



The Seventh Annual  
**Mountain Vista High School**  
**Elementary School**

# 1 Mile Cross Country Race

**Tuesday, September 25th**

**5:00 - 6:30 p.m.**

**Mountain Vista High School**

**All 3rd-6th Grade Mountain Vista feeder area elementary students are invited to compete!**

**Sponsored by the MVHS Cross Country Team**

**Boys and Girls State Champions 2017**

- ◆ **Come be a part of Vista Nation Cross Country**
- ◆ **Green or pink Vista Nation t-shirts for all runners**
- ◆ **Post-Race pizza, chocolate milk and cookies for sale**
- ◆ **Gift Card raffle after awards!**

- ★ **Walk-Up Registration: \$15 per student (t-shirt may arrive after race)**
- ★ **Medals for all finishers**
- ★ **Race photos available on our Shutterfly site**
- ★ **Ribbons for top 10 boys & girls in each race**
- ★ **Arrive early - Shirt size/color first come, first serve!**
- ★ **Park in Student Lot (West) for overflow parking**

- 4:30-5:15 Bib/Shirt pick-up/Reg.**
- 5:05 Warm up with Vista Nation**
- 5:15 3rd grade boys and girls race**
- 5:30 4th grade boys and girls race**
- 5:45 5th grade boys and girls race**
- 6:00 6th grade boys and girls race**
- 6:15 Awards and raffle!**
- (If possible, we will try to run ahead of schedule)

For more information or to download additional forms, please see our website:

[www.vistanationxc.com](http://www.vistanationxc.com)

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 Please bring this form with \$15 fee to Walk-Up Registration Table on race day Please make checks payable to **MVHS Booster Club** and staple to this form.

Please use a separate registration form for each registrant.

**Runner Name:** \_\_\_\_\_

**Grade: (circle):** 3rd 4th 5th 6th

**Gender: (circle):** Boy Girl

**School (circle):** Bear Canyon Copper Mesa Heritage Northridge Sand Creek Summit View  
 Platte River Ben Franklin Other: \_\_\_\_\_

I give my child (named above) permission to run in the Mountain Vista Elementary School Cross Country race.

**Parent Name:** \_\_\_\_\_ **Parent signature:** \_\_\_\_\_

**Email (print please):** \_\_\_\_\_

**Phone/Mobile #:** \_\_\_\_\_