2012 Regional Cross Country Information

Class 4A Region #2 Class 5A Region #5

Site: Fountain Ft. Carson High School - Fountain, Colorado 900 Jimmy Camp Rd. Fountain Co 80817 719-382-1640

Date: Thursday, October 18

Directors: Dave Eichman- Meet Director

Kelley Eichman, 5A Region 5 Brett Williams, 4A Region 2

Meet Schedule: 2:00 pm – 4A Boys – Region #2

2:30 pm – 5A Girls – Region #5 3:00 pm – 4A Girls – Region #2 3:30 pm – 5A Boys – Region #5 4:00 pm – Awards ceremony

- Please send entries for your team by Tuesday, 10/16 at 5pm.
- Ribbons will be given to places 1 15.
- Regional Plaques for 1st and 2nd place boys and girls teams.

Course:

A map is attached. The course will be available to you at noon; please do arrive prior to noon. Be aware that the course is on FFCHS campus and school will be in session until 3:50pm. Please do not allow your athletes to enter the building. Bathrooms are available for you in the football stadium.

Timing and Scoring:

The <u>Colorado Running Company</u> will be doing the scoring. Please email your five to nine varsity boys and girls entries to John O'Neill (<u>corunco@aol.com</u>) and Dave Eichman (<u>eichmds@d11.org</u>) by 5:00pm on Tuesday, October 16th.

Workers:

Each school should provide 1 worker, to report to the finish line at 1:30 pm for a brief coordination.

Event T-shirts will be for sale for \$13.00:

Please remind your athletes and parents to bring cash if interested in purchasing these outstanding 2012 Regional Cross Country shirts that include school names.

Directions to Fountain Ft. Carson High School:

I-25 South to Fountain Exit 128, turn left. Go to Ohio St. and turn right. Go over 2 sets of railroad tracks and pass Metcalfe Park to Jimmy Camp Road and turn right. Go approximately one mile and the school is on the left.

Parking:

A map is attached for bus unloading and spectator parking. Please park in the visitor's lot!

Qualifying for State:

The top 5 full teams plus all athletes that finish in the top 15 places. Full teams consist of 5 to 9 members. You may run 9 and score 5.

Thanks,

Dave Eichman Athletic Director Colorado Springs School District 11 719-520-2690