

## **Updated League MEET SCHEDULE**

**THURSDAY, MAY 8<sup>TH</sup>**

### **RUNNING EVENTS:**

5:00	800m Medley	Girls	Finals
5:10	4 X 800m Relay	Girls	Finals
5:25	4 X 800m Relay	Boys	Finals
5:40	100m Hurdles	Girls	Prelims
5:50	110m Hurdles	Boys	Prelims
6:00	100m Dash	Girls	Prelims
6:20	100m Dash	Boys	Prelims
6:40	3200m Run	Girls	Faster Heat
7:00	3200m Run	Boys	Faster Heat
7:20	200m Dash	Girls	Prelims
7:40	200m Dash	Boys	Prelims

### **FIELD EVENTS:**

5:00	Triple Jump	Girls
	Long Jump	Boys
	Shot Put	Girls
	High Jump	Boys
	Pole Vault	Girls
	Discus	Boys

### **NOTE**

Due to the importance of this meet, both as a League Championship and as the last chance for athletes to qualify for State, we tried to incorporate plenty of time between events in order to give athletes a chance to adequately recover and be ready for their next event(s). As a result, we will adhere to the starting time for each event and NOT move ahead of schedule.

## SATURDAY, MAY 10<sup>TH</sup>

### RUNNING EVENTS:

*\*ALL EVENTS ARE FINALS\**

9:30	100m Hurdles	Girls	
9:35	110m Hurdles	Boys	
9:45	100m Dash	Girls	
9:50	100m Dash	Boys	
10:00	4 X 200 Relay	Girls	
10:10	4 X 200 Relay	Boys	
10:20	1600m Run	Girls	
10:40	1600m Run	Boys	
11:00	4 X 100 Relay	Girls	
11:10	4 X 100 Relay	Boys	
11:20	400m Dash	Girls	
11:40	400m Dash	Boys	
12:00	300m Hurdles	Girls	
12:20	300m Hurdles	Boys	
12:40	800m Run	Girls	
12:55	800m Run	Boys	
1:10	200m Dash	Girls	
1:20	200m Dash	Boys	
1:30	3200m Run	Girls	Slower Heat
1:50	3200m Run	Boys	Slower Heat
2:10	4 X 400 Relay	Girls	
2:25	4 X 400 Relay	Boys	

### FIELD EVENTS:

9:30	Long Jump	Girls
	Triple Jump	Boys
	Discus	Girls
	Pole Vault	Boys
	High Jump	Girls
	Shot Put	Boys

### NOTE

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