

Texas Distance Festival

HOSTED BY: Southlake Running Co.

Established- 2013

Coaches,

We would like to invite you and your runners to attend the Texas Distance Festival, which will be hosted on Friday (3/17), & Saturday (3/18). This race will include the 800, 1600, 3200 and an Elite 5K division.

This year's event will be run as an open/unattached event. Therefore, runners will be prohibited from representing their schools at this event. **However, high school coaches must still register their runners, and we will switch them to unattached entries.** Just note that the use of school equipment or school transportation is prohibited; no buses will be allowed on site.

DATE: Friday (3/17) & Saturday (3/18) 2023.

SCHEDULE: **The slower sections will run on Friday (3/17) and the faster sections on Saturday (3/18).**

Start Time- TBD (dependent upon the number of entries)

800 – Girls, Boys

1600 – Girls, Boys

3200 – Girls, Boys

800, 1600, 3200 – **Elite Section** – Girls, Boys

5K – Girls, Boys

****A detailed Schedule will be released on Monday, March 13th****

LOCATION: Carroll High School (800 North White Chapel Southlake TX 76092)

ENTRIES: **5K:** The Elite 5K will have limited spots and will be determined by their 5K cross country PR which must be submitted upon entry. If they do not make the Elite 5K standard they will be placed in the emerging elite 5k race. If the emerging elite divisions fill up then the runner will be placed in the 3200.

800, 1600 & 3200: You must specify what race and division you are running in along with your PR so that we can seed you properly. **There are no limits to number of runners per team per event, however, only 1 event per runner allowed.**

Registration: tx.milesplit.com (MUST ENTER SEED TIME) or your runner(s) will be placed in the slowest section. **PLEASE ENTER THE CORRECT SEED TIME.... 1 Event limit for all runners.**

Registration Closes: Friday March 10th at 10:00pm

COST: \$10 per runner & they will pay at gate in order to receive bib. NO school payments allowed.

Texas Distance Festival History

Established- 2013

5000 Meters- Girls
Sub 17:00 – 11 runners
Sub 17:30 – 37 runners
Sub 18:00 – 81 runners
Sub 18:30 – 126 runners
15:56.89 – Brynn Brown
16:39.91 – Natalie Cook
16:44.83 – London Culbreath
16:45.60 – Ashlyn Hillyard
16:48.78 – Payton Hinkle
16:50.09 – Colleen Stegmann
16:50.21 – Samantha Humphries
16:51.39 – Libby McGrath
16:53.21 – Allison Wilson
16:53.64 – Abby Cheeseman

1600 Meters- Girls
Sub 5:00 – 21 runners
Sub 5:10 – 85 runners
Sub 5:15 – 127 runners
Sub 5:20 – 173 runners
4:47.82 – Kat Kwiatkowski
4:50.40 – Nicole Humphries
4:50.32 – Keaton Morrison
4:50.72 – Heidi Nielson
4:51.17 – Isabel Conde De Frankenburg
4:53.02 – Gracie Morris
4:54.23 – Quinn Owen
4:54.77 – Olivia Pielemeier
4:55.61 – Adoette Vaughan
4:55.75 – Kailey Littlefield

800 Meters- Girls
Sub 2:15 – 9 runners
Sub 2:18 – 19 runners
Sub 2:20 – 25 runners
Sub 2:25 – 79 runners
2:11.58 – Avery Perkins
2:11.96 – Caila Lyons
2:12.35 – Emma Hoang
2:12.70 – Amalie Mills
2:13.40 – Steffi Jones
2:14.03 – Nissi Kabongo
2:14.46 – Alexandra Saunders
2:14.57 – Sasha Crawford
2:14.91 – Bianca Carroccio
2:15.26 – Lauren Bettencourt

3200 Meters- Girls
Sub 11:00 – 11 runners
Sub 11:15 – 38 runners
Sub 11:20 – 48 runners
Sub 11:30 – 65 runners
10:22.58 – Brooke Wilson
10:24.91 – Anastacia Gonzales
10:48.33 – Allie Love
10:50.67 – Isabel Van Camp
10:51.60 – Gia Pisano
10:53.88 – Abigail Bass
10:54.40 – Sadie Carey
10:57.53 – Micaela Villareal
10:57.79 – Aspen Fulbright
10:59.71 – Alondra Hoyos

5000 Meters- Boys
Sub 14:30- 11
Sub 15:00- 71
Sub 15:30- 142
Sub 16:00- 245
14:06.48 – Parker Wolfe
14:13.26 – Cooper Teare
14:17.89 – Connor Lane
14:18.26 – Noah Affolder
14:25.03 – Seth Hirsch
14:25.60 – Alex Maier
14:27.58 – Ryan Schoppe
14:27.95 – Graydon Morris
14:29.27 – Daniel Viegra
14:29.44 – Daniel Bernal

1600 Meters- Boys
Sub 4:15 – 14 runners
Sub 4:20 – 57 runners
Sub 4:25 – 118 runners
Sub 4:30 – 210 runners
4:08.58 – Ben Shearer
4:09.96 – Hudson Betts
4:10.02 – David Mora
4:10.05 – Dawson Welch
4:11.03 – Ayden Granados
4:12.04 – Luke Lambert
4:12.22 – AJ Antonelli
4:12.28 – Emmanuel Sgouros
4:12.59 – Angel Sanchez
4:12.60 – Zain Hamdani

800 Meters- Boys
Sub 1:54 – 7 runners
Sub 1:56 – 21 runners
Sub 1:58 – 44 runners
Sub 2:00 – 101 runners
1:51.94 – Drew Costelo
1:52.68 – Jared Laverty
1:53.16 – Santos Flores
1:53.31 – Christian Simmons
1:53.73 – Blake Hyatt
1:53.74 – Carlos Tello
1:53.76 – Andrew Lutkenhaus
1:54.11 – Riley McGowan
1:54.49 – Evan Simmons
1:54.50 – Zach Kirkland

3200 Meters- Boys
Sub 9:10 – 3 runners
Sub 9:15 – 8 runners
Sub 9:20 – 11 runners
Sub 9:30 – 25 runners
9:02.53 – Emmanuel Sgouros
9:06.11 – Michael Vocke
9:07.37 – Jack DesRoches
9:11.87 – Lucas Sampedro
9:12.94 – Jack Williams
9:13.22 – Camren Fischer
9:13.38 – Brandon Passman
9:13.79 – Miles Cox
9:15.75 – Eli Peveto
9:18.65 – Patrick Dowd