Pomona Invite - 4/14/2023 to 4/15/2023**

**Jeffco Stadium**

**Meet Program - Pomona Day #2**

**Event 33 Boys Shot Put**

Pos	Name	School	Seed	Mark
<b>Flight 1 of 5 Finals</b>				
1	Orellana, Isaac	ThunderRidge	29-02.00	_____
2	Metzger, Michael	Conifer High	30-10.00	_____
3	Garcia, Demacio	Palmer High	31-01.00	_____
4	Sims, Silas	Wheat Ridge	31-10.75	_____
5	Baker, Austin	Conifer High	32-06.50	_____
6	Jimerson-Brown, Semaj	George Washi	32-08.00	_____
7	Van Dieren, Hayden	ThunderRidge	32-08.75	_____
8	Chacon, Marcus	Doherty High	33-10.00	_____
9	Cain, Logan	Pomona High	34-01.00	_____
10	McNitt, Xander	Pomona High	34-04.00	_____
11	Davis, Leith	Durango High	34-07.00	_____
12	Payne, Jalen	Vista Peak H	34-10.50	_____
<b>Flight 2 of 5 Finals</b>				
1	Grogan, Karsten	Fort Collins	35-03.50	_____
2	Vargas, Jesse	Rangeview Hi	35-07.50	_____
3	Aguero, Zeke	Valor Christ	36-01.00	_____
4	Haile, Brett	Chaparral Hi	36-05.50	_____
5	Braecklein, Ben	Jefferson Ac	36-08.00	_____
6	Gordon, Jack	Wheat Ridge	36-10.75	_____
7	Peterson, Tate	Douglas Coun	36-11.00	_____
8	Perun, Austin	Heritage Hig	37-05.00	_____
9	Luna, Aiden	Coronado Hig	37-05.00	_____
10	Gaston, Evan	Castle View	38-00.00	_____
11	Stevens, James	Rock Canyon	38-01.00	_____
12	Graham, Turner	Heritage Hig	38-02.00	_____
<b>Flight 3 of 5 Finals</b>				
1	Susser, Aidan	Mountain Vis	38-02.50	_____
2	Blanco, Aiden	Coronado Hig	38-03.50	_____
3	Dowling, Braydn	Manitou Spri	38-04.00	_____
4	Chesser, Brown	Golden High	38-08.00	_____
5	Rathbun, Spencer	Rock Canyon	38-09.50	_____
6	Humphrey, Avery	Douglas Coun	39-01.00	_____
7	VanMetre, Joe	Fort Collins	39-03.50	_____
8	Marsh, Zachary	Chaparral Hi	39-04.00	_____
9	Silver, Velasquez Delao	Overland Hig	39-05.00	_____
10	Nieto, Jonathan	Castle View	39-10.00	_____
11	Gunn, Levi	Loveland Hig	40-10.00	_____
12	Cockerham, Ja Kobi	Doherty High	41-01.25	_____
<b>Flight 4 of 5 Finals</b>				
1	Tribbett, Morgan	Eaton High S	41-05.00	_____
2	Stoehr, Isaac	Northfield H	41-06.50	_____
3	Major, Kaiden	Rocky Mounta	42-00.50	_____
4	Deckinga, Chad	Weld Central	42-01.50	_____
5	Derouchey, Tyler	Rocky Mounta	42-03.00	_____
6	Hanchett, Cole	ThunderRidge	43-09.25	_____
7	Peters, Lucas	Chatfield Hi	43-10.00	_____
8	Goeglein, Thomas	Cherry Creek	43-11.00	_____
9	Fritzler, Charlie	Eaton High S	45-00.50	_____
10	Hunholz, Nathan	Vista Peak H	45-05.00	_____
11	Iverson, Thomas	Fossil Ridge	45-07.00	_____
12	Ablin, Derrick	Roosevelt Hi	45-11.00	_____

