



The Eighth Annual
 Mountain Vista High School
Elementary School

1 Mile Cross Country Race
Tuesday, September 24th
5:00 - 6:30 p.m.

Mountain Vista High School

All 3rd-6th Grade Mountain Vista feeder area elementary students are invited to compete!

Sponsored by the MVHS Cross Country Team

- ◆ **Come be a part of Vista Nation Cross Country**
- ◆ **Green or pink Vista Nation t-shirts for all runners**
- ◆ **Post-Race pizza, chocolate milk and cookies for sale**
- ◆ **Gift Card raffle after awards!**

★ Early Registration (by Sept. 19th): \$10 per student
 ★ Late/Walk-Up Registration (After Sept. 19th): \$15 per student (t-shirt may arrive after race)
 ★ Medals for all finishers
 ★ Race photos available on our Shutterfly site
 ★ Ribbons for top 10 boys & girls in each race
 ★ Arrive early - Shirt size/color first come, first serve!
 ★ Park in Student Lot (West) for overflow parking

4:30-5:15 Bib/Shirt pick-up/Reg.
 5:05 Warm up with Vista Nation
 5:15 3rd grade boys and girls race
 5:30 4th grade boys and girls race
 5:45 5th grade boys and girls race
 6:00 6th grade boys and girls race
 6:15 Awards and raffle!
(If possible, we will try to run ahead of schedule)

For more information or to download additional forms, please see our website: www.vistanationxc.com

TEAR OFF BELOW AND KEEP ABOVE INFO FOR RACE DAY SCHEDULE

 Please turn in registration forms and registration fee (\$10) by September 19th to your elementary school front office. Please make checks payable to MVHS Booster Club and staple to this form.

Please use a separate registration form for each registrant.

After September 19th, please bring this form with \$15 fee to Walk-Up Registration Table on race day.

Runner Name: _____

Grade: (circle): 3rd 4th 5th 6th

Gender: (circle): Boy Girl

School (circle): Bear Canyon
 Sand Creek

Copper Mesa
 Summit View

Heritage
 Northridge
 Other: _____

I give my child (named above) permission to run in the Mountain Vista Elementary School Cross Country race.

Parent Name: _____ Parent signature: _____

Email (print clearly please): _____

Phone/Mobile #: _____