CONTINENTAL LEAGUE

EARLY BIRD

Echo Park Stadium Track

Start Time
Weigh ins 8:15
Coaches meeting 8:30am
Track & Field events 9am

State Qualifying Meet
Rules & Regulations of CHSAA & NFHS

Scoring
10-8-7-6-5-4-3-2-1

Track Order
4x800m
100m/110mh
100m
4x200m
1600m
4x100m
400m
300mh
800m
200m
3200m
4x400m

Field Order
Boys LJ - Followed by Girls
Girls TJ - Followed by Boys
Boys PV - Followed by Girls
Boys HJ - Followed by Girls
Boys SP - Followed by Girls
Girls DS - Followed by Boys