**Flight 5 of 5 Finals**

1	Walker, Cash	Central Gran	46-04.00	_____
2	Ovilus, Darick	Riverdale Ri	46-05.00	_____
3	Shinofield, Soren	Cherry Creek	46-05.00	_____
4	Bonner, Issac	Riverdale Ri	47-05.00	_____
5	Gilliam, Toby	Roosevelt Hi	48-03.00	_____
6	Ward, Jarrius	Overland Hig	49-11.00	_____
7	Schultz, Austin	Roosevelt Hi	50-10.00	_____
8	Baroumbaye, Daniel	Central Gran	51-06.00	_____
9	Strickland, Montrey	Golden High	51-09.00	_____
10	Busteed, Mac	Fossil Ridge	52-03.75	_____
11	Lafore, Charlie	Chatfield Hi	58-07.50	_____

**Event 34 Girls Discus Throw**

Pos	Name	School	Seed	Mark
<b>Flight 1 of 4 Finals</b>				
1	Mazenko, Violet	Durango High	ND	_____
2	Baker, Maria	Conifer High	42-05	_____
3	Mason, Kailey	Wheat Ridge	44-02	_____
4	Stinson, Ryley	Coronado Hig	50-03	_____
5	Samter, Addi	Wheat Ridge	52-05	_____
6	Perkins, Madelyn	Doherty High	53-07	_____
7	Larkin, Hannah	Castle View	64-11	_____
8	Pendleton, Sydney	Overland Hig	66-02	_____
9	Richie, Maggie	Conifer High	66-04	_____
10	Rose, Oakleigh	Valor Christ	67-00	_____
11	Champion, Rehani	Vista Peak H	68-11	_____
12	Dahl, Abby	ThunderRidge	69-07	_____
13	Holloway, Taryn	Vista Peak H	70-03	_____
<b>Flight 2 of 4 Finals</b>				
1	Thurston, Lydia	Jefferson Ac	77-05	_____
2	Delap, Morgan	Rocky Mounta	78-07	_____
3	Bafford, Alyssa	Heritage Hig	79-06	_____
4	Ames, Ava	Pine Creek H	80-08	_____
5	Templeton, Lanie	Fort Collins	80-08	_____
6	Ammirati, Kelbee	Roosevelt Hi	82-00	_____
7	Hurley, Genevieve	Heritage Hig	82-04	_____
8	Newmiller, Avery	Dakota Ridge	84-08	_____
9	Bates, Madison	Golden High	86-04	_____
10	Bratton, Jayna	Pomona High	86-04	_____
11	Bowman, Taylor	Valor Christ	87-11	_____
12	Caldwell, Mackenzie	Pomona High	88-00	_____
13	Hutchins, Megan	Durango High	88-09.50	_____
14	Hendricks, Andrea	Rangeview Hi	89-03	_____

Pomona Invite - 4/14/2023 to 4/15/2023

Jeffco Stadium

Meet Program - Pomona Day #2

**Flight 3 of 4 Finals...(Event 34 Girls Discus Throw)**

1	Kayser-Cochran, Keira	ThunderRidge	89-09	_____
2	Strehlow, Abigail	Doherty High	89-11	_____
3	Nelsestuen, Anya	Manitou Spri	91-08	_____
4	Meza, Brooklyn	Roosevelt Hi	91-10	_____
5	Hopp, Megan	Weld Central	92-09	_____
6	Eacret, Haylee	Fort Collins	94-05	_____
7	Dunkleberger, Hannah	Rock Canyon	95-00	_____
8	Nagel, Diana	Castle View	96-10	_____
9	Shoemaker, Amelia	Chaparral Hi	97-00.50	_____
10	Swenson, Kaci	Fossil Ridge	98-03	_____
11	Delap, Meela	Rocky Mounta	98-05	_____
12	Fobare, Kailey	Weld Central	98-06	_____

**Flight 4 of 4 Finals**

1	Herrmann, Erin	Fossil Ridge	100-08	_____
2	Manning, Sage	Golden High	100-08	_____
3	Bartlett, Addison	Riverdale Ri	101-04	_____
4	Read, Bethany	Riverdale Ri	101-09	_____
5	Hoffman, Cheyanne	Central Gran	105-04	_____
6	Schramm, Olivia	Windsor High	106-02	_____
7	Florez, Celeste	Pomona High	107-04	_____
8	Byrne, Josie	ThunderRidge	110-09	_____
9	Wangen, Ava	Fossil Ridge	115-09	_____
10	Valdez, Yessenia	Platte Valle	118-10	_____
11	Edwards, Addison	Cherry Creek	120-07.50	_____
12	Bennett, Keira	Chaparral Hi	123-10	_____

**Event 27 Boys High Jump**

Pos	Name	School	Seed Mark	_____
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**Flight 1 of 1 Finals**

1	Jojola, Ezekiel	Pomona High	5-02.00	_____
2	Perreault, Ben	Heritage Hig	5-02.00	_____
3	Miller, Jacob	Golden High	5-02.00	_____
4	VanMaurer, Cooper	Central Gran	5-02.00	_____
5	Khanal, Avin	Rock Canyon	5-04.00	_____
6	Baier, Malakai	Durango High	5-04.00	_____
7	Payer, Carson	Conifer High	5-05.00	_____
8	Belli, Giacomo	Denver East	5-05.00	_____
9	Bowerfind, Bryan	Fossil Ridge	5-06.00	_____
10	Hanchett, Cole	ThunderRidge	5-06.00	_____
11	Nuce, Logan	Riverdale Ri	5-07.00	_____
12	Kettwig, Hans	Rock Canyon	5-07.00	_____
13	Smith, Owen	Pine Creek H	5-07.00	_____
14	Jenkins, Kevin	Rangeview Hi	5-07.00	_____
15	Clark, Jeremiah	Vista Peak H	5-07.00	_____
16	Mitchell, Landyn	Cherry Creek	5-08.00	_____
17	Toppin, DJ	Denver East	5-08.00	_____
18	Boese, Duncan	Rocky Mounta	5-08.00	_____
19	Tomlinson, Nemo	Northfield H	5-08.00	_____
20	Moore, Jake	Golden High	5-08.00	_____
21	Matthews, Tate	Cherry Creek	5-08.00	_____
22	Dixon, Caiden	Dakota Ridge	5-08.00	_____
23	Edeek, Munir	Smoky Hill H	5-09.00	_____
24	Young, Cole	Northfield H	5-09.00	_____
25	Sparks, Charlie	Rocky Mounta	5-10.00	_____
26	Lockey, Cole	Eaton High S	5-10.00	_____
27	Tovar, Dominic	Windsor High	5-10.00	_____
28	Delap, Jordan	Rocky Mounta	5-11.00	_____
29	Dewicki, Gabriel	Dakota Ridge	6-00.00	_____
30	Cottrell, Sumner	Castle View	6-00.00	_____
31	Donald, LaRon	Doherty High	6-00.00	_____
32	White, Benson	Conifer High	6-00.00	_____
33	Anderson, Elijah	Arvada West	6-01.00	_____
34	Checketts, Xander	Roosevelt Hi	6-01.00	_____
35	Thayer, Eli	Castle View	6-01.00	_____
36	Garvin, Luke	Fossil Ridge	6-02.00	_____
37	Peterson, Nolan	Roosevelt Hi	6-02.00	_____
38	Geschke, Jonathan	Coronado Hig	6-02.00	_____
39	Gilbertson, Lance	Rocky Mounta	6-02.00	_____
40	Smith, Realiti	Coronado Hig	6-02.00	_____
41	Conway Reiser, Finn	Fort Collins	6-04.00	_____
42	Schmitz, Bowie	Roosevelt Hi	6-04.00	_____
43	Maynard, John	Manitou Spri	6-04.00	_____
44	Grable, Zac	Eaton High S	6-05.00	_____
45	Michaelson, Cody	Resurrection	6-06.50	_____
46	Frazier, Kevin	Rangeview Hi	6-07.00	_____
47	Smith, Antoni	Cheyenne Mou	6-09.00	_____